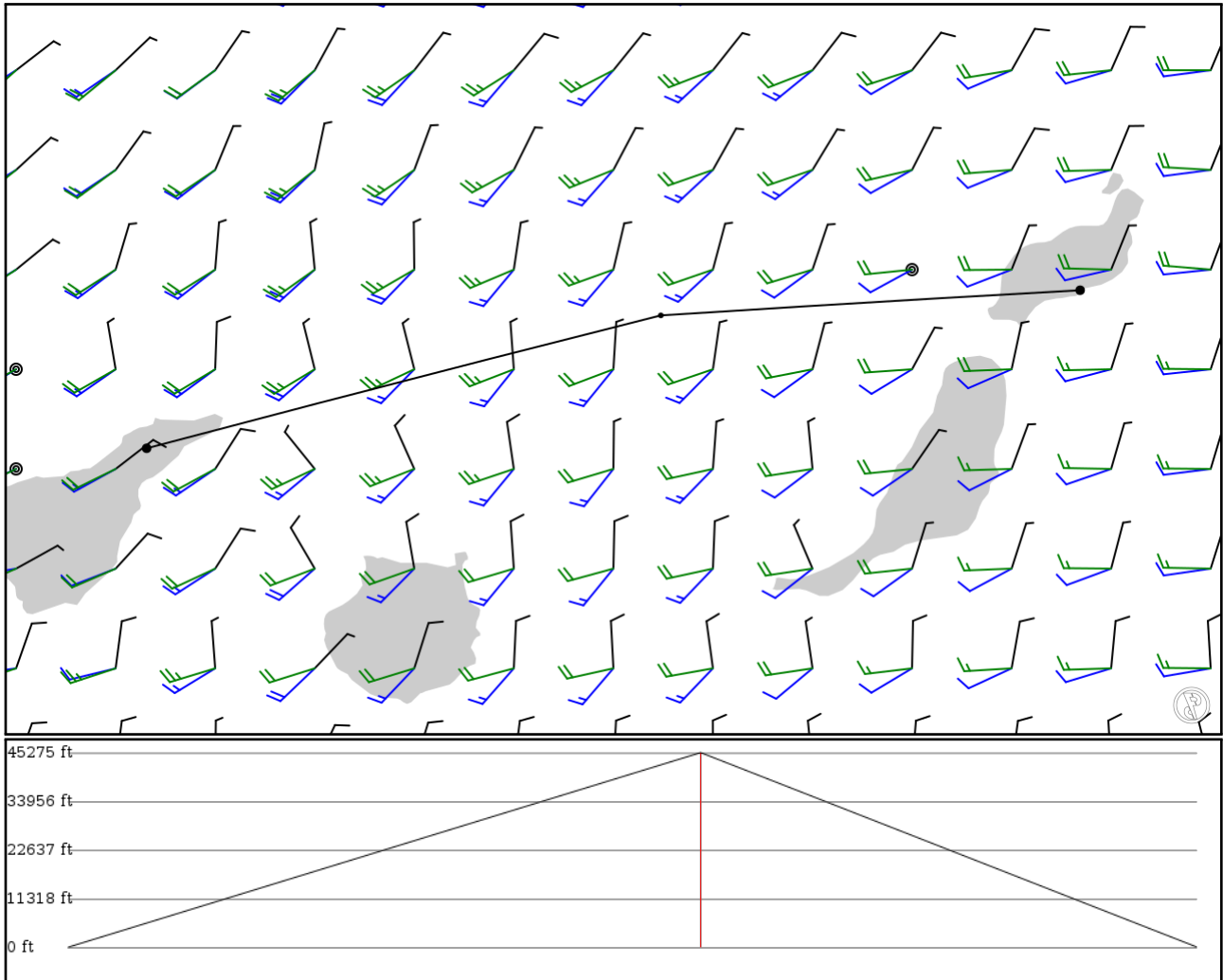


2024/05/01 0149Z

GCXO LARYS GCRR

147.55 nm / 273.27 km



## Notes

Basic altitude profile:

- Ascent Rate: 2000ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 23000ft
- Cruise Speed: 300kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes

## Route

Ident Type		Via	Lat Lon	Alt	Dist (nm)	Name
GCX0	-	28.48266	0 ft	-	Tenerife Norte - Los Rodeos	
APT	-	-16.34154	0 m			
LARYS	-	28.87183	13,800 ft	82	-	
FIX	-	-14.83429	4,206 m			
GCCR	-	28.94547	0 ft	64	Lanzarote	
APT	-	-13.60522	0 m			

## GCX0

Region: CANARY ISLANDS  
Timezone: ATLANTIC/CANARY  
Runways: 1

Elevation: 2,077 ft / 633 m  
Location: 28.482700 -16.341700  
Magnetic Var: 4.260 W

## METAR

GCX0 010130Z AUTO 31010KT 9999 SCT011 BKN017 OVC032 14/12 Q1023

## TAF

TAF GCX0 302000Z 3021/0121 35009KT 9999 BKN020 TX20/0114Z TN14/0106Z TEMPO 3021/0109 BKN010 PROB40 TEMPO 0102/0106

## Frequencies

REC - 118.57 MHz - ATIS  
TWR - 118.70 MHz - TENERIFE NORTH TOWER  
CLD - 121.85 MHz - CLEARANCE DELIVERY  
APP - 124.80 MHz - TENERIFE NORTH APPROACH  
TWR - 120.00 MHz - TENERIFE NORTH TOWER  
GND - 121.70 MHz - TENERIFE NORTH GROUND  
APP - 128.85 MHz - TENERIFE NORTH APPROACH

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
12	148 ft	10,399 ft	110.67	ASPHALT	0 ft	0 ft
	45 m	3,170 m	114.93		0 m	0 m
30	148 ft	10,399 ft	290.69	ASPHALT	0 ft	0 ft
	45 m	3,170 m	294.95		0 m	0 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
12	DME	INOR	108.70 MHz	18 nm	-	-	2,070 ft
				33 km	-		2,070 m
30	DME	ITF	110.30 MHz	18 nm	-	-	2,031 ft
				33 km	-		2,031 m
12	LOC-ILS	INOR	108.70 MHz	18 nm	110.68	-	2,076 ft
				33 km	114.94		2,076 m
30	LOC-ILS	ITF	110.30 MHz	18 nm	290.68	-	2,076 ft
				33 km	294.94		2,076 m
12	GS	INOR	108.70 MHz	10 nm	110.68	3.00	2,076 ft
				19 km	114.94		2,076 m
30	GS	ITF	110.30 MHz	10 nm	290.68	3.00	2,076 ft
				19 km	294.94		2,076 m

## GCRR

Region: CANARY ISLANDS  
Timezone: ATLANTIC/CANARY  
Runways: 1

Elevation: 47 ft / 14 m  
Location: 28.945500 -13.605200  
Magnetic Var: 3.250 W

## METAR

GCRR 010130Z AUTO 02013KT CAVOK 18/13 Q1021

## TAF

TAF GCRR 302000Z 3021/0121 01014KT 9999 SCT035 TX25/0114Z TN17/0106Z PROB30 TEMPO 0111/0115 08014KT

## Frequencies

REC - 118.62 MHz - ATIS  
TWR - 124.00 MHz - LANZAROTE TOWER  
APP - 129.30 MHz - CANARIAS APPROACH  
GND - 121.80 MHz - LANZAROTE GROUND  
TWR - 120.70 MHz - LANZAROTE TOWER

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
03	148 ft	7,887 ft	26.90	ASPHALT	285 ft	236 ft
	45 m	2,404 m	30.15		87 m	72 m
21	148 ft	7,887 ft	206.90	ASPHALT	0 ft	486 ft
	45 m	2,404 m	210.15		0 m	148 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
03	DME	IRR	109.10 MHz	18 nm	-	-	36 ft
				33 km	-		36 m
03	LOC-ILS	IRR	109.10 MHz	18 nm	26.90	-	47 ft
				33 km	30.15		47 m
03	GS	IRR	109.10 MHz	10 nm	27.81	3.00	0 ft
				19 km	31.06		0 m