

KSEA

Seattle-Tacoma Intl

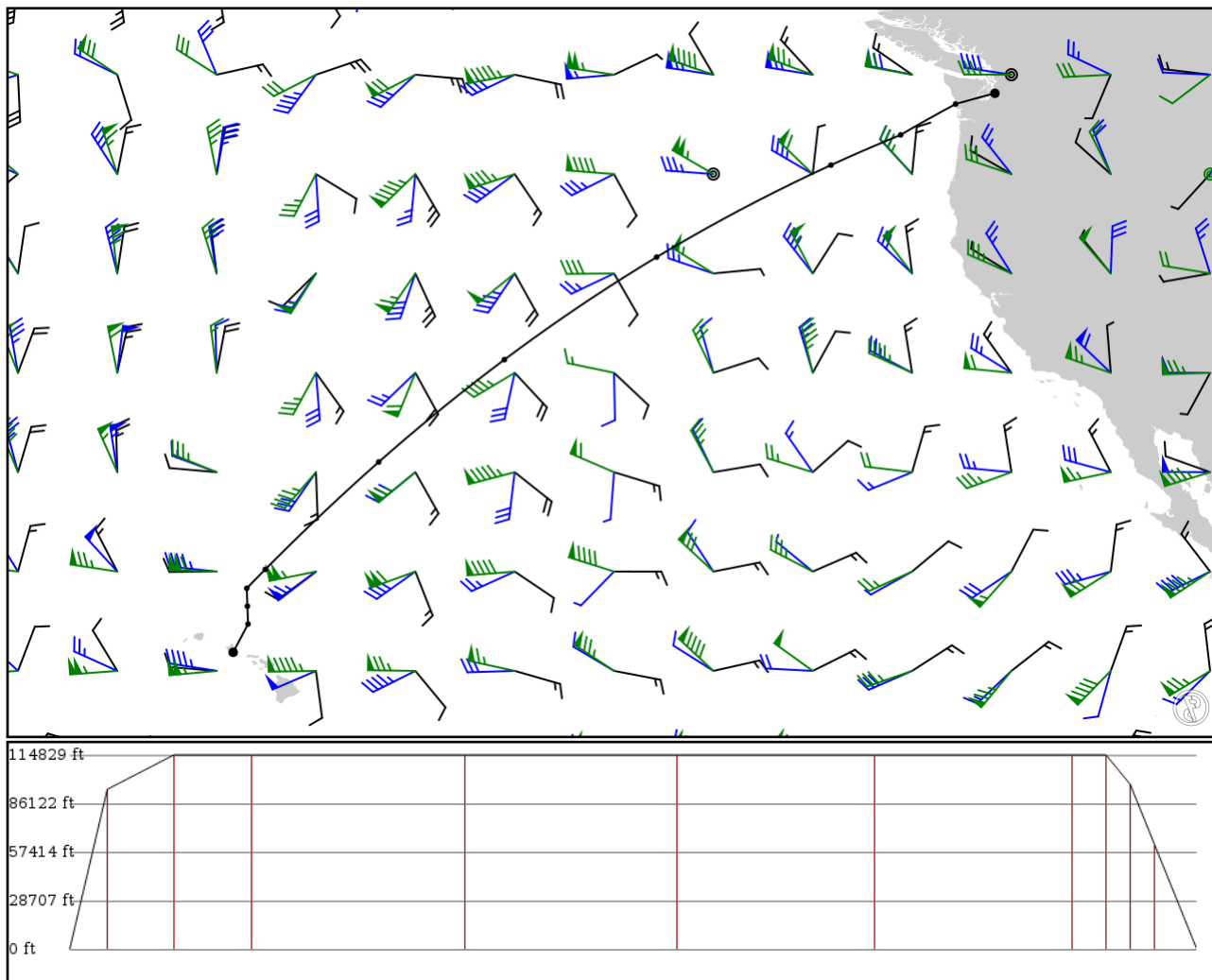
PHNL

Daniel K. Inouye International Airport

2024/05/01 1214Z

KSEA HQM C1418 SEDAR A331 ZIGIE V7 ATINE PHNL

2357.49 nm / 4366.08 km



Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: no
- Use PACOTS: no
- Use low airways: no
- Use high airways: yes

Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
KSEA	-	47.45020	0 ft	-	Seattle-Tacoma Intl
APT	-	-122.31200	0 m	-	
HQM	-	46.94700	28,800 ft	80	HOQUIAM
VOR	-	-124.14900	8,778 m	-	
SEDAR	C1418	45.50710	35,000 ft	137	-
FIX	AWY-HI	-126.71700	10,668 m	-	
ZANNG	A331	44.09280	35,000 ft	162	-
FIX	AWY-HI	-129.97700	10,668 m	-	
ZAGER	A331	39.79280	35,000 ft	445	-
FIX	AWY-HI	-138.12400	10,668 m	-	
ZINNO	A331	35.00000	35,000 ft	444	-
FIX	AWY-HI	-145.24200	10,668 m	-	
ZEMOM	A331	30.21560	35,000 ft	413	-
FIX	AWY-HI	-151.11700	10,668 m	-	
ZOULU	A331	25.19580	35,000 ft	412	-
FIX	AWY-HI	-156.42100	10,668 m	-	
ZIGIE	A331	24.31370	35,000 ft	70	-
FIX	AWY-HI	-157.28500	10,668 m	-	
BERLE	V7	23.47810	29,700 ft	50	-
FIX	AWY-HI	-157.25600	9,053 m	-	
ATINE	V7	22.64110	18,900 ft	50	-
FIX	AWY-HI	-157.22400	5,761 m	-	
PHNL	-	21.31940	0 ft	88	Daniel K. Inouye International Airport
APT	-	-157.92100	0 m	-	

KSEA

Region: UNITED STATES
Timezone: AMERICA/LOS_ANGELES
Runways: 3

Elevation: 432 ft / 132 m
Location: 47.450200 -122.312000
Magnetic Var: 14.778 E

METAR

KSEA 011153Z 14006KT 10SM FEW015 SCT120 04/03 A3023 RMK AO2 SLP245 70002 T00440028 10083 20044 51004

TAF

KSEA 011130Z 0112/0218 13005KT P6SM FEW015 FM011600 22006KT P6SM BKN050 BKN100 FM020100 22009KT P6SM BKN100 FM0200

Frequencies

REC - 118.00 MHz - SEATTLE ATIS
GND - 121.70 MHz - SEATTLE GROUND
TWR - 120.95 MHz - SEATTLE TOWER
DEP - 120.10 MHz - SEATTLE DEPARTURE
CLD - 128.00 MHz - SEATTLE CLEARANCE
TWR - 119.90 MHz - SEATTLE TOWER
APP - 133.65 MHz - SEATTLE APPROACH

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
16L	151 ft	11,904 ft	180.35	CONCRETE	0 ft	400 ft
	46 m	3,628 m	165.57		0 m	122 m
34R	151 ft	11,904 ft	0.35	CONCRETE	0 ft	400 ft
	46 m	3,628 m	345.57		0 m	122 m
16C	151 ft	9,428 ft	180.34	CONCRETE	0 ft	400 ft
	46 m	2,874 m	165.57		0 m	122 m
34C	151 ft	9,428 ft	0.34	CONCRETE	0 ft	397 ft
	46 m	2,874 m	345.57		0 m	121 m
16R	151 ft	8,502 ft	180.34	CONCRETE	0 ft	200 ft
	46 m	2,591 m	165.56		0 m	61 m
34L	151 ft	8,502 ft	0.34	CONCRETE	0 ft	197 ft
	46 m	2,591 m	345.56		0 m	60 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
16C	DME	ISZI	111.70 MHz	18 nm	-	-	470 ft
				33 km	-		470 m
16L	DME	ISNQ	110.30 MHz	18 nm	-	-	369 ft
				33 km	-		369 m
16R	DME	ICJL	110.75 MHz	18 nm	-	-	410 ft
				33 km	-		410 m
34C	DME	ITUC	111.70 MHz	18 nm	-	-	470 ft
				33 km	-		470 m
34L	DME	IB EJ	110.75 MHz	18 nm	-	-	410 ft
				33 km	-		410 m
34R	DME	ISEA	110.30 MHz	18 nm	-	-	469 ft
				33 km	-		469 m
16C	LOC-ILS	ISZI	111.70 MHz	18 nm	180.34	-	355 ft
				33 km	165.56		355 m
16L	LOC-ILS	ISNQ	110.30 MHz	18 nm	180.34	-	338 ft
				33 km	165.57		338 m
16R	LOC-ILS	ICJL	110.75 MHz	18 nm	180.34	-	410 ft
				33 km	165.56		410 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
34C	LOC-ILS	ITUC	111.70 MHz	18 nm	0.34	-	422 ft
				33 km	345.56		422 m
34L	LOC-ILS	IBEJ	110.75 MHz	18 nm	0.34	-	433 ft
				33 km	345.56		433 m
34R	LOC-ILS	ISEA	110.30 MHz	18 nm	0.34	-	428 ft
				33 km	345.57		428 m
16C	GS	ISZI	111.70 MHz	10 nm	180.67	3.00	418 ft
				19 km	165.90		418 m
16L	GS	ISNQ	110.30 MHz	10 nm	180.69	3.00	425 ft
				19 km	165.91		425 m
16R	GS	ICJL	110.75 MHz	10 nm	180.67	3.00	410 ft
				19 km	165.89		410 m
34C	GS	ITUC	111.70 MHz	10 nm	0.67	3.00	367 ft
				19 km	345.90		367 m
34L	GS	IBEJ	110.75 MHz	10 nm	0.67	3.00	360 ft
				19 km	345.89		360 m
34R	GS	ISEA	110.30 MHz	10 nm	0.69	2.75	355 ft
				19 km	345.91		355 m

PHNL

Region: USA (HAWAII)
Timezone: PACIFIC/HONOLULU
Runways: 4

Elevation: 13 ft / 4 m
Location: 21.319400 -157.921000
Magnetic Var: 9.260 E

METAR

PHNL 011153Z 35003KT 10SM FEW025 FEW038 SCT070 23/20 A3000

TAF

TAF PHNL 011120Z 0112/0218 VRB05KT P6SM FEW020 BKN045 FM012000 09011KT P6SM FEW025 SCT050 FM020600 07008KT P6SM F

Frequencies

REC - 127.90 MHz - ATIS	TWR - 118.10 MHz - HONOLULU TOWER
TWR - 123.90 MHz - HONOLULU TOWER	GND - 121.90 MHz - HONOLULU GROUND
CLD - 121.40 MHz - CLEARANCE DELIVERY	APP - 118.30 MHz - HCF APPROACH
DEP - 124.80 MHz - HCF DEPARTURE	DEP - 124.80 MHz - HCF DEPARTURE

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
04L	150 ft	6,961 ft	52.84	ASPHALT	0 ft	0 ft
	46 m	2,122 m	43.58		0 m	0 m
22R	150 ft	6,961 ft	232.85	ASPHALT	0 ft	0 ft
	46 m	2,122 m	223.59		0 m	0 m
04R	150 ft	9,010 ft	52.85	ASPHALT	0 ft	194 ft
	46 m	2,746 m	43.59		0 m	59 m
22L	150 ft	9,010 ft	232.86	ASPHALT	0 ft	197 ft
	46 m	2,746 m	223.60		0 m	60 m
08R	200 ft	11,987 ft	90.01	ASPHALT	0 ft	558 ft
	61 m	3,654 m	80.75		0 m	170 m
26L	200 ft	11,987 ft	270.02	ASPHALT	0 ft	554 ft
	61 m	3,654 m	260.76		0 m	169 m
08L	150 ft	12,297 ft	90.00	ASPHALT	0 ft	469 ft
	46 m	3,748 m	80.74		0 m	143 m
26R	150 ft	12,297 ft	270.01	ASPHALT	0 ft	696 ft
	46 m	3,748 m	260.75		0 m	212 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
04R	DME	IIUM	110.50 MHz	18 nm	-	-	21 ft
				33 km	-		21 m
26L	DME	IEPC	109.10 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
26L	LOC-LOC	IEPC	109.10 MHz	18 nm	304.00	-	13 ft
				33 km	294.74		13 m
04R	GS	IIUM	110.50 MHz	10 nm	52.85	3.00	13 ft
				19 km	43.59		13 m
08L	GS	IHNL	111.70 MHz	10 nm	90.01	3.01	13 ft
				19 km	80.75		13 m