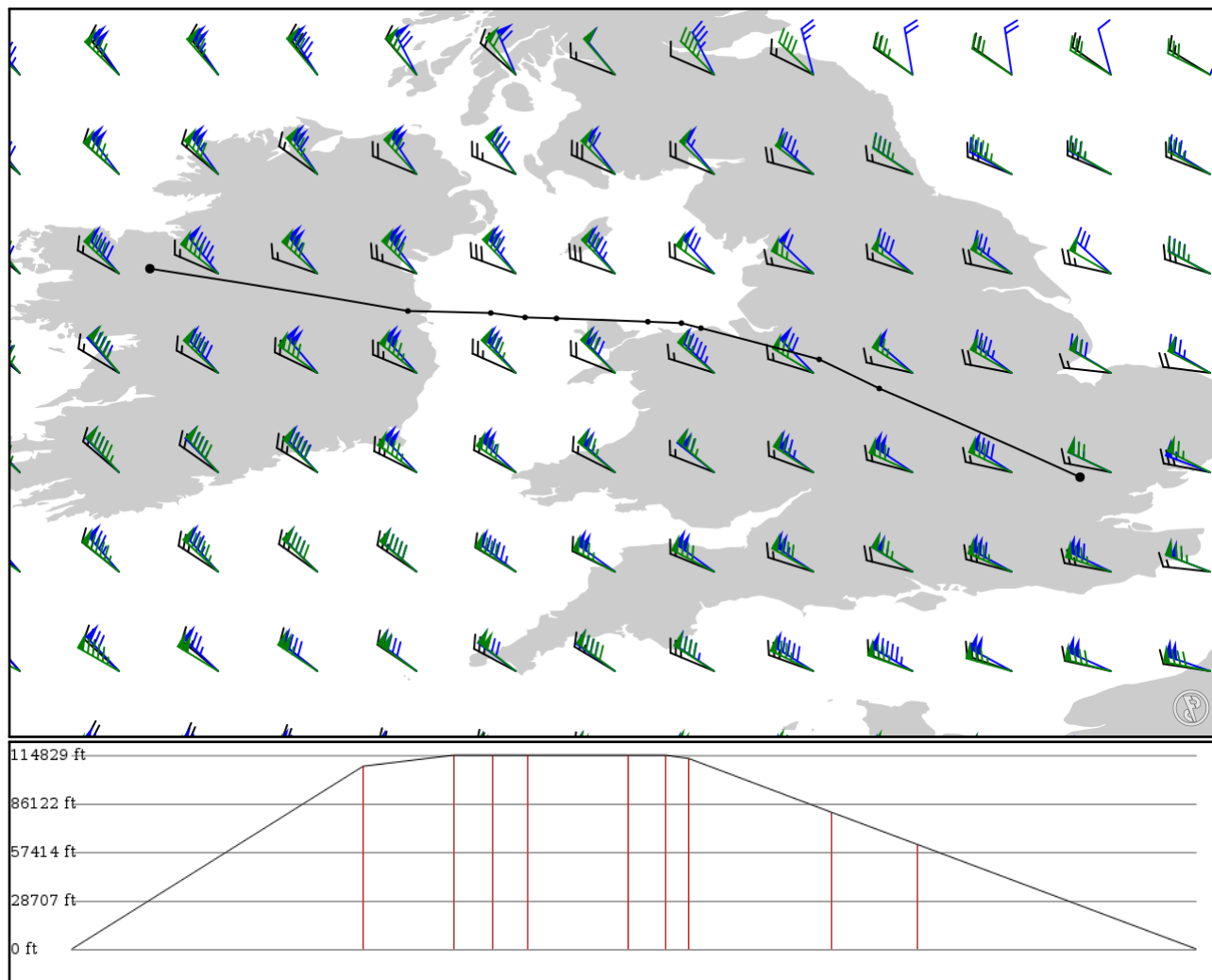


2024/05/03 0557Z

EIKN DUB **L975** LIFFY **Q36** NUGRA **Y53** PEDIG EGSS

356.53 nm / 660.28 km



## Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes

## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
EIKN APT	-	53.91030 -8.81811	0 ft 0 m	-	Ireland West
DUB VOR	-	53.49940 -6.30711	33,000 ft 10,058 m	92	DUBLIN
LIFFY FIX	L975 AWY-LO	53.48010 -5.50000	35,000 ft 10,668 m	28	-
RULAV FIX	Q36 AWY-HI	53.43720 -5.16694	35,000 ft 10,668 m	12	-
ABGEP FIX	Q36 AWY-HI	53.42750 -4.86111	35,000 ft 10,668 m	10	-
ALAVA FIX	Q36 AWY-HI	53.39530 -3.97139	35,000 ft 10,668 m	31	-
NOSLO FIX	Q36 AWY-HI	53.38170 -3.64500	35,000 ft 10,668 m	11	-
EPOXI FIX	Q36 AWY-HI	53.33310 -3.45500	34,400 ft 10,485 m	7	-
NUGRA FIX	Q36 AWY-HI	53.02940 -2.30389	24,700 ft 7,529 m	45	-
PEDIG FIX	Y53 AWY-LO	52.74670 -1.71944	18,900 ft 5,761 m	27	-
EGSS APT	-	51.88510 0.23499	0 ft 0 m	88	Stansted

## EGSS

Region: UNITED KINGDOM  
Timezone: EUROPE/LONDON  
Runways: 1

Elevation: 348 ft / 106 m  
Location: 51.885100 0.234989  
Magnetic Var: 0.575 E

## METAR

EGSS 030520Z AUTO 26007KT 3800 BR OVC003 09/09 Q1005

## TAF

TAF AMD EGSS 030149Z 0301/0406 26010KT 9999 BKN005 TEMPO 0301/0309 4000 RADZ BR BKN002 PROB30 TEMPO 0301/0304 +TSR

## Frequencies

DEP - 120.62 MHz - ESSEX RADAR	APP - 120.62 MHz - ESSEX RADAR
APP - 132.05 MHz - STANSTED APPROACH	CLD - 121.95 MHz - STANSTED CLEARANCE DELIVERY
GND - 121.72 MHz - STANSTED GROUND	TWR - 123.80 MHz - STANSTED TOWER
TWR - 125.55 MHz - STANSTED TOWER	APP - 136.20 MHz - STANSTED DIRECT
REC - 114.55 MHz - ATIS	REC - 127.17 MHz - ATIS

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
04	151 ft	9,984 ft	42.78	ASPHALT	974 ft	0 ft
	46 m	3,043 m	42.21		297 m	0 m
22	151 ft	9,984 ft	222.81	ASPHALT	0 ft	0 ft
	46 m	3,043 m	222.23		0 m	0 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
04	DME	ISED	110.50 MHz	18 nm	-	-	348 ft
				33 km	-		348 m
22	DME	ISX	110.50 MHz	18 nm	-	-	348 ft
				33 km	-		348 m
04	LOC-ILS	ISED	110.50 MHz	18 nm	42.80	-	348 ft
				33 km	42.22		348 m
22	LOC-ILS	ISX	110.50 MHz	18 nm	222.80	-	348 ft
				33 km	222.22		348 m
04	GS	ISED	110.50 MHz	10 nm	42.80	3.00	348 ft
				19 km	42.22		348 m
22	GS	ISX	110.50 MHz	10 nm	222.80	3.00	348 ft
				19 km	222.22		348 m