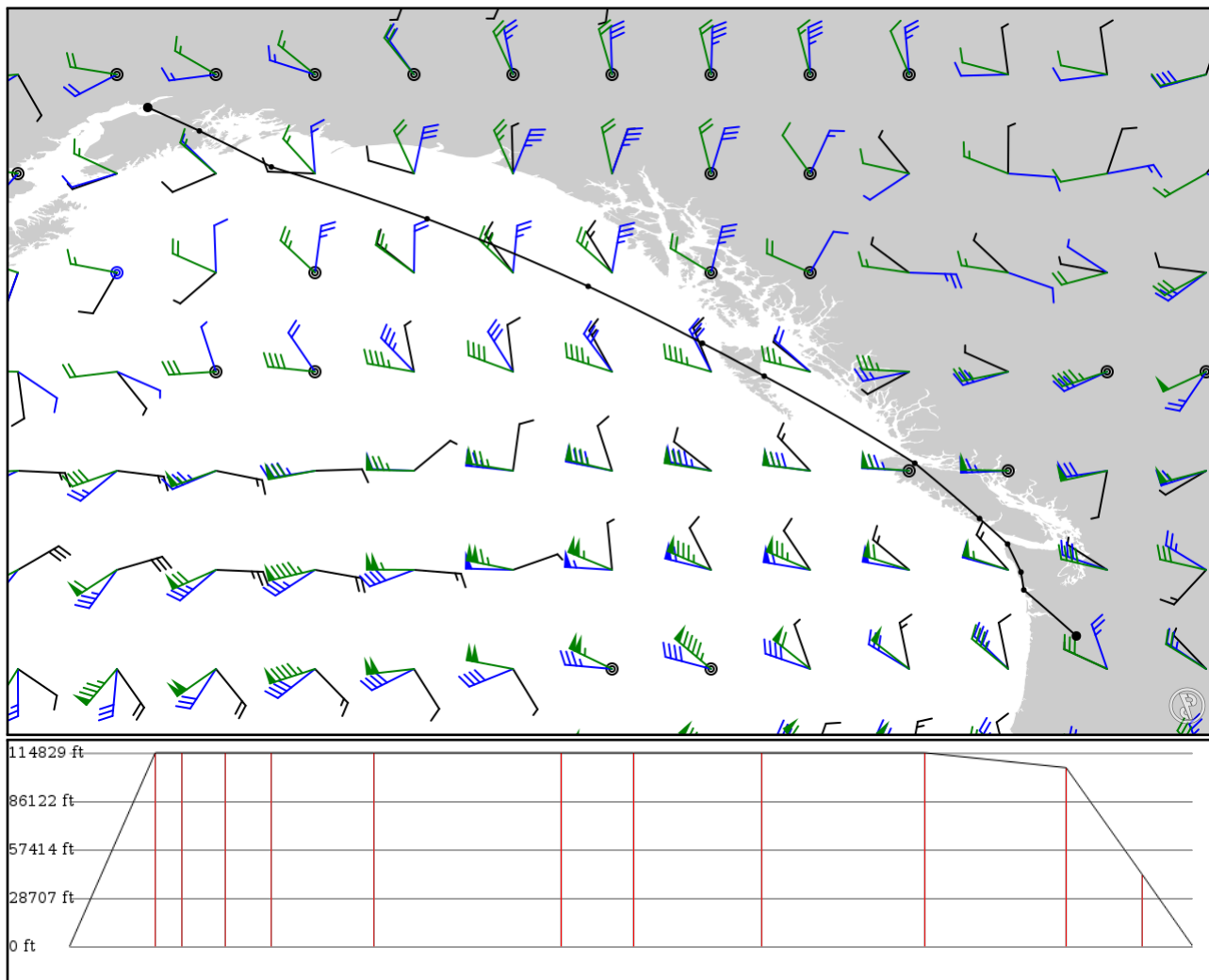


2024/06/10 0024Z

KPDX HQM **J501** TOU **J523** YZP **TR19** FRIED **J804R** NOWEL PANC

1350.46 nm / 2501.05 km



## Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes



## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
KPDX APT	-	45.58870 -122.59800	0 ft 0 m	-	Portland Intl
HQM VOR	-	46.94700 -124.14900	35,000 ft 10,668 m	103	HOQUIAM
WAPTO FIX	J501 AWY-HI	47.47210 -124.23100	35,000 ft 10,668 m	31	-
TOU VOR	J501 AWY-HI	48.29990 -124.62700	35,000 ft 10,668 m	52	TATOOSH (NEAH BAY)
INHAM FIX	J523 AWY-HI	49.05220 -125.45500	35,000 ft 10,668 m	55	-
YZT VOR	J523 AWY-HI	50.68410 -127.36500	35,000 ft 10,668 m	122	PORT HARDY
YZP VOR	J523 AWY-HI	53.25220 -131.80700	35,000 ft 10,668 m	225	SANDSPIT
FRIED FIX	TR19 AWY-HI	54.22190 -133.63200	35,000 ft 10,668 m	87	-
EEDEN FIX	J804R AWY-HI	55.89960 -137.00200	35,000 ft 10,668 m	153	-
SNOUT FIX	J804R AWY-HI	57.89070 -141.75500	35,000 ft 10,668 m	196	-
MDO VOR	J804R AWY-HI	59.42180 -146.35000	32,300 ft 9,845 m	170	MIDDLETON ISLAND
NOWEL FIX	J804R AWY-HI	60.48390 -148.47500	13,000 ft 3,962 m	90	-
PANC APT	-	61.17430 -149.99800	0 ft 0 m	60	Ted Stevens Anchorage Intl

## KPDX

Region: UNITED STATES  
Timezone: AMERICA/LOS\_ANGELES  
Runways: 3

Elevation: 31 ft / 9 m  
Location: 45.588700 -122.598000  
Magnetic Var: 14.442 E

## METAR

KPDX 092353Z 33008KT 10SM FEW040 25/13 A3002 RMK A02 SLP165 T02500128 10250 20183 56006

## TAF

TAF KPDX 092320Z 1000/1024 32009KT P6SM FEW045 FM100900 VRB03KT P6SM FEW240 FM101200 VRB03KT P6SM BKN019 FM101600

## Frequencies

REC - 128.35 MHz - D-ATIS	COM - 122.95 MHz - PORTLAND UNICOM
GND - 121.90 MHz - PORTLAND GROUND	GND - 132.27 MHz - PORTLAND GROUND
TWR - 118.70 MHz - PORTLAND TOWER	TWR - 123.77 MHz - PORTLAND TOWER
CLD - 120.12 MHz - PORTLAND CLEARANCE DELIVERY	DEP - 118.10 MHz - PORTLAND DEPARTURE
DEP - 124.35 MHz - PORTLAND DEPARTURE	DEP - 127.85 MHz - PORTLAND DEPARTURE
APP - 118.10 MHz - PORTLAND APPROACH	APP - 124.35 MHz - PORTLAND APPROACH
APP - 126.90 MHz - PORTLAND APPROACH	

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
10L	150 ft	9,810 ft	119.09	ASPHALT	1,296 ft	397 ft
	46 m	2,990 m	104.65		395 m	121 m
28R	150 ft	9,810 ft	299.12	ASPHALT	538 ft	400 ft
	46 m	2,990 m	284.68		164 m	122 m
10R	150 ft	10,981 ft	119.08	CONCRETE	0 ft	397 ft
	46 m	3,347 m	104.63		0 m	121 m
28L	150 ft	10,981 ft	299.10	CONCRETE	0 ft	400 ft
	46 m	3,347 m	284.66		0 m	122 m
03	150 ft	5,994 ft	44.92	ASPHALT	0 ft	0 ft
	46 m	1,827 m	30.48		0 m	0 m
21	150 ft	5,994 ft	224.94	ASPHALT	0 ft	0 ft
	46 m	1,827 m	210.49		0 m	0 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
10L	DME	IVDG	111.30 MHz	18 nm	-	-	45 ft
				33 km	-		45 m
10R	DME	IPDX	110.50 MHz	18 nm	-	-	36 ft
				33 km	-		36 m
21	DME	IGPO	108.90 MHz	18 nm	-	-	33 ft
				33 km	-		33 m
28L	DME	IJMJ	110.50 MHz	18 nm	-	-	36 ft
				33 km	-		36 m
28R	DME	IIAP	111.30 MHz	18 nm	-	-	45 ft
				33 km	-		45 m
10L	LOC-ILS	IVDG	111.30 MHz	18 nm	119.12	-	30 ft
				33 km	104.68		30 m
10R	LOC-ILS	IPDX	110.50 MHz	18 nm	119.09	-	30 ft
				33 km	104.65		30 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
28L	LOC-ILS	IJMJ	110.50 MHz	18 nm	299.09	-	30 ft
				33 km	284.65		30 m
28R	LOC-ILS	IIAP	111.30 MHz	18 nm	299.11	-	30 ft
				33 km	284.67		30 m
21	LOC-LOC	IGPO	108.90 MHz	18 nm	224.93	-	30 ft
				33 km	210.49		30 m
10L	GS	IVDG	111.30 MHz	10 nm	119.11	3.00	30 ft
				19 km	104.67		30 m
10R	GS	IPDX	110.50 MHz	10 nm	119.09	3.00	30 ft
				19 km	104.65		30 m
28L	GS	IJMJ	110.50 MHz	10 nm	299.09	3.00	30 ft
				19 km	284.65		30 m
28R	GS	IIAP	111.30 MHz	10 nm	299.11	3.00	30 ft
				19 km	284.67		30 m

## PANC

Region: USA (ALASKA)

Timezone: AMERICA/ANCHORAGE

Runways: 3

Elevation: 151 ft / 46 m

Location: 61.174300 -149.998000

Magnetic Var: 13.996 E

## METAR

PANC 092353Z 16013G25KT 10SM SCT070 BKN200 17/07 A2977

## TAF

PANC 092338Z 1000/1106 15012G22KT P6SM SCT080 BKN120 FM100900 18007KT P6SM BKN120 FM101400 02004KT P6SM BKN100 FM

## Frequencies

REC - 135.50 MHz - D-ATIS

GND - 121.90 MHz - ANCHORAGE GROUND

CLD - 119.40 MHz - CLEARANCE DELIVERY

APP - 118.60 MHz - ANCHORAGE APPROACH

APP - 123.80 MHz - ANCHORAGE APPROACH

DEP - 118.60 MHz - ANCHORAGE DEPARTURE

DEP - 123.80 MHz - ANCHORAGE DEPARTURE

COM - 122.95 MHz - UNICOM

TWR - 118.30 MHz - ANCHORAGE TOWER

CLD - 128.65 MHz - CLEARANCE DELIVERY

APP - 119.10 MHz - ANCHORAGE APPROACH

APP - 126.40 MHz - ANCHORAGE APPROACH

DEP - 119.10 MHz - ANCHORAGE DEPARTURE

DEP - 126.40 MHz - ANCHORAGE DEPARTURE

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
07R	200 ft	12,357 ft	89.84	ASPHALT	0 ft	0 ft
	61 m	3,767 m	75.84		0 m	0 m
25L	200 ft	12,357 ft	269.90	ASPHALT	0 ft	194 ft
	61 m	3,767 m	255.91		0 m	59 m
07L	150 ft	10,566 ft	89.88	ASPHALT	0 ft	387 ft
	46 m	3,221 m	75.88		0 m	118 m
25R	150 ft	10,566 ft	269.93	ASPHALT	0 ft	387 ft
	46 m	3,221 m	255.93		0 m	118 m
15	200 ft	10,847 ft	164.89	ASPHALT	0 ft	397 ft
	61 m	3,306 m	150.89		0 m	121 m
33	200 ft	10,847 ft	344.90	ASPHALT	463 ft	236 ft
	61 m	3,306 m	330.91		141 m	72 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
07L	DME	ITGN	109.90 MHz	18 nm	-	-	152 ft
				33 km	-		152 m
07R	DME	IANC	111.30 MHz	18 nm	-	-	152 ft
				33 km	-		152 m
15	DME	IBSC	111.75 MHz	18 nm	-	-	152 ft
				33 km	-		152 m
07L	LOC-ILS	ITGN	109.90 MHz	18 nm	89.90	-	151 ft
				33 km	75.90		151 m
07R	LOC-ILS	IANC	111.30 MHz	18 nm	89.87	-	151 ft
				33 km	75.87		151 m
15	LOC-ILS	IBSC	111.75 MHz	18 nm	164.90	-	151 ft
				33 km	150.90		151 m
07L	GS	ITGN	109.90 MHz	10 nm	89.90	3.00	151 ft
				19 km	75.90		151 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
07R	GS	IANC	111.30 MHz	10 nm	89.87	3.00	151 ft
				19 km	75.87		151 m
15	GS	IBSC	111.75 MHz	10 nm	164.90	3.00	151 ft
				19 km	150.90		151 m