

# KJFK

John F. Kennedy Intl

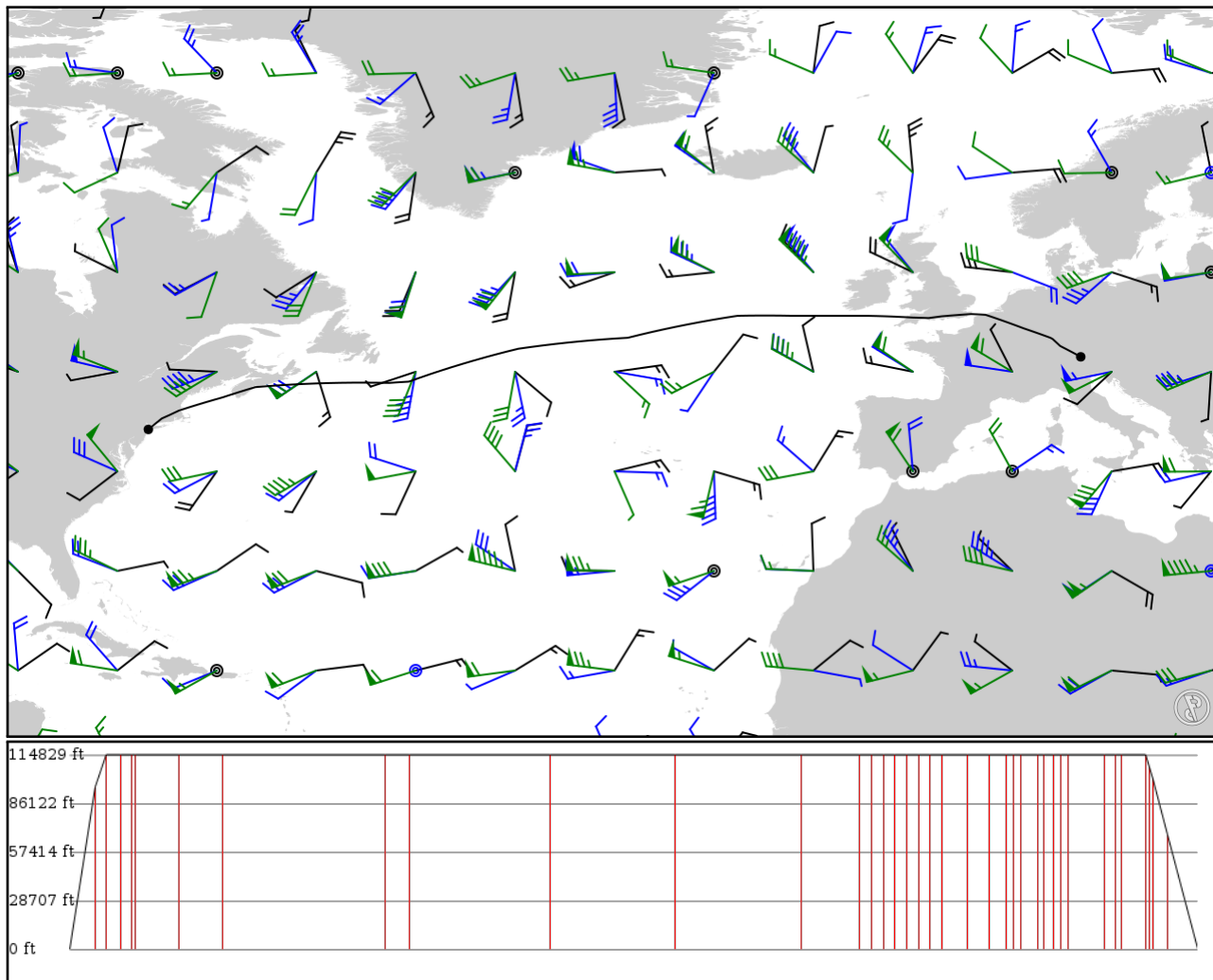
# LOWI

Innsbruck

2024/05/04 2043Z

KJFK HFD **J42** BOS **J575** TUSKY **N117B** SCOTS **N55A** RAFIN **V** ELSOX 5100N01300W 5100N01200W 5100N01100W  
5100N01000W 5100N0900W LESLU **N514** BEKDA **N19** SAM SAM **UM140** DVR **UL9** KONAN **UL607** KOK **UM150** UTABA LOWI

3622.01 nm / 6707.96 km



## Notes

Using NAT tracks from 11/6/2023

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes

- Use PACOTS: yes
- Use low airways: no
- Use high airways: yes

## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
KJFK APT	-	40.64010 -73.77650	0 ft 0 m	-	John F. Kennedy Intl
HFD VOR	-	41.64110 -72.54740	29,200 ft 8,900 m	81	HARTFORD
PUT VOR	J42 AWY-HI	41.95550 -71.84410	35,000 ft 10,668 m	36	PUTNAM
BOS VOR	J42 AWY-HI	42.35740 -70.98950	35,000 ft 10,668 m	45	BOSTON
SCUPP FIX	J575 AWY-HI	42.60310 -70.23040	35,000 ft 10,668 m	36	-
CANAL FIX	J575 AWY-HI	42.66900 -70.02270	35,000 ft 10,668 m	9	-
TUSKY FIX	J575 AWY-HI	43.56500 -67.00000	35,000 ft 10,668 m	143	-
SCOTS FIX	N117B AWY-HI	44.50000 -64.00000	35,000 ft 10,668 m	141	-
RAFIN FIX	N55A AWY-HI	44.88330 -51.80470	35,000 ft 10,668 m	520	-
45/50 LATLON	V NAT	45.00000 -50.00000	35,000 ft 10,668 m	77	-
48/40 LATLON	V NAT	48.00000 -40.00000	35,000 ft 10,668 m	450	-
49/30 LATLON	V NAT	49.00000 -30.00000	35,000 ft 10,668 m	402	-
51/20 LATLON	V NAT	51.00000 -20.00000	35,000 ft 10,668 m	403	-
DINIM FIX	V NAT	51.00000 -15.00000	35,000 ft 10,668 m	188	-
ELSOX FIX	V NAT	51.00000 -14.00000	35,000 ft 10,668 m	37	-
5100N01300W LATLON	- -	51.00000 -13.00000	35,000 ft 10,668 m	37	-
5100N01200W LATLON	- -	51.00000 -12.00000	35,000 ft 10,668 m	37	-
5100N01100W LATLON	- -	51.00000 -11.00000	35,000 ft 10,668 m	37	-
5100N01000W LATLON	- -	51.00000 -10.00000	35,000 ft 10,668 m	37	-
5100N0900W LATLON	- -	51.00000 -9.00000	35,000 ft 10,668 m	37	-
LESLU FIX	- -	51.00000 -8.00000	35,000 ft 10,668 m	37	-
PAVLO FIX	N514 AWY-HI	50.93470 -5.89556	35,000 ft 10,668 m	79	-
DIDEL FIX	N514 AWY-HI	50.84310 -3.99722	35,000 ft 10,668 m	72	-
BEKDA FIX	N514 AWY-HI	50.79690 -2.54583	35,000 ft 10,668 m	55	-
NULGU FIX	N19 AWY-HI	50.87140 -1.99417	35,000 ft 10,668 m	21	-
SAM VOR	N19 AWY-HI	50.95520 -1.34506	35,000 ft 10,668 m	25	SOUTHAMPTON
SAM	-	50.95530	35,000 ft	0	SOUTHAMPTON VOR-DME

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
DME	-	-1.34500	10,668 m		
ROKKE	UM140	51.07000	35,000 ft	52	-
FIX	AWY-HI	0.04500	10,668 m		
PENUX	UM140	51.10890	35,000 ft	19	-
FIX	AWY-HI	0.57000	10,668 m		
DVR	UM140	51.16260	35,000 ft	29	DOVER
VOR	AWY-HI	1.35909	10,668 m		
KONAN	UL9	51.13080	35,000 ft	24	-
FIX	AWY-HI	2.00000	10,668 m		
KOK	UL607	51.09470	35,000 ft	24	KOKSY
VOR	AWY-HI	2.65167	10,668 m		
KOMOB	UM150	50.14390	35,000 ft	118	-
FIX	AWY-HI	5.37361	10,668 m		
DIK	UM150	49.86130	35,000 ft	33	DIEKIRCH
VOR	AWY-HI	6.12975	10,668 m		
PITES	UM150	49.72860	35,000 ft	17	-
FIX	AWY-HI	6.51936	10,668 m		
GEBDA	UM150	49.10250	35,000 ft	78	-
FIX	AWY-HI	8.28750	10,668 m		
KRH	UM150	48.99290	32,800 ft	13	KARLSRUHE
VOR	AWY-HI	8.58424	9,997 m		
LAMGO	UM150	48.88580	30,600 ft	10	-
FIX	AWY-HI	8.77917	9,327 m		
UTABA	UM150	48.25500	20,600 ft	46	-
FIX	AWY-HI	9.46167	6,279 m		
LOWI	-	47.26080	0 ft	96	Innsbruck
APT	-	11.34150	0 m		

## KJFK

Region: UNITED STATES  
Timezone: AMERICA/NEW\_YORK  
Runways: 4

Elevation: 12 ft / 4 m  
Location: 40.640100 -73.776500  
Magnetic Var: 12.820 W

## METAR

KJFK 041951Z 11009KT 10SM FEW025 BKN075 BKN130 OVC250 13/07 A3033 RMK A02 SLP270 T01280072

## TAF

TAF AMD KJFK 041945Z 0420/0524 12011KT P6SM VCSH FEW025 BKN080 FM050300 11010KT P6SM OVC020 FM050500 10010KT P6SM

## Frequencies

REC - 115.40 MHz - D-ATIS	REC - 117.70 MHz - D-ATIS
REC - 128.72 MHz - D-ATIS	COM - 122.95 MHz - UNICOM
CLD - 135.05 MHz - CLEARANCE DELIVERY	GND - 121.90 MHz - KENNEDY GROUND
GND - 121.65 MHz - KENNEDY GROUND	TWR - 119.10 MHz - KENNEDY TOWER
TWR - 123.90 MHz - KENNEDY TOWER	APP - 125.70 MHz - NEW YORK APPROACH
APP - 128.12 MHz - NEW YORK APPROACH	APP - 118.40 MHz - NEW YORK APPROACH
APP - 123.70 MHz - NEW YORK APPROACH	APP - 126.80 MHz - NEW YORK APPROACH
APP - 132.40 MHz - NEW YORK APPROACH	APP - 134.35 MHz - NEW YORK APPROACH
DEP - 135.90 MHz - NEW YORK DEPARTURE	DEP - 123.70 MHz - NEW YORK DEPARTURE
DEP - 124.75 MHz - NEW YORK DEPARTURE	DEP - 134.35 MHz - NEW YORK DEPARTURE

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
13R	200 ft	14,526 ft	120.83	CONCRETE	2,057 ft	390 ft
	61 m	4,428 m	133.65		627 m	119 m
31L	200 ft	14,526 ft	300.86	CONCRETE	3,271 ft	495 ft
	61 m	4,428 m	313.68		997 m	151 m
13L	151 ft	10,010 ft	120.85	CONCRETE	912 ft	387 ft
	46 m	3,051 m	133.67		278 m	118 m
31R	151 ft	10,010 ft	300.87	CONCRETE	1,037 ft	177 ft
	46 m	3,051 m	313.69		316 m	54 m
04R	200 ft	8,407 ft	30.67	ASPHALT	0 ft	440 ft
	61 m	2,562 m	43.49		0 m	134 m
22L	200 ft	8,407 ft	210.68	ASPHALT	0 ft	505 ft
	61 m	2,562 m	223.50		0 m	154 m
04L	200 ft	12,091 ft	30.67	CONCRETE	459 ft	200 ft
	61 m	3,685 m	43.49		140 m	61 m
22R	200 ft	12,091 ft	210.68	CONCRETE	3,425 ft	407 ft
	61 m	3,685 m	223.50		1,044 m	124 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
04L	DME	IHIQ	110.90 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
04R	DME	IJFK	109.50 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
13L	DME	ITLK	111.50 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
22L	DME	IIWY	110.90 MHz	18 nm	-	-	13 ft
				33 km	-		13 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
22R	DME	IJOC	109.50 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
31R	DME	IRTH	111.50 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
04L	LOC-ILS	IHIQ	110.90 MHz	18 nm	30.68	-	12 ft
				33 km	43.50		12 m
04R	LOC-ILS	IJFK	109.50 MHz	18 nm	30.67	-	12 ft
				33 km	43.49		12 m
13L	LOC-ILS	ITLK	111.50 MHz	18 nm	120.87	-	12 ft
				33 km	133.69		12 m
22L	LOC-ILS	IIWY	110.90 MHz	18 nm	210.67	-	12 ft
				33 km	223.49		12 m
22R	LOC-ILS	IJOC	109.50 MHz	18 nm	210.68	-	12 ft
				33 km	223.50		12 m
31L	LOC-ILS	IMOH	111.35 MHz	18 nm	300.84	-	12 ft
				33 km	313.66		12 m
31R	LOC-ILS	IRTH	111.50 MHz	18 nm	300.87	-	12 ft
				33 km	313.69		12 m
04L	GS	IHIQ	110.90 MHz	10 nm	30.68	3.00	12 ft
				19 km	43.50		12 m
04R	GS	IJFK	109.50 MHz	10 nm	30.67	3.00	12 ft
				19 km	43.49		12 m
13L	GS	ITLK	111.50 MHz	10 nm	120.87	3.00	12 ft
				19 km	133.69		12 m
22L	GS	IIWY	110.90 MHz	10 nm	210.67	3.00	12 ft
				19 km	223.49		12 m
22R	GS	IJOC	109.50 MHz	10 nm	210.68	3.00	12 ft
				19 km	223.50		12 m
31L	GS	IMOH	111.35 MHz	10 nm	300.84	3.00	12 ft
				19 km	313.66		12 m
31R	GS	IRTH	111.50 MHz	10 nm	300.87	3.00	12 ft
				19 km	313.69		12 m

## LOWI

Region: AUSTRIA  
Timezone: EUROPE/VIENNA  
Runways: 3

Elevation: 1,907 ft / 581 m  
Location: 47.260800 11.341500  
Magnetic Var: 3.778 E

## METAR

LOWI 042020Z 01006KT 320V090 9999 FEW080 17/05 Q1014 NOSIG

## TAF

TAF LOWI 041715Z 0418/0518 27007KT 9999 FEW080 TX23/0514Z TN09/0504Z TEMPO 0418/0421 12012KT BECMG 0509/0511 12012KT

## Frequencies

APP - 119.27 MHz - INNSBRUCK RADAR  
REC - 126.02 MHz - INNSBRUCK INFORMATION

TWR - 120.10 MHz - INNSBRUCK TOWER

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
08	148 ft	6,548 ft	80.95	ASPHALT	335 ft	0 ft
	45 m	1,996 m	77.17		102 m	0 m
26	148 ft	6,548 ft	260.96	ASPHALT	0 ft	0 ft
	45 m	1,996 m	257.19		0 m	0 m
08C	125 ft	3,671 ft	81.00	GRASS	0 ft	0 ft
	38 m	1,119 m	77.22		0 m	0 m
26C	125 ft	3,671 ft	261.01	GRASS	0 ft	0 ft
	38 m	1,119 m	257.23		0 m	0 m
08L	164 ft	1,149 ft	81.11	GRASS	0 ft	0 ft
	50 m	350 m	77.33		0 m	0 m
26R	164 ft	1,149 ft	261.11	GRASS	0 ft	0 ft
	50 m	350 m	257.34		0 m	0 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
26	DME	OEJ	109.70 MHz	30 nm	-	-	1,906 ft
				56 km	-		1,906 m
26	DME	OEV	111.10 MHz	27 nm	-	-	1,911 ft
				50 km	-		1,911 m
26	LOC-ILS	OEV	111.10 MHz	18 nm	260.96	-	1,907 ft
				33 km	257.18		1,907 m
26	GS	OEV	111.10 MHz	10 nm	260.96	3.77	1,907 ft
				19 km	257.18		1,907 m