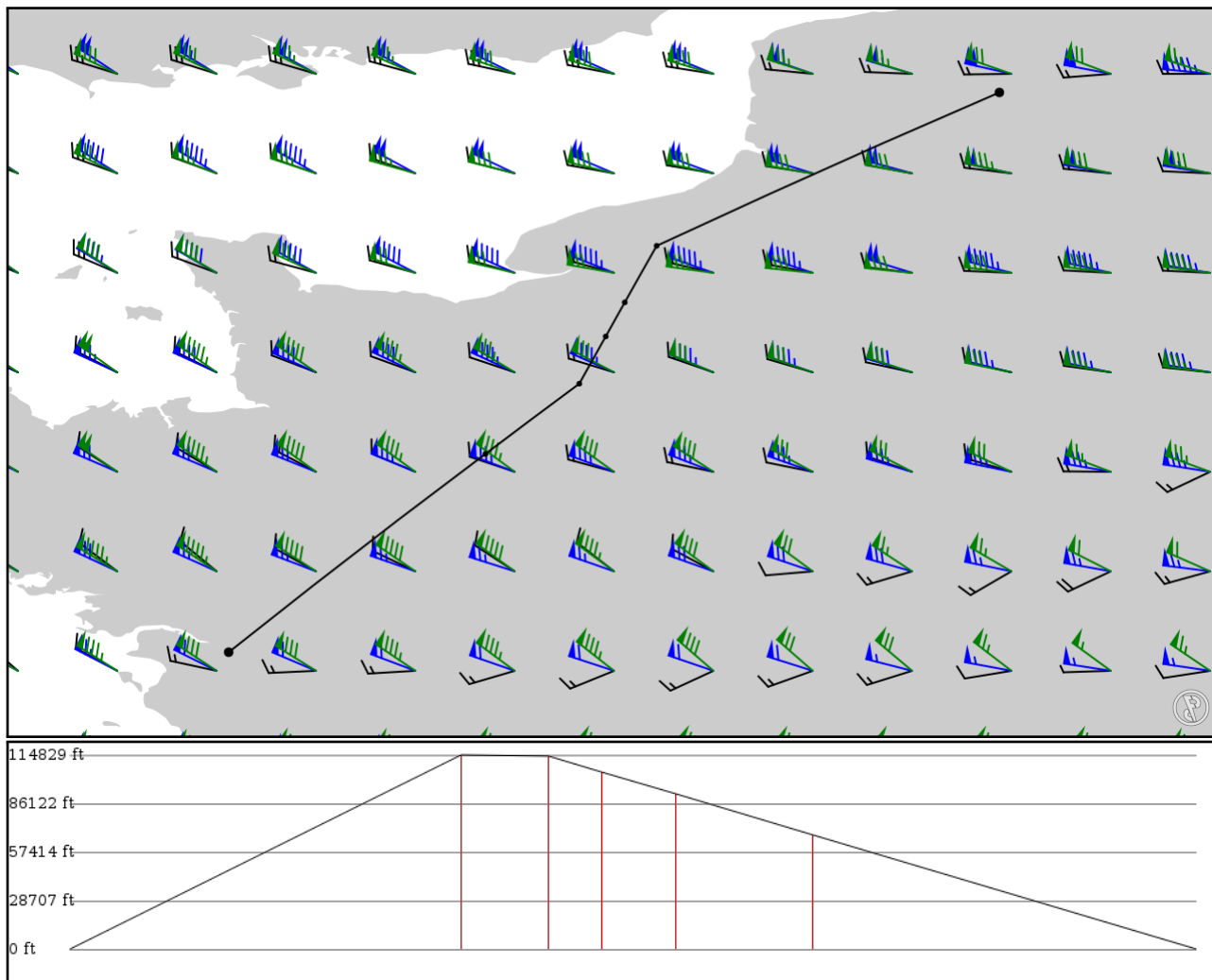


2024/05/16 0428Z

LFQQ OLMES **H20** LGL **UT190** GODIX LFRS

282.71 nm / 523.58 km



## Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes



## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
LFQQ APT	-	50.56630 3.09539	0 ft 0 m	-	Lille Lesquin
OLMES FIX	-	49.63140 1.00278	35,000 ft 10,668 m	98	-
ELBOX FIX	H20 AWY-LO	49.28640 0.80778	34,800 ft 10,607 m	22	-
EVROK FIX	H20 AWY-LO	49.07860 0.69167	31,900 ft 9,723 m	13	-
LGL VOR	H20 AWY-LO	48.79060 0.53028	28,000 ft 8,534 m	18	L'AIGLE
GODIX FIX	UT190 AWY-HI	48.36250 -0.04250	20,600 ft 6,279 m	34	-
LFRS APT	-	47.15320 -1.61072	0 ft 0 m	96	Nantes Atlantique Airport

## LFQQ

Region: FRANCE  
Timezone: EUROPE/PARIS  
Runways: 2

Elevation: 154 ft / 47 m  
Location: 50.566300 3.095390  
Magnetic Var: 1.589 E

## METAR

LFQQ 160400Z AUTO 07003KT 3900 -RA BR BKN003/// BKN015/// BKN024/// //CB 15/14 Q1003 TEMPO 2000 RA BKN005 BKN0

## TAF

TAF AMD LFQQ 160409Z 1604/1706 15007KT 9999 BKN025 TEMPO 1604/1610 2000 RA BKN003 BKN013CB BKN025 BECMG 1610/1612

## Frequencies

REC - 119.32 MHz - LILLE ATIS  
TWR - 118.55 MHz - LILLE TWR  
COM - 123.50 MHz - LILLE UNICOM

GND - 121.85 MHz - LILLE GND  
APP - 126.47 MHz - LILLE APP

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
08	146 ft	9,250 ft	77.36	ASPHALT	0 ft	0 ft
	45 m	2,819 m	75.77		0 m	0 m
26	146 ft	9,250 ft	257.39	ASPHALT	919 ft	0 ft
	45 m	2,819 m	255.80		280 m	0 m
02	98 ft	5,172 ft	14.83	ASPHALT	0 ft	0 ft
	30 m	1,576 m	13.24		0 m	0 m
20	98 ft	5,172 ft	194.84	ASPHALT	0 ft	0 ft
	30 m	1,576 m	193.25		0 m	0 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
08	LOC-ILS	LL	110.10 MHz	18 nm	77.13	-	135 ft
				33 km	75.54		135 m
26	LOC-ILS	LIL	110.75 MHz	18 nm	257.13	-	157 ft
				33 km	255.54		157 m
26	GS	LIL	110.75 MHz	10 nm	257.00	3.00	129 ft
				19 km	255.41		129 m

## LFRS

Region: FRANCE  
Timezone: EUROPE/PARIS  
Runways: 1

Elevation: 89 ft / 27 m  
Location: 47.153200 -1.610720  
Magnetic Var: 0.348 E

## METAR

LFRS 160400Z AUTO 13009KT 9999 SCT049 BKN058 09/09 Q1004 TEMPO 3000 SHRA SCT012 BKN020TCU

## TAF

TAF LFRS 152300Z 1600/1706 16005KT CAVOK TEMPO 1604/1622 3000 SHRA SCT012 BKN020TCU PROB30 TEMPO 1605/1607 BKN005

## Frequencies

REC - 126.92 MHz - NANTES ATIS  
APP - 124.42 MHz - NANTES APPROACH WEST  
GND - 121.65 MHz - NANTES GROUND  
APP - 124.25 MHz - NANTES APPROACH EAST  
TWR - 118.65 MHz - NANTES TOWER

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
03	147 ft	9,519 ft	27.33	ASPHALT	0 ft	0 ft
	45 m	2,901 m	26.99		0 m	0 m
21	147 ft	9,519 ft	207.35	ASPHALT	696 ft	0 ft
	45 m	2,901 m	207.00		212 m	0 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
03	DME	NT	109.90 MHz	27 nm	-	-	89 ft
				50 km	-		89 m
03	LOC-ILS	NT	109.90 MHz	18 nm	27.35	-	89 ft
				33 km	27.00		89 m
03	GS	NT	109.90 MHz	10 nm	27.35	3.00	89 ft
				19 km	27.00		89 m