

LFRH

Lorient Lann-Bihoué

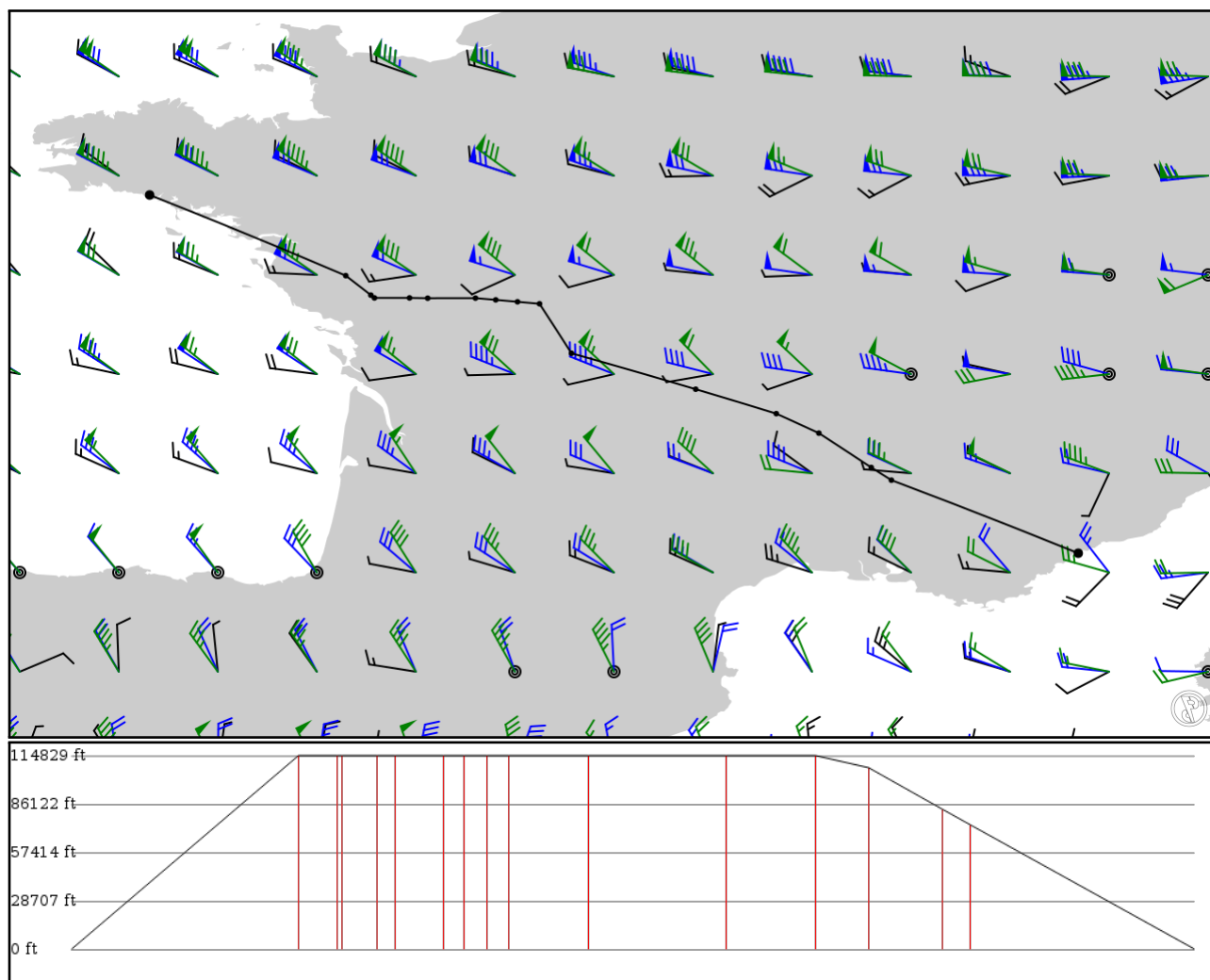
LFMN

Nice-Côte d'Azur

2024/05/08 0722Z

LFRH BOBRI **R66** LUGEN **G54** POI **R66** BALAN **UN859** BEBIX **UM616** LERGA **UY30** LATAM **UY22** NISAR LFMN

528.49 nm / 978.77 km



Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes

Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
LFRH APT	-	47.76250 -3.44091	0 ft 0 m	-	Lorient Lann-Bihoue
BOBRI FIX	-	46.83830 -1.19028	35,000 ft 10,668 m	107	-
NTS44 FIX	R66 AWY-LO	46.61500 -0.90194	35,000 ft 10,668 m	17	-
LUGEN FIX	R66 AWY-LO	46.58330 -0.86111	35,000 ft 10,668 m	2	-
ABSIE FIX	G54 AWY-LO	46.58330 -0.45833	35,000 ft 10,668 m	16	-
POI23 FIX	G54 AWY-LO	46.58000 -0.25000	35,000 ft 10,668 m	8	-
POI VOR	G54 AWY-LO	46.58100 0.29819	35,000 ft 10,668 m	22	POITIERS BIARDS
ADABI FIX	R66 AWY-LO	46.56110 0.53083	35,000 ft 10,668 m	9	-
TUDRA FIX	R66 AWY-LO	46.53890 0.78083	35,000 ft 10,668 m	10	-
BALAN FIX	R66 AWY-LO	46.51610 1.03333	35,000 ft 10,668 m	10	-
BEBIX FIX	UN859 AWY-HI	45.94920 1.39972	35,000 ft 10,668 m	37	-
ADATU FIX	UM616 AWY-HI	45.53720 2.82556	35,000 ft 10,668 m	64	-
LERGA FIX	UM616 AWY-HI	45.25730 3.75017	35,000 ft 10,668 m	42	-
LATAM FIX	UY30 AWY-HI	45.03390 4.23911	32,800 ft 9,997 m	24	-
TUNUR FIX	UY22 AWY-HI	44.64030 4.84000	25,300 ft 7,711 m	34	-
NISAR FIX	UY22 AWY-HI	44.49530 5.07139	22,500 ft 6,858 m	13	-
LFMN APT	-	43.65840 7.21576	0 ft 0 m	105	Nice-Cote d'Azur

LFRH

Region: FRANCE
Timezone: EUROPE/PARIS
Runways: 2

Elevation: 122 ft / 37 m
Location: 47.762500 -3.440910
Magnetic Var: 0.280 W

METAR

LFRH 080700Z AUTO 05008KT 8000 3800 NSC 12/10 Q1028 NOSIG

TAF

TAF LFRH 080500Z 0806/0906 06005KT 3000 BR NSC BECMG 0806/0808 CAVOK BECMG 0811/0813 24010KT SCT035 BECMG 0816/08

Frequencies

REC - 129.12 MHz - LFRH ATIS
TWR - 122.70 MHz - LORIENT TWR
APP - 119.70 MHz - LORIENT APP
APP - 123.00 MHz - LORIENT APP
TWR - 119.70 MHz - LORIENT TWR
APP - 119.80 MHz - LORIENT_GCA APP
APP - 122.10 MHz - LORIENT APP
APP - 122.30 MHz - LORIENT APP

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
07	148 ft	7,879 ft	71.70	CONCRETE	0 ft	295 ft
	45 m	2,401 m	71.98		0 m	90 m
25	148 ft	7,879 ft	251.72	CONCRETE	568 ft	89 ft
	45 m	2,401 m	252.00		173 m	27 m
02	148 ft	6,895 ft	16.11	ASPHALT	0 ft	0 ft
	45 m	2,102 m	16.39		0 m	0 m
20	148 ft	6,895 ft	196.12	ASPHALT	1,411 ft	0 ft
	45 m	2,102 m	196.40		430 m	0 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
25	LOC-ILS	BH	108.15 MHz	18 nm	251.71	-	144 ft
				33 km	251.99		144 m
25	GS	BH	108.15 MHz	10 nm	252.42	3.00	196 ft
				19 km	252.70		196 m

LFMN

Region: FRANCE
Timezone: UNKNOWN
Runways: 2

Elevation: 12 ft / 4 m
Location: 43.658400 7.215760
Magnetic Var: 2.736 E

METAR

LFMN 080700Z 32007KT 9999 FEW028 16/09 Q1016 NOSIG

TAF

TAF LFMN 080200Z 0803/0909 34008KT 9999 SCT076 TEMPO 0803/0805 07010KT BECMG 0808/0810 20010KT PROB40 TEMPO 0813/

Frequencies

REC - 129.60 MHz - NICE ATIS	GND - 121.70 MHz - NICE GROUND
TWR - 118.70 MHz - NICE TOWER	TWR - 123.15 MHz - NICE TOWER
APP - 134.47 MHz - NICE WEST APPROACH	APP - 120.65 MHz - NICE APPROACH
APP - 128.20 MHz - NICE APPROACH	

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
04R	148 ft	9,706 ft	44.86	ASPHALT	0 ft	417 ft
	45 m	2,958 m	42.13		0 m	127 m
22L	148 ft	9,706 ft	224.88	ASPHALT	0 ft	525 ft
	45 m	2,958 m	222.14		0 m	160 m
04L	148 ft	8,992 ft	44.86	ASPHALT	0 ft	161 ft
	45 m	2,741 m	42.12		0 m	49 m
22R	148 ft	8,992 ft	224.88	ASPHALT	564 ft	0 ft
	45 m	2,741 m	222.14		172 m	0 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
04L	DME	NI	109.95 MHz	27 nm	-	-	12 ft
				50 km	-		12 m
04R	DME	NA	110.70 MHz	27 nm	-	-	12 ft
				50 km	-		12 m
04L	LOC-ILS	NI	109.95 MHz	18 nm	44.87	-	12 ft
				33 km	42.13		12 m
04R	LOC-ILS	NA	110.70 MHz	18 nm	44.87	-	12 ft
				33 km	42.13		12 m
04L	GS	NI	109.95 MHz	10 nm	44.87	3.00	12 ft
				19 km	42.13		12 m
04R	GS	NA	110.70 MHz	10 nm	44.87	3.00	12 ft
				19 km	42.13		12 m