

LFRZ

Saint Nazaire Montoir

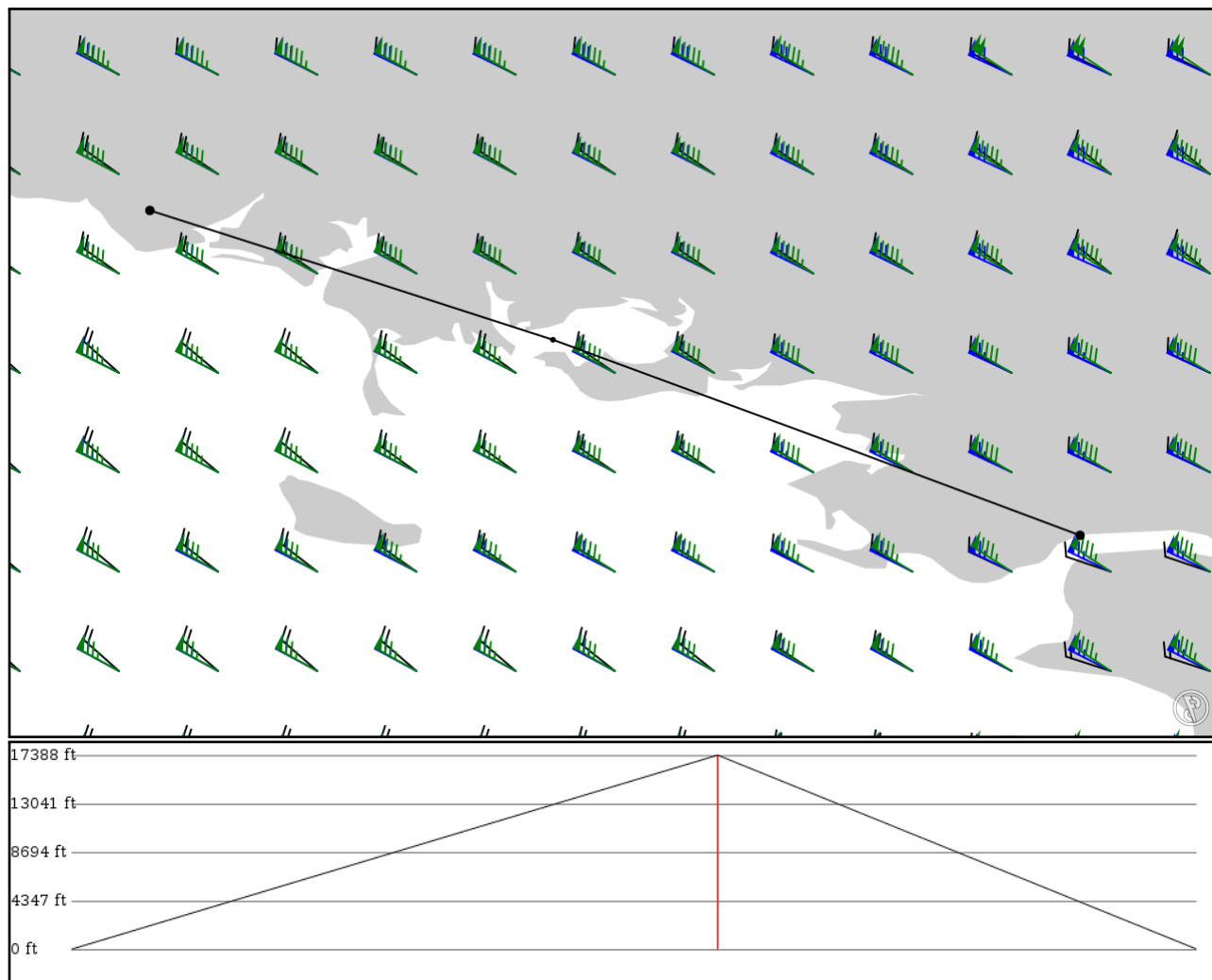
LFRH

Lorient Lann-Bihoue

2024/05/03 1324Z

LFRZ BAGAD LFRH

58.96 nm / 109.19 km



Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes

Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
LFRZ	-	47.31220	0 ft	-	Saint Nazaire Montoir
APT	-	-2.14918	0 m		
BAGAD	-	47.58330	5,300 ft	33	-
FIX	-	-2.88111	1,615 m		
LFRH	-	47.76250	0 ft	25	Lorient Lann-Bihoue
APT	-	-3.44091	0 m		

LFRZ

Region: FRANCE
Timezone: EUROPE/PARIS
Runways: 1

Elevation: 13 ft / 4 m
Location: 47.312200 -2.149180
Magnetic Var: 0.165 E

METAR

LFRZ 031300Z AUTO 24015KT 210V270 9999 BKN032 BKN038 BKN052 15/08 Q1014 NOSIG

TAF

TAF LFRZ 031100Z 0312/0412 24010KT 9999 SCT030 TEMPO 0312/0313 SHRA BKN030CB BECMG 0323/0401 17012KT -RA SCT013 B

Frequencies

TWR - 118.95 MHz - ST NAZAIRE TOWER

APP - 129.87 MHz - NANTES APPROACH

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
07	148 ft	7,872 ft	73.42	ASPHALT	499 ft	0 ft
	45 m	2,400 m	73.25		152 m	0 m
25	148 ft	7,872 ft	253.44	ASPHALT	499 ft	0 ft
	45 m	2,400 m	253.27		152 m	0 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
25	LOC-ILS	MT	108.50 MHz	18 nm	253.43	-	13 ft
				33 km	253.26		13 m
25	GS	MT	108.50 MHz	10 nm	253.43	3.00	13 ft
				19 km	253.26		13 m

LFRH

Region: FRANCE
Timezone: EUROPE/PARIS
Runways: 2

Elevation: 122 ft / 37 m
Location: 47.762500 -3.440910
Magnetic Var: 0.282 W

METAR

LFRH 031300Z AUTO 25013KT 9999 FEW025/// //TCU 14/08 Q1013 TEMPO 4500 SHRA SCT020CB

TAF

TAF LFRH 031100Z 0312/0412 23010KT 9999 FEW022 SCT028 PROB40 TEMPO 0312/0314 4500 SHRA SCT020CB TEMPO 0312/0316 S

Frequencies

REC - 129.12 MHz - LFRH ATIS	TWR - 119.70 MHz - LORIENT TWR
TWR - 122.70 MHz - LORIENT TWR	APP - 119.80 MHz - LORIENT_GCA APP
APP - 119.70 MHz - LORIENT APP	APP - 122.10 MHz - LORIENT APP
APP - 123.00 MHz - LORIENT APP	APP - 122.30 MHz - LORIENT APP

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
07	148 ft	7,879 ft	71.70	CONCRETE	0 ft	295 ft
	45 m	2,401 m	71.98		0 m	90 m
25	148 ft	7,879 ft	251.72	CONCRETE	568 ft	89 ft
	45 m	2,401 m	252.00		173 m	27 m
02	148 ft	6,895 ft	16.11	ASPHALT	0 ft	0 ft
	45 m	2,102 m	16.39		0 m	0 m
20	148 ft	6,895 ft	196.12	ASPHALT	1,411 ft	0 ft
	45 m	2,102 m	196.40		430 m	0 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
25	LOC-ILS	BH	108.15 MHz	18 nm	251.71	-	144 ft
				33 km	251.99		144 m
25	GS	BH	108.15 MHz	10 nm	252.42	3.00	196 ft
				19 km	252.70		196 m