



Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: no
- Use high airways: no

Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
CYQU	-	55.18215	0 ft	-	GRANDE PRAIRIE
APT	-	-118.88595	0 m		
5600N12000W	-	56.00000	6,100 ft	61	-
LATLON	-	-120.00000	1,859 m		
CYXJ	-	56.23842	0 ft	28	FORT ST JOHN
APT	-	-120.73999	0 m		

CYQU

Region: CANADA
Timezone: AMERICA/EDMONTON
Runways: 2

Elevation: 2,192 ft / 668 m
Location: 55.183100 -118.887000
Magnetic Var: 15.492 E

METAR

CYQU 141300Z 24007KT 25SM BKN180 09/M00 A2989 RMK AC6 SLP139

TAF

TAF CYQU 141240Z 1413/1501 25005KT P6SM SCT160 BKN240 FM141500 26015G25KT P6SM BKN100 BKN220 FM141800 26022KT P6S

Frequencies

REC - 128.60 MHz - ATIS

COM - 118.10 MHz - MF

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
12	148 ft	8,486 ft	134.90	ASPHALT	400 ft	0 ft
	45 m	2,586 m	119.41		122 m	0 m
30	148 ft	8,486 ft	314.92	ASPHALT	0 ft	0 ft
	45 m	2,586 m	299.43		0 m	0 m
07	200 ft	6,182 ft	89.86	ASPHALT	0 ft	0 ft
	61 m	1,884 m	74.37		0 m	0 m
25	200 ft	6,182 ft	269.88	ASPHALT	0 ft	0 ft
	61 m	1,884 m	254.39		0 m	0 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
30	LOC-ILS	IQU	109.90 MHz	18 nm	314.92	-	2,192 ft
				33 km	299.43		2,192 m
30	GS	IQU	109.90 MHz	10 nm	314.92	3.00	2,192 ft
				19 km	299.43		2,192 m

CYXJ

Region: CANADA
Timezone: AMERICA/DAWSON_CREEK
Runways: 2

Elevation: 2,276 ft / 694 m
Location: 56.238500 -120.740000
Magnetic Var: 16.154 E

METAR

CYXJ 141300Z 24013KT 60SM FEW120 BKN150 10/M01 A2984 RMK AC2AC5 SLP118

TAF

TAF CYXJ 141240Z 1413/1501 24012G22KT P6SM FEW120 BKN160 FM141500 24018KT P6SM SCT060 BKN120 FM142100 24020KT P6S

Frequencies

REC - 128.50 MHz - ATIS

TWR - 118.50 MHz - MF ST JOHN RDO

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
11	150 ft	6,854 ft	135.03	ASPHALT	105 ft	0 ft
	46 m	2,089 m	118.87		32 m	0 m
29	150 ft	6,854 ft	315.05	ASPHALT	0 ft	0 ft
	46 m	2,089 m	298.89		0 m	0 m
02	200 ft	6,685 ft	44.98	ASPHALT	0 ft	0 ft
	61 m	2,038 m	28.82		0 m	0 m
20	200 ft	6,685 ft	225.00	ASPHALT	197 ft	0 ft
	61 m	2,038 m	208.84		60 m	0 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
29	LOC-ILS	IXJ	109.50 MHz	18 nm	315.04	-	2,276 ft
				33 km	298.89		2,276 m
29	GS	IXJ	109.50 MHz	10 nm	315.04	3.00	2,276 ft
				19 km	298.89		2,276 m