

# KBGR

Bangor International Airport

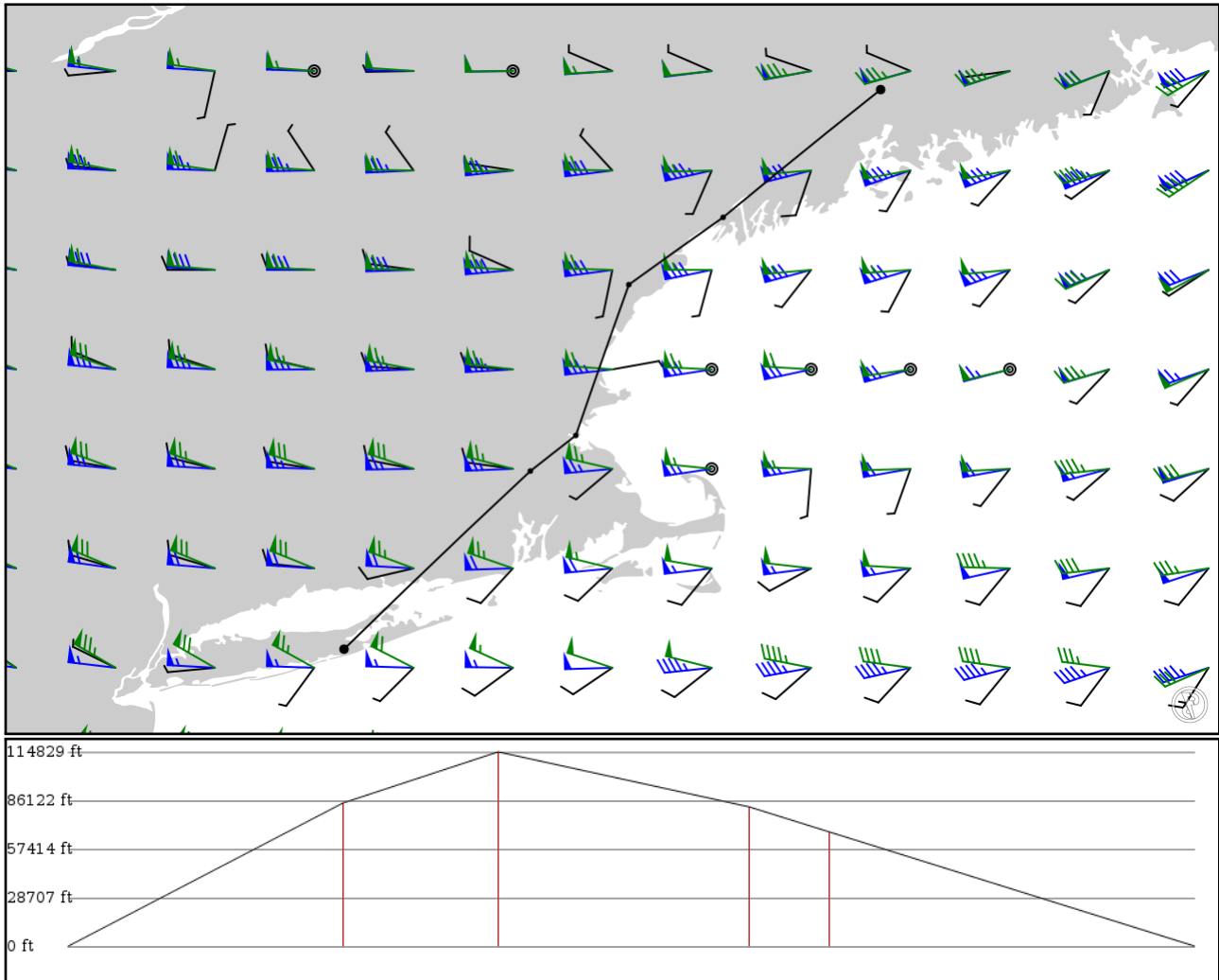
# KFOK

Francis S Gabreski Airport

2024/06/05 0524Z

KBGR BRNNS T295 ENE J55 BOS V16 MILIS KFOK

296.70 nm / 549.49 km



## Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes



## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
KBGR APT	-	44.80750 -68.82820	0 ft 0 m	-	Bangor International Airport
BRNNS FIX	-	43.90240 -69.94520	25,800 ft 7,864 m	72	-
ENE VOR	T295 AWY-LO	43.42570 -70.61350	35,000 ft 10,668 m	40	KENNEBUNK
BOS VOR	J55 AWY-HI	42.35740 -70.98950	25,100 ft 7,650 m	66	BOSTON
MILIS FIX	V16 AWY-LO	42.10520 -71.31160	20,600 ft 6,279 m	20	-
KFOK APT	-	40.84320 -72.63280	0 ft 0 m	96	Francis S Gabreski Airport

## KBGR

Region: UNITED STATES  
Timezone: AMERICA/NEW\_YORK  
Runways: 1

Elevation: 191 ft / 58 m  
Location: 44.807500 -68.828200  
Magnetic Var: 15.544 W

## METAR

KBGR 050453Z 20005KT 10SM SCT070 16/12 A2994 RMK A02 SLP137 T01560122 402610122

## TAF

TAF KBGR 042332Z 0500/0524 18005KT P6SM BKN090 FM050400 21004KT 5SM BCFG FEW120 FM050900 VRB02KT P6SM SCT120 FM051400 21004KT 5SM BCFG FEW120

## Frequencies

REC - 127.75 MHz - ATIS  
GND - 121.90 MHz - BANGOR GROUND  
APP - 118.92 MHz - BANGOR APPROACH  
COM - 122.95 MHz - UNICOM  
TWR - 120.70 MHz - BANGOR TOWER  
DEP - 118.92 MHz - BANGOR DEPARTURE

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
15	200 ft	11,452 ft	134.30	ASPHALT	0 ft	978 ft
	61 m	3,491 m	149.84		0 m	298 m
33	200 ft	11,452 ft	314.32	ASPHALT	0 ft	1,004 ft
	61 m	3,491 m	329.87		0 m	306 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
15	DME	IJVH	109.50 MHz	18 nm	-	-	166 ft
				33 km	-		166 m
33	DME	IBGR	109.50 MHz	18 nm	-	-	166 ft
				33 km	-		166 m
15	LOC-ILS	IJVH	109.50 MHz	18 nm	134.32	-	191 ft
				33 km	149.86		191 m
33	LOC-ILS	IBGR	109.50 MHz	18 nm	314.32	-	191 ft
				33 km	329.86		191 m
15	GS	IJVH	109.50 MHz	10 nm	134.32	3.00	191 ft
				19 km	149.86		191 m
33	GS	IBGR	109.50 MHz	10 nm	314.32	3.00	191 ft
				19 km	329.86		191 m

## KFOK

Region: UNITED STATES  
Timezone: AMERICA/NEW\_YORK  
Runways: 3

Elevation: 66 ft / 20 m  
Location: 40.843200 -72.632800  
Magnetic Var: 13.349 W

## METAR

KFOK 050453Z AUTO 20003KT 10SM SCT007 17/16 A3003 RMK A02 SLP168 T01670161 402280111

## TAF

UNKNOWN

## Frequencies

REC - 119.92 MHz - AWOS  
GND - 121.80 MHz - SUFFOLK GROUND  
COM - 122.95 MHz - UNICOM

APP - 125.97 MHz - NEW YORK APPROACH  
TWR - 125.30 MHz - SUFFOLK TOWER

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
06	150 ft	9,010 ft	42.39	ASPHALT	0 ft	1,001 ft
	46 m	2,746 m	55.74		0 m	305 m
24	150 ft	9,010 ft	222.41	ASPHALT	0 ft	1,001 ft
	46 m	2,746 m	235.76		0 m	305 m
01	150 ft	5,006 ft	357.50	ASPHALT	0 ft	0 ft
	46 m	1,526 m	10.85		0 m	0 m
19	150 ft	5,006 ft	177.50	ASPHALT	0 ft	0 ft
	46 m	1,526 m	190.85		0 m	0 m
15	150 ft	5,008 ft	132.62	ASPHALT	0 ft	1,001 ft
	46 m	1,526 m	145.96		0 m	305 m
33	150 ft	5,008 ft	312.62	ASPHALT	0 ft	1,001 ft
	46 m	1,526 m	325.97		0 m	305 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
24	LOC-ILS	IFOK	111.70 MHz	18 nm	222.40	-	66 ft
				33 km	235.75		66 m
24	GS	IFOK	111.70 MHz	10 nm	222.40	3.00	66 ft
				19 km	235.75		66 m