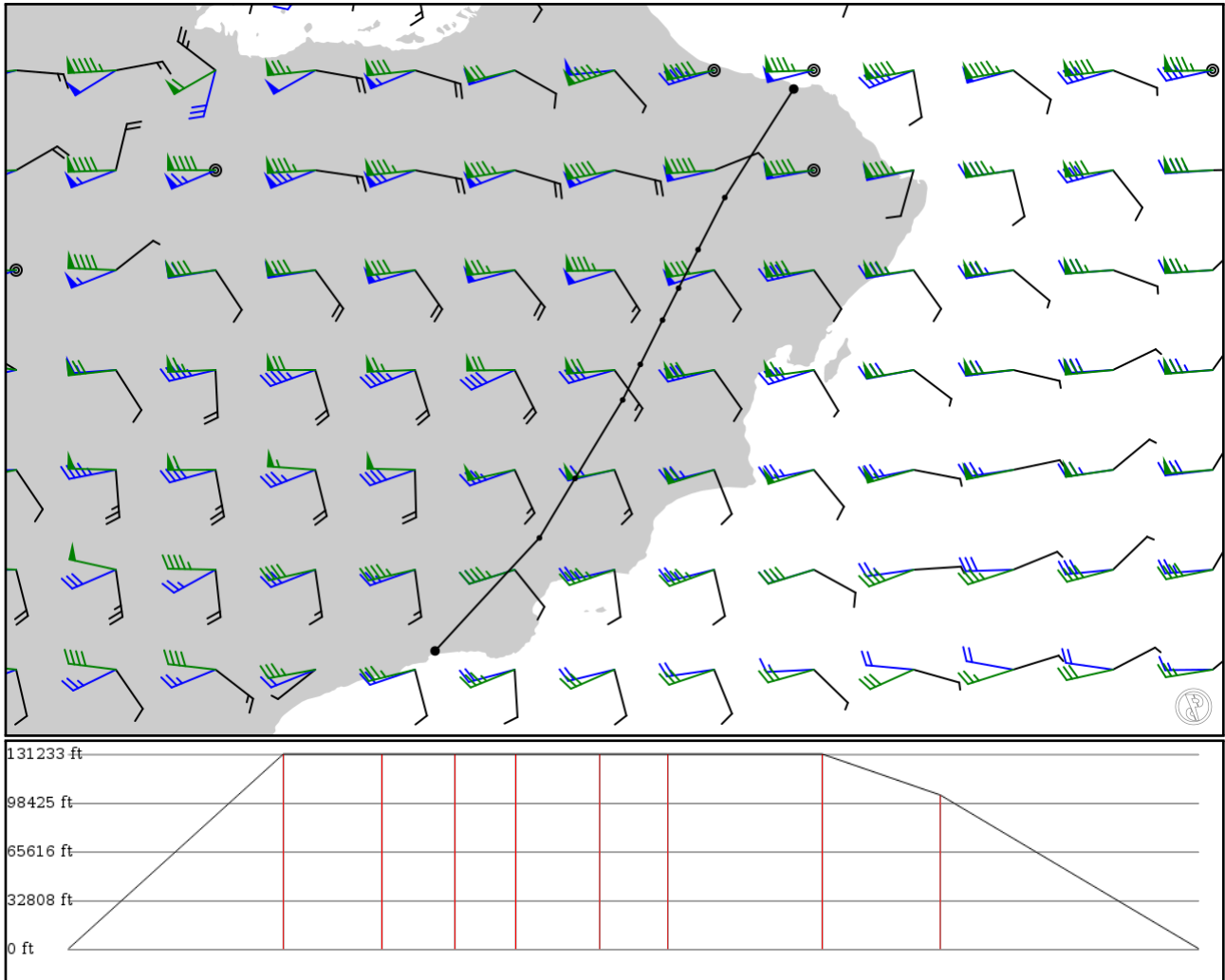


2024/05/16 0834Z

OOMS DARAT **B400** LABED OOSA

462.04 nm / 855.70 km



## Notes

Basic altitude profile:

- Ascent Rate: 2300ft/min
- Ascent Speed: 190kts
- Cruise Altitude: 40000ft
- Cruise Speed: 240kts
- Descent Rate: 1200ft/min
- Descent Speed: 175kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes

## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
OOMS	-	23.60030	0 ft	-	Muscat Intl
APT	-	58.28090	0 m		
DARAT	-	22.33330	40,000 ft	88	-
FIX	-	57.47500	12,192 m		
KEBAS	B400	21.72500	40,000 ft	40	-
FIX	AWY-HI	57.16330	12,192 m		
MEVLI	B400	21.27560	40,000 ft	29	-
FIX	AWY-HI	56.93500	12,192 m		
VUTAP	B400	20.90310	40,000 ft	24	-
FIX	AWY-HI	56.74690	12,192 m		
ORSIT	B400	20.38500	40,000 ft	34	-
FIX	AWY-HI	56.48750	12,192 m		
HAI	B400	19.97040	40,000 ft	27	HAIMA
VOR	AWY-HI	56.28080	12,192 m		
ITUVO	B400	19.05420	40,000 ft	63	-
FIX	AWY-LO	55.72440	12,192 m		
LABED	B400	18.35970	31,600 ft	47	-
FIX	AWY-LO	55.30750	9,632 m		
OOSA	-	17.04030	0 ft	105	Salalah
APT	-	54.08750	0 m		

## OOMS

Region: OMAN  
Timezone: ASIA/MUSCAT  
Runways: 2

Elevation: 46 ft / 14 m  
Location: 23.600300 58.280900  
Magnetic Var: 1.786 E

## METAR

OOMS 160750Z 05010KT CAVOK 33/23 Q1009 NOSIG

## TAF

TAF OOMS 160500Z 1606/1712 04012KT 8000 NSC BECMG 1615/1617 VRB02KT BECMG 1622/1624 20013KT BECMG 1706/1708 01013

## Frequencies

REC - 126.80 MHz - ATIS  
TWR - 118.40 MHz -  
APP - 119.80 MHz - RADAR  
GND - 121.80 MHz -  
APP - 121.20 MHz -

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
08L	197 ft	13,106 ft	84.99	ASPHALT	0 ft	390 ft
	60 m	3,995 m	83.21		0 m	119 m
26R	197 ft	13,106 ft	265.01	ASPHALT	525 ft	394 ft
	60 m	3,995 m	263.22		160 m	120 m
08R	148 ft	11,743 ft	84.98	CONCRETE	1,371 ft	197 ft
	45 m	3,579 m	83.19		418 m	60 m
26L	148 ft	11,743 ft	264.99	CONCRETE	0 ft	200 ft
	45 m	3,579 m	263.21		0 m	61 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
08R	DME	IMW	108.30 MHz	18 nm	-	-	45 ft
				33 km	-		45 m
26L	DME	ISB	110.30 MHz	18 nm	-	-	25 ft
				33 km	-		25 m
08L	LOC-ILS	IML	108.90 MHz	18 nm	84.97	-	47 ft
				33 km	83.18		47 m
26R	LOC-ILS	IMR	110.70 MHz	18 nm	264.97	-	48 ft
				33 km	263.18		48 m
08L	GS	IML	108.90 MHz	10 nm	84.97	3.00	47 ft
				19 km	83.18		47 m
26R	GS	IMR	110.70 MHz	10 nm	264.97	3.00	48 ft
				19 km	263.18		48 m

## OOSA

Region: OMAN  
Timezone: ASIA/MUSCAT  
Runways: 1

Elevation: 78 ft / 24 m  
Location: 17.040300 54.087500  
Magnetic Var: 1.147 E

## METAR

OOSA 160750Z 17010KT 140V200 9999 SCT025 32/23 Q1012 NOSIG

## TAF

TAF OOSA 160500Z 1606/1712 19010KT 9999 SCT025 BECMG 1620/1622 VRB03KT BECMG 1706/1708 18010KT

## Frequencies

REC - 125.10 MHz - SALALAH ATIS  
TWR - 118.20 MHz - SALALAH TOWER  
COM - 122.80 MHz - SALALAH UNICOM

GND - 124.02 MHz - SALALAH GROUND  
APP - 119.10 MHz - SALALAH APPROACH

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
07	197 ft	13,111 ft	70.67	ASPHALT	0 ft	984 ft
	60 m	3,996 m	69.53		0 m	300 m
25	197 ft	13,111 ft	250.69	ASPHALT	0 ft	984 ft
	60 m	3,996 m	249.54		0 m	300 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
25	DME	ISL	110.10 MHz	18 nm	-	-	73 ft
				33 km	-		73 m
25	LOC-ILS	ISL	110.10 MHz	18 nm	250.67	-	73 ft
				33 km	249.52		73 m
25	GS	ISL	110.10 MHz	10 nm	251.36	3.08	73 ft
				19 km	250.22		73 m