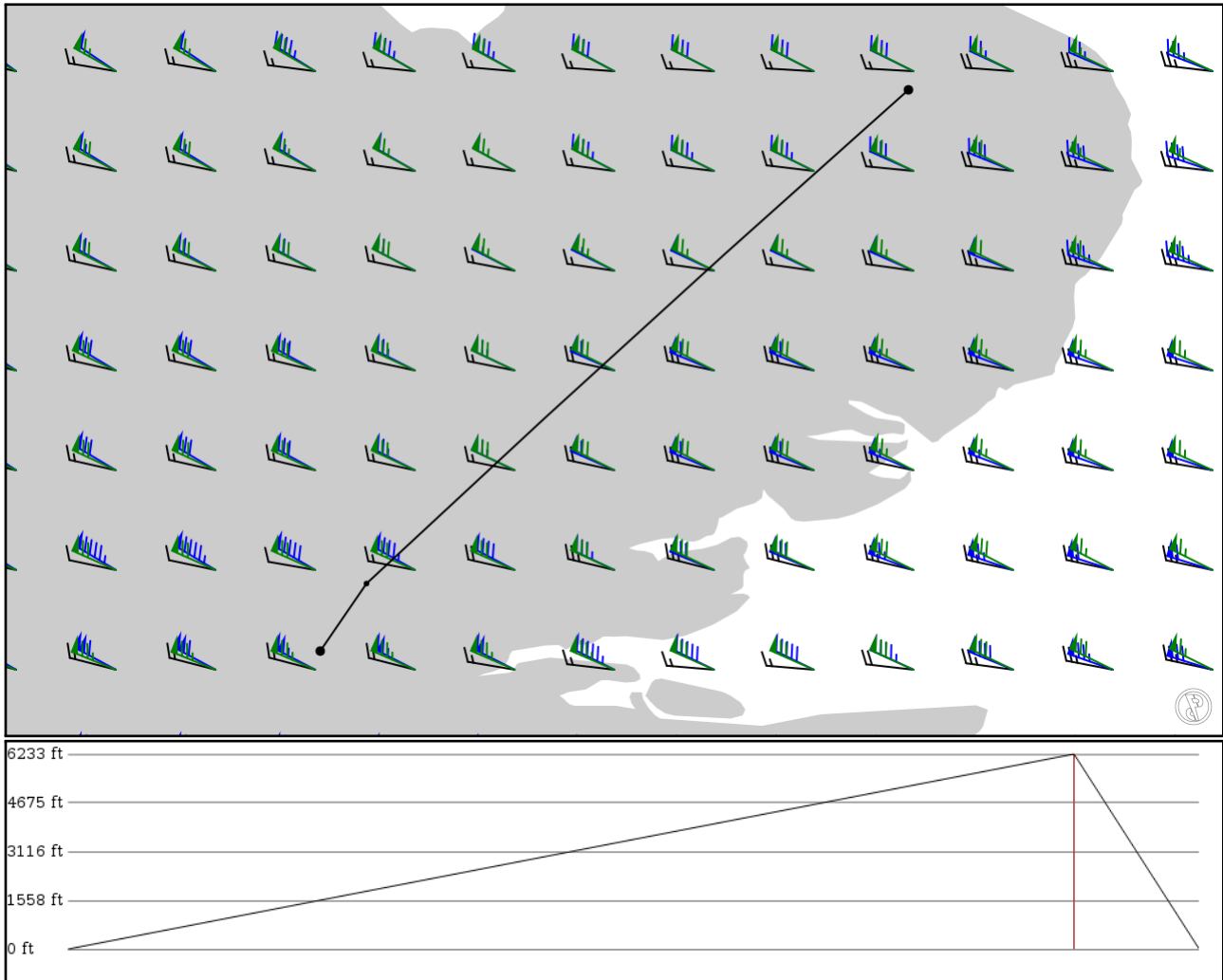


2024/05/16 0518Z

EGSH LAM EGLC

83.77 nm / 155.14 km



## Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: no



## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
EGSH	-	52.67590	0 ft	-	Norwich
APT	-	1.28265	0 m		
LAM	-	51.64600	1,900 ft	74	LAMBOURNE
VOR	-	0.15170	579 m		
EGLC	-	51.50520	0 ft	9	London City
APT	-	0.05518	0 m		

## EGSH

Region: UNITED KINGDOM  
Timezone: EUROPE/LONDON  
Runways: 1

Elevation: 117 ft / 36 m  
Location: 52.675900 1.282650  
Magnetic Var: 0.875 E

## METAR

EGSH 160450Z VRB01KT 0300 R27/0600 FG OVC000 12/12 Q1005 NOSIG

## TAF

UNKNOWN

## Frequencies

REC - 128.63 MHz - NORWICH INFORMATION  
APP - 119.35 MHz - NORWICH APPROACH

TWR - 124.25 MHz - NORWICH TOWER

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
09	148 ft	5,990 ft	89.27	ASPHALT	0 ft	0 ft
	45 m	1,826 m	88.39		0 m	0 m
27	148 ft	5,990 ft	269.29	ASPHALT	0 ft	26 ft
	45 m	1,826 m	268.42		0 m	8 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
27	DME	INH	110.90 MHz	18 nm	-	-	137 ft
				33 km	-		137 m
27	LOC-ILS	INH	110.90 MHz	18 nm	269.28	-	117 ft
				33 km	268.40		117 m
27	GS	INH	110.90 MHz	10 nm	269.28	3.00	117 ft
				19 km	268.40		117 m

## EGLC

Region: UNITED KINGDOM  
Timezone: EUROPE/LONDON  
Runways: 1

Elevation: 19 ft / 6 m  
Location: 51.505200 0.055176  
Magnetic Var: 0.551 E

## METAR

EGLC 160450Z AUTO 35003KT 300V060 0300 R09/0350N FG VV/// 12/12 Q1005

## TAF

UNKNOWN

## Frequencies

APP - 132.70 MHz - THAMES RADAR  
GND - 121.82 MHz - CITY GROUND  
TWR - 129.45 MHz - CITY TOWER

REC - 136.35 MHz - CITY ATIS  
TWR - 118.07 MHz - CITY TOWER

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
09	98 ft	4,916 ft	92.88	ASPHALT	315 ft	190 ft
	30 m	1,498 m	92.33		96 m	58 m
27	98 ft	4,916 ft	272.90	ASPHALT	230 ft	302 ft
	30 m	1,498 m	272.35		70 m	92 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
09	DME	ILST	111.15 MHz	18 nm	-	-	48 ft
				33 km	-		48 m
27	DME	ILSR	111.15 MHz	18 nm	-	-	48 ft
				33 km	-		48 m
09	LOC-ILS	ILST	111.15 MHz	18 nm	92.89	-	19 ft
				33 km	92.34		19 m
27	LOC-ILS	ILSR	111.15 MHz	18 nm	272.89	-	19 ft
				33 km	272.34		19 m
09	GS	ILST	111.15 MHz	10 nm	92.89	5.50	19 ft
				19 km	92.34		19 m
27	GS	ILSR	111.15 MHz	10 nm	272.89	5.50	19 ft
				19 km	272.34		19 m