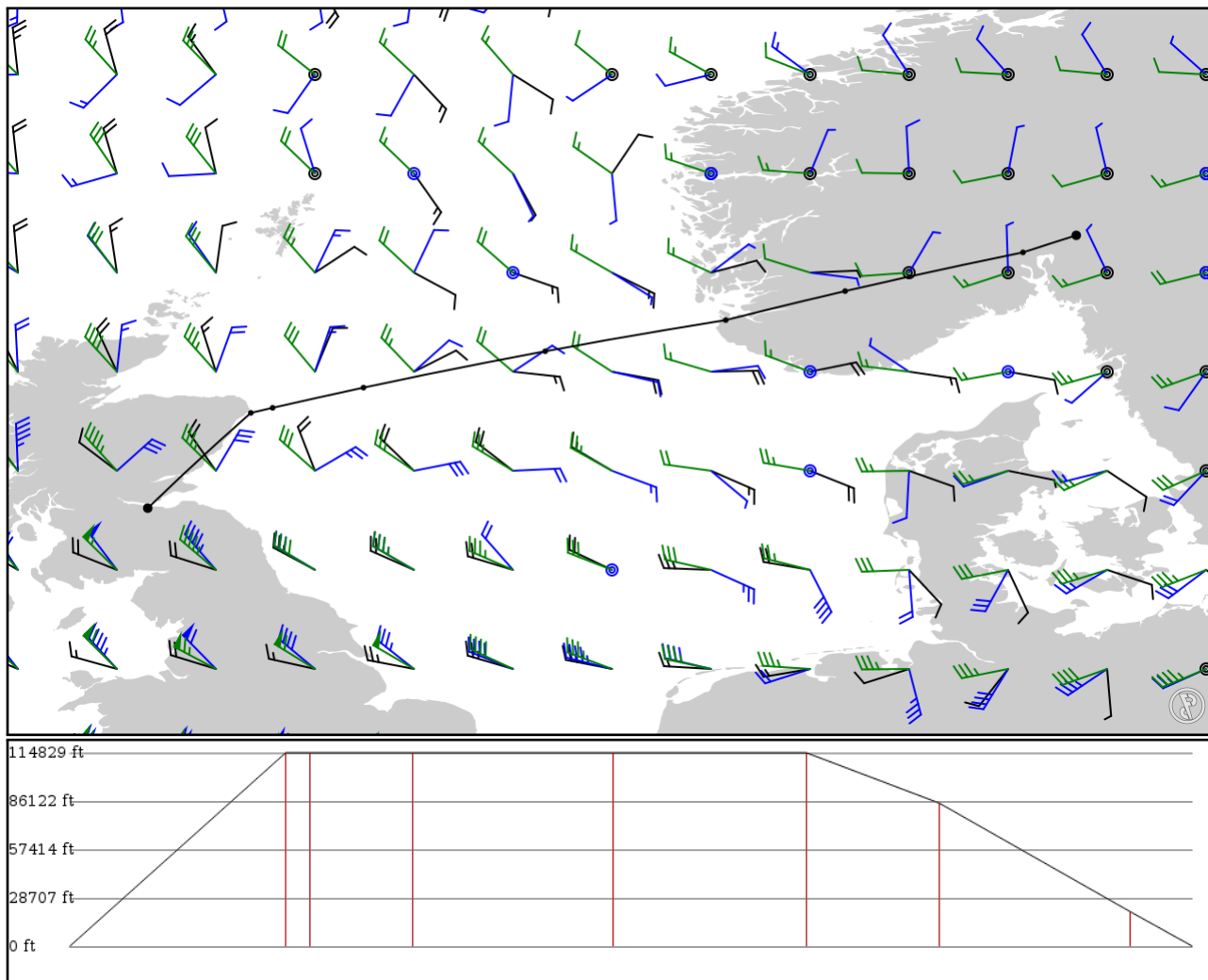


2024/05/03 0235Z

EGPH DENOG TROUT **P600D** KLONN **UP600** ZOL **P600** TRF ENGM

537.80 nm / 996.01 km



Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes

Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
EGPH APT	-	55.94869 -3.35972	0 ft 0 m	-	Edinburgh
DENOG FIX	-	57.43139 -1.75444	35,000 ft 10,668 m	103	-
TROUT FIX	-	57.51000 -1.41500	35,000 ft 10,668 m	11	-
NADIR FIX	P600D AWY-LO	57.82417 0.00000	35,000 ft 10,668 m	49	-
KLONN FIX	P600D AWY-LO	58.39000 2.82889	35,000 ft 10,668 m	95	-
ZOL VOR	UP600 AWY-HI	58.87506 5.64015	35,000 ft 10,668 m	92	SOLA VOR-DME
SOTIR FIX	P600 AWY-LO	59.32639 7.50000	25,900 ft 7,894 m	63	-
TRF NDB	P600 AWY-LO	59.92918 10.26931	6,300 ft 1,920 m	91	TYRIFJORD NDB
ENGM APT	-	60.19451 11.09900	0 ft 0 m	29	Oslo Gardermoen

EGPH

Region: UNITED KINGDOM
Timezone: EUROPE/LONDON
Runways: 1

Elevation: 136 ft / 41 m
Location: 55.950000 -3.372500
Magnetic Var: 1.219 W

METAR

EGPH 030220Z 32001KT CAVOK 05/05 Q1009

TAF

TAF AMD EGPB 030059Z 0301/0324 06009KT 9999 SCT020 TEMPO 0301/0306 8000 PROB30 TEMPO 0301/0315 BKN014 PROB40 TEMPO

Frequencies

APP - 121.20 MHz - EDINBURGH APPROACH
TWR - 118.70 MHz - EDINBURGH TOWER

GND - 121.75 MHz - EDINBURGH GROUND
REC - 131.35 MHz - EDINBURGH INFORMATION

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
06	150 ft	8,369 ft	58.80	ASPHALT	692 ft	190 ft
	46 m	2,551 m	60.01		211 m	58 m
24	150 ft	8,369 ft	238.82	ASPHALT	682 ft	194 ft
	46 m	2,551 m	240.04		208 m	59 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
06	DME	IVG	108.90 MHz	18 nm	-	-	123 ft
				33 km	-		123 m
24	DME	ITH	108.90 MHz	18 nm	-	-	123 ft
				33 km	-		123 m
06	LOC-ILS	IVG	108.90 MHz	18 nm	58.81	-	136 ft
				33 km	60.03		136 m
24	LOC-ILS	ITH	108.90 MHz	18 nm	238.81	-	136 ft
				33 km	240.03		136 m
06	GS	IVG	108.90 MHz	10 nm	58.81	3.00	136 ft
				19 km	60.03		136 m
24	GS	ITH	108.90 MHz	10 nm	238.81	3.00	136 ft
				19 km	240.03		136 m

ENGM

Region: NORWAY
Timezone: EUROPE/OSLO
Runways: 2

Elevation: 681 ft / 208 m
Location: 60.194500 11.098900
Magnetic Var: 4.477 E

METAR

ENGM 030220Z 01004KT CAVOK 04/00 Q1020

TAF

TAF ENGM 022300Z 0300/0324 03007KT CAVOK

Frequencies

REC - 126.12 MHz - GARDERMOEN ARRIVAL INFORMATION
CLD - 121.67 MHz - GARDERMOEN DELIVERY WEST
GND - 121.75 MHz - GARDERMOEN GROUND
GND - 121.90 MHz - GARDERMOEN GROUND EAST
TWR - 120.10 MHz - GARDERMOEN TOWER
APP - 120.45 MHz - OSLO APPROACH

REC - 127.15 MHz - GARDERMOEN DEPARTURE INFORMATION
CLD - 121.92 MHz - GARDERMOEN DELIVERY EAST
GND - 121.60 MHz - GARDERMOEN GROUND WEST
TWR - 118.30 MHz - GARDERMOEN TOWER
APP - 118.47 MHz - OSLO APPROACH

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
01R	148 ft	9,664 ft	16.01	ASPHALT	0 ft	486 ft
	45 m	2,946 m	11.53		0 m	148 m
19L	148 ft	9,664 ft	196.02	ASPHALT	0 ft	489 ft
	45 m	2,946 m	191.54		0 m	149 m
01L	148 ft	11,797 ft	15.99	ASPHALT	0 ft	423 ft
	45 m	3,596 m	11.52		0 m	129 m
19R	148 ft	11,797 ft	196.01	ASPHALT	0 ft	486 ft
	45 m	3,596 m	191.53		0 m	148 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
01L	DME	OBW	110.30 MHz	18 nm	-	-	709 ft
				33 km	-		709 m
01R	DME	ONE	111.95 MHz	18 nm	-	-	723 ft
				33 km	-		723 m
19L	DME	GME	110.55 MHz	18 nm	-	-	729 ft
				33 km	-		729 m
19R	DME	GSW	111.30 MHz	18 nm	-	-	727 ft
				33 km	-		727 m
01L	LOC-ILS	OBW	110.30 MHz	18 nm	16.00	-	681 ft
				33 km	11.52		681 m
01R	LOC-ILS	ONE	111.95 MHz	18 nm	16.04	-	681 ft
				33 km	11.56		681 m
19L	LOC-ILS	GME	110.55 MHz	18 nm	196.04	-	681 ft
				33 km	191.56		681 m
19R	LOC-ILS	GSW	111.30 MHz	18 nm	196.00	-	681 ft
				33 km	191.52		681 m
01L	GS	OBW	110.30 MHz	10 nm	16.00	3.00	681 ft
				19 km	11.52		681 m
01R	GS	ONE	111.95 MHz	10 nm	16.04	3.00	681 ft
				19 km	11.56		681 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
19L	GS	GME	110.55 MHz	10 nm	196.04	3.00	681 ft
				19 km	191.56		681 m
19R	GS	GSW	111.30 MHz	10 nm	196.00	3.00	681 ft
				19 km	191.52		681 m