

# KJFK

John F. Kennedy Intl

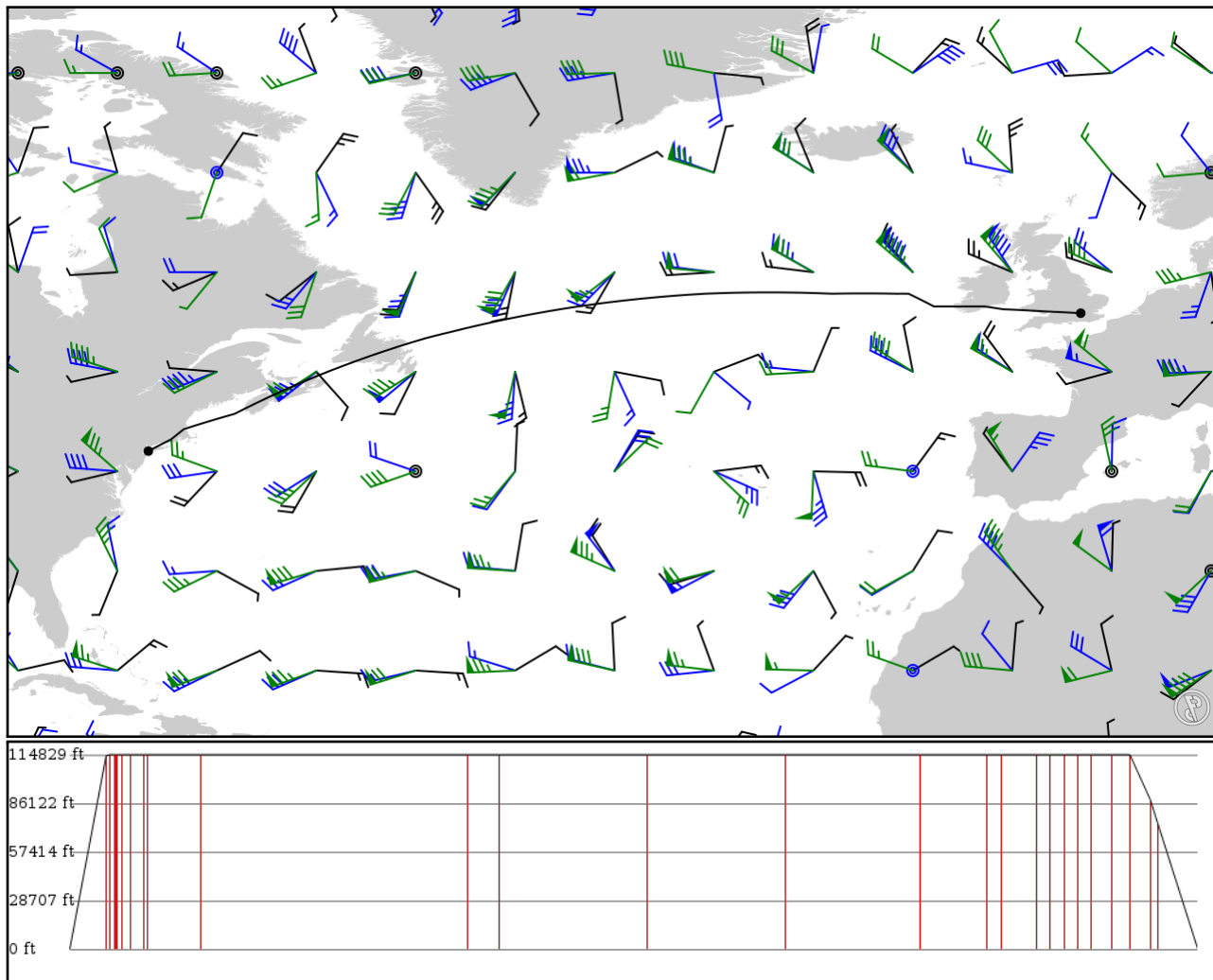
# EGLL

London Heathrow

2024/06/05 0053Z

KJFK ORW **V16** BOS **J575** TUSKY **N316A** ELSIR **Z** GISTI 5200N01200W 5200N01100W 5200N01000W 5200N0900W  
5200N0800W EVRIN **UL607** NUMPO EGLL

3019.39 nm / 5591.91 km



## Notes

Using NAT tracks from 15/4/2021

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes

- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes

## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
KJFK APT	-	40.64010 -73.77650	0 ft 0 m	-	John F. Kennedy Intl
ORW VOR	-	41.55640 -71.99940	34,800 ft 10,607 m	97	NORWICH
JEWIT FIX	V16 AWY-LO	41.69610 -71.82590	35,000 ft 10,668 m	11	-
FOSTY FIX	V16 AWY-LO	41.84320 -71.64200	35,000 ft 10,668 m	12	-
HEFTY FIX	V16 AWY-LO	41.90530 -71.56400	35,000 ft 10,668 m	5	-
WOONS FIX	V16 AWY-LO	41.95060 -71.50700	35,000 ft 10,668 m	3	-
MILIS FIX	V16 AWY-LO	42.10520 -71.31160	35,000 ft 10,668 m	12	-
BOS VOR	V16 AWY-LO	42.35740 -70.98950	35,000 ft 10,668 m	20	BOSTON
SCUPP FIX	J575 AWY-HI	42.60310 -70.23040	35,000 ft 10,668 m	36	-
CANAL FIX	J575 AWY-HI	42.66900 -70.02270	35,000 ft 10,668 m	9	-
TUSKY FIX	J575 AWY-HI	43.56500 -67.00000	35,000 ft 10,668 m	143	-
ELSIR FIX	N316A AWY-HI	49.50000 -52.00000	35,000 ft 10,668 m	713	-
50/50 LATLON	Z NAT	50.00000 -50.00000	35,000 ft 10,668 m	83	-
52/40 LATLON	Z NAT	52.00000 -40.00000	35,000 ft 10,668 m	396	-
53/30 LATLON	Z NAT	53.00000 -30.00000	35,000 ft 10,668 m	370	-
53/20 LATLON	Z NAT	53.00000 -20.00000	35,000 ft 10,668 m	361	-
MALOT FIX	Z NAT	53.00000 -15.00000	35,000 ft 10,668 m	180	-
GISTI FIX	Z NAT	53.00000 -14.00000	35,000 ft 10,668 m	36	-
5200N01200W LATLON	- -	52.00000 -12.00000	35,000 ft 10,668 m	94	-
5200N01100W LATLON	- -	52.00000 -11.00000	35,000 ft 10,668 m	36	-
5200N01000W LATLON	- -	52.00000 -10.00000	35,000 ft 10,668 m	36	-
5200N0900W LATLON	- -	52.00000 -9.00000	35,000 ft 10,668 m	36	-
5200N0800W LATLON	- -	52.00000 -8.00000	35,000 ft 10,668 m	36	-
EVRIIN FIX	- -	51.78220 -6.56333	35,000 ft 10,668 m	54	-
NEKAP FIX	UL607 AWY-HI	51.72640 -5.29056	35,000 ft 10,668 m	47	-
ABDUK FIX	UL607 AWY-HI	51.64280 -3.80028	26,800 ft 8,169 m	55	-
NUMPO	UL607	51.61000	22,600 ft	19	-

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
FIX	AWY-HI	-3.28361	6,888 m		
EGLL	-	51.47120	0 ft	105	London Heathrow
APT	-	-0.46088	0 m		

## KJFK

Region: UNITED STATES  
Timezone: AMERICA/NEW\_YORK  
Runways: 4

Elevation: 12 ft / 4 m  
Location: 40.640100 -73.776500  
Magnetic Var: 12.818 W

## METAR

KJFK 042351Z 13007KT 10SM FEW070 BKN250 20/16 A3000 RMK A02 SLP160 T02000161 10256 20200 53001 \$

## TAF

TAF KJFK 042322Z 0500/0606 14010KT P6SM FEW080 SCT250 FM050100 16007KT 6SM BR FEW080 SCT250 FM050400 18004KT 1SM B

## Frequencies

REC - 115.40 MHz - D-ATIS	REC - 117.70 MHz - D-ATIS
REC - 128.72 MHz - D-ATIS	COM - 122.95 MHz - UNICOM
CLD - 135.05 MHz - CLEARANCE DELIVERY	GND - 121.90 MHz - KENNEDY GROUND
GND - 121.65 MHz - KENNEDY GROUND	TWR - 119.10 MHz - KENNEDY TOWER
TWR - 123.90 MHz - KENNEDY TOWER	APP - 125.70 MHz - NEW YORK APPROACH
APP - 128.12 MHz - NEW YORK APPROACH	APP - 118.40 MHz - NEW YORK APPROACH
APP - 123.70 MHz - NEW YORK APPROACH	APP - 126.80 MHz - NEW YORK APPROACH
APP - 132.40 MHz - NEW YORK APPROACH	APP - 134.35 MHz - NEW YORK APPROACH
DEP - 135.90 MHz - NEW YORK DEPARTURE	DEP - 123.70 MHz - NEW YORK DEPARTURE
DEP - 124.75 MHz - NEW YORK DEPARTURE	DEP - 134.35 MHz - NEW YORK DEPARTURE

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
13R	200 ft	14,526 ft	120.83	CONCRETE	2,057 ft	390 ft
	61 m	4,428 m	133.65		627 m	119 m
31L	200 ft	14,526 ft	300.86	CONCRETE	3,271 ft	495 ft
	61 m	4,428 m	313.68		997 m	151 m
13L	151 ft	10,010 ft	120.85	CONCRETE	912 ft	387 ft
	46 m	3,051 m	133.67		278 m	118 m
31R	151 ft	10,010 ft	300.87	CONCRETE	1,037 ft	177 ft
	46 m	3,051 m	313.69		316 m	54 m
04R	200 ft	8,407 ft	30.67	ASPHALT	0 ft	440 ft
	61 m	2,562 m	43.48		0 m	134 m
22L	200 ft	8,407 ft	210.68	ASPHALT	0 ft	505 ft
	61 m	2,562 m	223.49		0 m	154 m
04L	200 ft	12,091 ft	30.67	CONCRETE	459 ft	200 ft
	61 m	3,685 m	43.48		140 m	61 m
22R	200 ft	12,091 ft	210.68	CONCRETE	3,425 ft	407 ft
	61 m	3,685 m	223.50		1,044 m	124 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
04L	DME	IHIQ	110.90 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
04R	DME	IJFK	109.50 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
13L	DME	ITLK	111.50 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
22L	DME	IIWY	110.90 MHz	18 nm	-	-	13 ft
				33 km	-		13 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
22R	DME	IJOC	109.50 MHz	18 nm 33 km	- -	-	13 ft 13 m
31R	DME	IRTH	111.50 MHz	18 nm 33 km	- -	-	13 ft 13 m
04L	LOC-ILS	IHIQ	110.90 MHz	18 nm 33 km	30.68 43.50	-	12 ft 12 m
04R	LOC-ILS	IJFK	109.50 MHz	18 nm 33 km	30.67 43.49	-	12 ft 12 m
13L	LOC-ILS	ITLK	111.50 MHz	18 nm 33 km	120.87 133.69	-	12 ft 12 m
22L	LOC-ILS	IIWY	110.90 MHz	18 nm 33 km	210.67 223.49	-	12 ft 12 m
22R	LOC-ILS	IJOC	109.50 MHz	18 nm 33 km	210.68 223.50	-	12 ft 12 m
31L	LOC-ILS	IMOH	111.35 MHz	18 nm 33 km	300.84 313.66	-	12 ft 12 m
31R	LOC-ILS	IRTH	111.50 MHz	18 nm 33 km	300.87 313.69	-	12 ft 12 m
04L	GS	IHIQ	110.90 MHz	10 nm 19 km	30.68 43.50	3.00	12 ft 12 m
04R	GS	IJFK	109.50 MHz	10 nm 19 km	30.67 43.49	3.00	12 ft 12 m
13L	GS	ITLK	111.50 MHz	10 nm 19 km	120.87 133.69	3.00	12 ft 12 m
22L	GS	IIWY	110.90 MHz	10 nm 19 km	210.67 223.49	3.00	12 ft 12 m
22R	GS	IJOC	109.50 MHz	10 nm 19 km	210.68 223.50	3.00	12 ft 12 m
31L	GS	IMOH	111.35 MHz	10 nm 19 km	300.84 313.66	3.00	12 ft 12 m
31R	GS	IRTH	111.50 MHz	10 nm 19 km	300.87 313.69	3.00	12 ft 12 m

## EGLL

Region: UNITED KINGDOM  
Timezone: EUROPE/LONDON  
Runways: 2

Elevation: 83 ft / 25 m  
Location: 51.471200 -0.460881  
Magnetic Var: 0.388 E

## METAR

EGLL 050020Z AUTO 28004KT 9999 NCD 10/08 Q1012 NOSIG

## TAF

TAF EGLL 042256Z 0500/0606 31006KT 9999 SCT040

## Frequencies

REC - 128.07 MHz - HEATHROW INFORMATION	REC - 121.92 MHz - HEATHROW INFORMATION
CLD - 121.97 MHz - HEATHROW DELIVERY	GND - 121.70 MHz - HEATHROW GROUND
GND - 121.85 MHz - HEATHROW GROUND	GND - 121.90 MHz - HEATHROW GROUND
TWR - 118.50 MHz - HEATHROW TOWER	TWR - 118.70 MHz - HEATHROW TOWER
TWR - 124.47 MHz - HEATHROW TOWER	APP - 119.72 MHz - HEATHROW DIRECTOR
APP - 120.40 MHz - HEATHROW DIRECTOR	APP - 134.97 MHz - HEATHROW DIRECTOR
APP - 125.62 MHz - HEATHROW RADAR	APP - 127.52 MHz - HEATHROW RADAR
DEP - 120.52 MHz - HEATHROW DEPARTURE	

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
09L	164 ft	12,770 ft	89.66	ASPHALT	1,007 ft	0 ft
	50 m	3,892 m	89.27		307 m	0 m
27R	164 ft	12,770 ft	269.70	ASPHALT	0 ft	177 ft
	50 m	3,892 m	269.32		0 m	54 m
09R	164 ft	11,975 ft	89.68	ASPHALT	1,004 ft	0 ft
	50 m	3,650 m	89.29		306 m	0 m
27L	164 ft	11,975 ft	269.72	ASPHALT	0 ft	95 ft
	50 m	3,650 m	269.33		0 m	29 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
09L	DME	IAA	110.30 MHz	18 nm	-	-	89 ft
				33 km	-		89 m
09R	DME	IBB	109.50 MHz	18 nm	-	-	84 ft
				33 km	-		84 m
27L	DME	ILL	109.50 MHz	18 nm	-	-	84 ft
				33 km	-		84 m
27R	DME	IRR	110.30 MHz	18 nm	-	-	89 ft
				33 km	-		89 m
09L	LOC-ILS	IAA	110.30 MHz	18 nm	89.68	-	83 ft
				33 km	89.29		83 m
09R	LOC-ILS	IBB	109.50 MHz	18 nm	89.70	-	83 ft
				33 km	89.31		83 m
27L	LOC-ILS	ILL	109.50 MHz	18 nm	269.70	-	83 ft
				33 km	269.31		83 m
27R	LOC-ILS	IRR	110.30 MHz	18 nm	269.68	-	83 ft
				33 km	269.29		83 m
09L	GS	IAA	110.30 MHz	10 nm	89.68	3.00	83 ft
				19 km	89.29		83 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
09R	GS	IBB	109.50 MHz	10 nm	89.70	3.00	83 ft
				19 km	89.31		83 m
27L	GS	ILL	109.50 MHz	10 nm	269.70	3.00	83 ft
				19 km	269.31		83 m
27R	GS	IRR	110.30 MHz	10 nm	269.68	3.00	83 ft
				19 km	269.29		83 m