

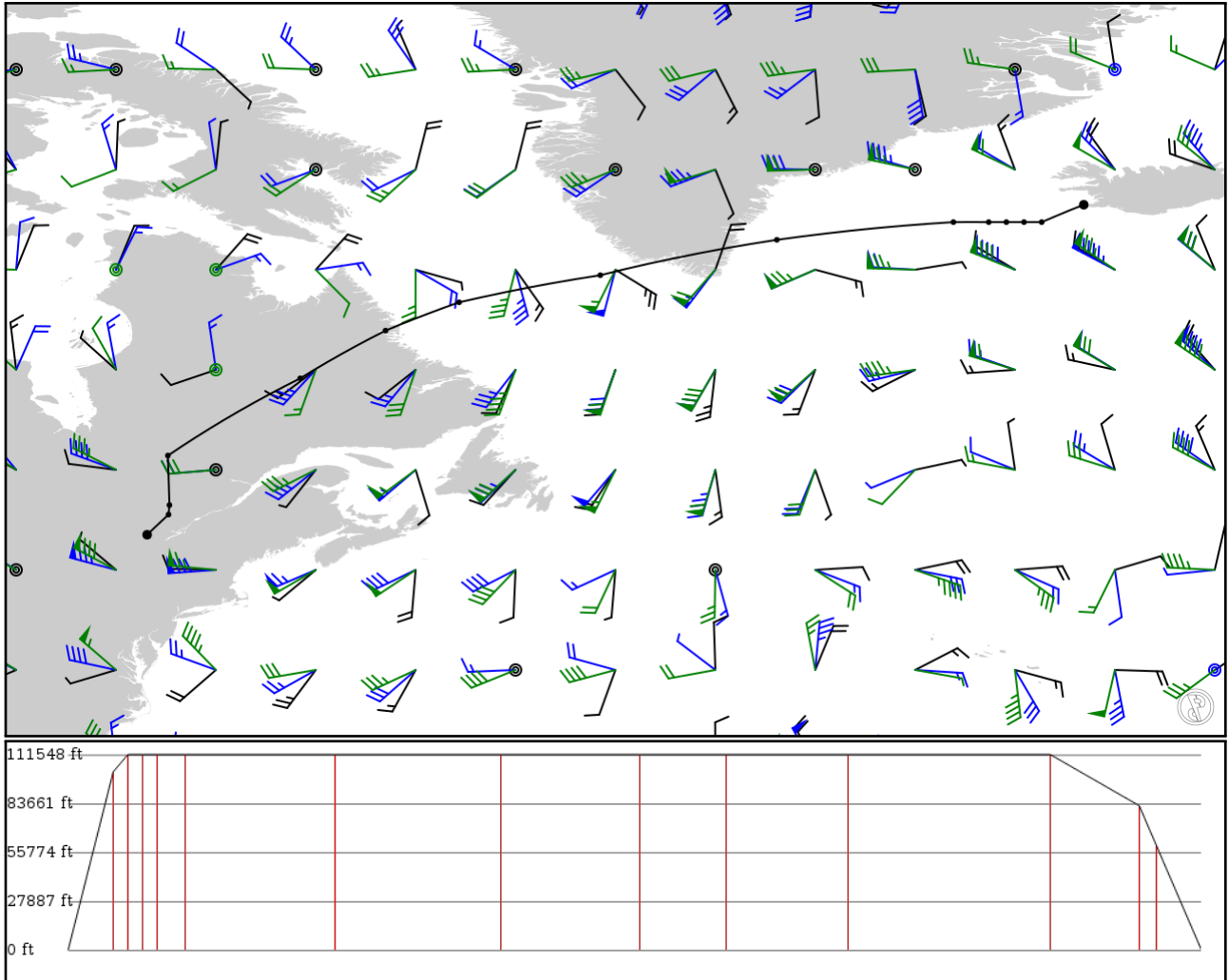
BIKF
Keflavik

CYOW
Ottawa Macdonald Cartier Intl

2024/05/19 0046Z

BIKF 6300N02500W 6300N02600W 6300N02700W 6300N02800W 63/30 A URTAK N746A ALSOP N732A MT J570
OBRET Q816 DATAB CYOW

2146.00 nm / 3974.40 km



Notes

Using NAT tracks from 26/6/2023

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 34000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes

- Use low airways: yes
- Use high airways: yes

Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
BIKF	-	63.98160	0 ft	-	Keflavik
APT	-	-22.61460	0 m		
6300N02500W	-	63.00000	31,000 ft	86	-
LATLON	-	-25.00000	9,449 m		
6300N02600W	-	63.00000	34,000 ft	27	-
LATLON	-	-26.00000	10,363 m		
6300N02700W	-	63.00000	34,000 ft	27	-
LATLON	-	-27.00000	10,363 m		
6300N02800W	-	63.00000	34,000 ft	27	-
LATLON	-	-28.00000	10,363 m		
63/30	-	63.00000	34,000 ft	54	-
LATLON	-	-30.00000	10,363 m		
62/40	A	62.00000	34,000 ft	283	-
LATLON	NAT	-40.00000	10,363 m		
60/50	A	60.00000	34,000 ft	314	-
LATLON	NAT	-50.00000	10,363 m		
URTAK	A	58.46670	34,000 ft	262	-
FIX	NAT	-58.00000	10,363 m		
ALSOP	N746A	56.86670	34,000 ft	164	-
FIX	AWY-HI	-62.16670	10,363 m		
JOVIE	N732A	54.16670	34,000 ft	230	-
FIX	AWY-HI	-67.00000	10,363 m		
MT	N732A	49.79960	34,000 ft	381	CHIBOO (CHIBOUGAMAU)
NDB	AWY-HI	-74.49550	10,363 m		
OBRET	J570	47.00000	25,100 ft	168	-
FIX	AWY-HI	-74.40810	7,650 m		
DATAB	Q816	46.46300	18,200 ft	32	-
FIX	AWY-HI	-74.45820	5,547 m		
CYOW	-	45.32270	0 ft	85	Ottawa Macdonald Cartier Intl
APT	-	-75.67180	0 m		

BIKF

Region: ICELAND
Timezone: ATLANTIC/REYKJAVIK
Runways: 2

Elevation: 168 ft / 51 m
Location: 63.981600 -22.614600
Magnetic Var: 12.364 W

METAR

BIKF 190030Z 04011KT CAVOK 05/M01 Q1015

TAF

TAF BIKF 182231Z 1900/2000 05015KT 9999 BKN035 TX08/1922Z TN03/1913Z BECMG 1904/1906 -RA BECMG 1907/1909 07017G28

Frequencies

REC - 128.30 MHz - KEFLAVIK INFORMATION	CLD - 121.00 MHz - KEFLAVIK CLEARANCE DELIVERY
GND - 121.90 MHz - KEFLAVIK GROUND	GND - 126.20 MHz - KEFLAVIK GROUND
TWR - 118.30 MHz - KEFLAVIK TOWER	APP - 119.30 MHz - KEFLAVIK APPROACH
APP - 119.15 MHz - KEFLAVIK FINAL	

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
01	197 ft	9,997 ft	0.01	ASPHALT	0 ft	479 ft
	60 m	3,047 m	12.38		0 m	146 m
19	197 ft	9,997 ft	180.01	ASPHALT	0 ft	85 ft
	60 m	3,047 m	192.38		0 m	26 m
10	200 ft	10,004 ft	89.95	ASPHALT	0 ft	259 ft
	61 m	3,049 m	102.32		0 m	79 m
28	200 ft	10,004 ft	270.01	ASPHALT	0 ft	220 ft
	61 m	3,049 m	282.37		0 m	67 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
01	LOC-ILS	IKN	111.30 MHz	18 nm	0.01	-	169 ft
				33 km	12.37		169 m
10	LOC-ILS	IKF	109.50 MHz	18 nm	89.98	-	169 ft
				33 km	102.34		169 m
19	LOC-ILS	IKO	110.30 MHz	18 nm	180.01	-	169 ft
				33 km	192.37		169 m
28	LOC-ILS	IKW	108.50 MHz	18 nm	269.98	-	169 ft
				33 km	282.34		169 m
01	GS	IKN	111.30 MHz	10 nm	0.01	3.00	169 ft
				19 km	12.37		169 m
10	GS	IKF	109.50 MHz	10 nm	89.98	3.00	169 ft
				19 km	102.34		169 m
19	GS	IKO	110.30 MHz	10 nm	180.01	3.00	169 ft
				19 km	192.37		169 m
28	GS	IKW	108.50 MHz	10 nm	269.98	3.00	169 ft
				19 km	282.34		169 m

CYOW

Region: CANADA
Timezone: AMERICA/TORONTO
Runways: 3

Elevation: 374 ft / 114 m
Location: 45.322700 -75.671800
Magnetic Var: 12.919 W

METAR

CYOW 190000Z 06006KT 15SM FEW055 FEW093 FEW250 20/12 A2994 RMK SC1AC1CI1 AC TR CI TR SLP140 DENSITY ALT 1100FT

TAF

TAF TAF CYOW 182340Z 1900/1924 08010KT P6SM FEW050 FM190300 07005KT P6SM SCT040 FM191400 11007KT P6SM FEW050 FM191900 10008KT P6SM SCT040

Frequencies

REC - 121.15 MHz - ATIS
GND - 121.90 MHz -
APP - 135.15 MHz - TRML

CLD - 119.40 MHz - CLNC DEL
TWR - 120.10 MHz -

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
14	200 ft	9,973 ft	126.40	ASPHALT	0 ft	171 ft
	61 m	3,040 m	139.32		0 m	52 m
32	200 ft	9,973 ft	306.42	ASPHALT	0 ft	151 ft
	61 m	3,040 m	319.34		0 m	46 m
07	200 ft	7,981 ft	57.38	ASPHALT	0 ft	161 ft
	61 m	2,433 m	70.30		0 m	49 m
25	200 ft	7,981 ft	237.40	ASPHALT	0 ft	161 ft
	61 m	2,433 m	250.32		0 m	49 m
04	75 ft	3,300 ft	25.31	ASPHALT	253 ft	0 ft
	23 m	1,006 m	38.23		77 m	0 m
22	75 ft	3,300 ft	205.31	ASPHALT	0 ft	0 ft
	23 m	1,006 m	218.23		0 m	0 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
07	LOC-ILS	IOW	109.50 MHz	18 nm	57.39	-	374 ft
				33 km	70.31		374 m
32	LOC-ILS	IRP	110.30 MHz	18 nm	306.41	-	374 ft
				33 km	319.33		374 m
07	GS	IOW	109.50 MHz	10 nm	57.39	3.00	374 ft
				19 km	70.31		374 m
32	GS	IRP	110.30 MHz	10 nm	306.41	3.00	374 ft
				19 km	319.33		374 m