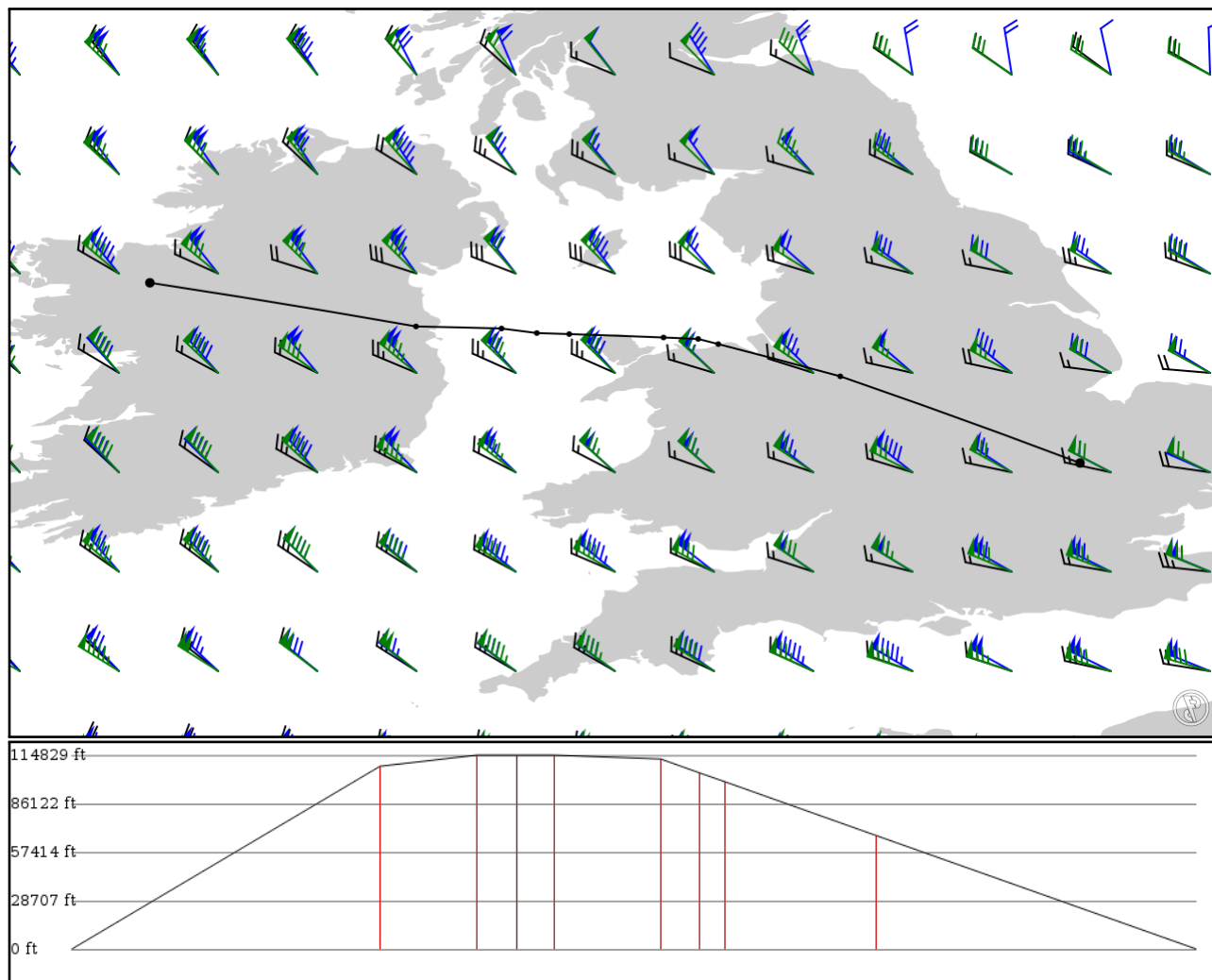


2024/05/29 0143Z

EIKN DUB **L975** LIFFY **Q36** NUGRA EGSN

336.88 nm / 623.90 km



Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes

Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
EIKN	-	53.91030	0 ft	-	Ireland West
APT	-	-8.81811	0 m		
DUB	-	53.49940	33,000 ft	92	DUBLIN
VOR	-	-6.30711	10,058 m		
LIFFY	L975	53.48010	35,000 ft	28	-
FIX	AWY-LO	-5.50000	10,668 m		
RULAV	Q36	53.43720	35,000 ft	12	-
FIX	AWY-HI	-5.16694	10,668 m		
ABGEP	Q36	53.42750	35,000 ft	10	-
FIX	AWY-HI	-4.86111	10,668 m		
ALAVA	Q36	53.39530	34,300 ft	31	-
FIX	AWY-HI	-3.97139	10,455 m		
NOSLO	Q36	53.38170	31,800 ft	11	-
FIX	AWY-HI	-3.64500	9,693 m		
EPOXI	Q36	53.33310	30,200 ft	7	-
FIX	AWY-HI	-3.45500	9,205 m		
NUGRA	Q36	53.02940	20,500 ft	45	-
FIX	AWY-HI	-2.30389	6,248 m		
EGSN	-	52.21280	0 ft	95	Bourn
APT	-	-0.04149	0 m		