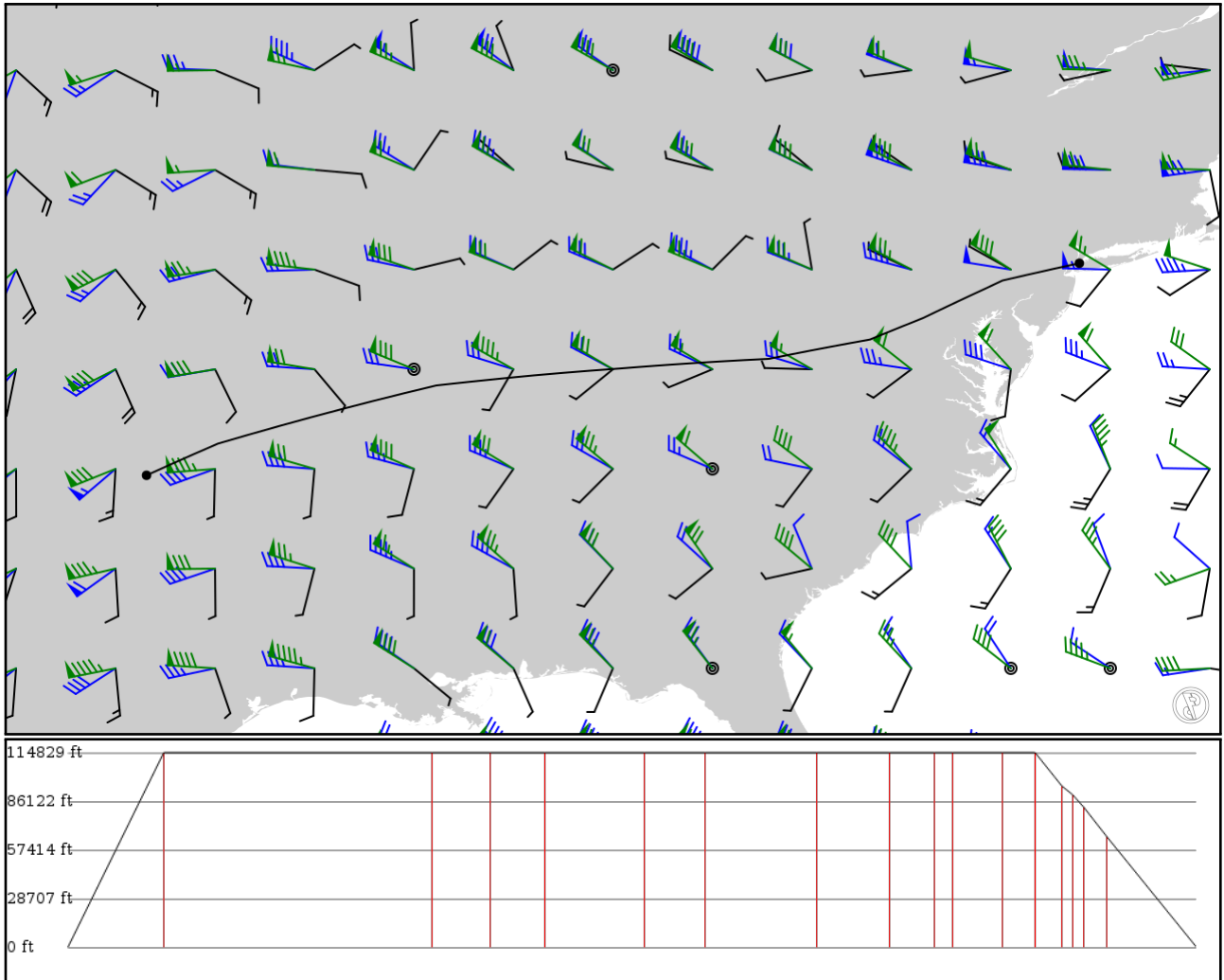


2024/06/07 1014Z

KOKC TUL **J78** FAM **J112** IIU **J78** HVQ **J6** HOUTN KLGA

1181.56 nm / 2188.25 km



## Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 300kts
- Descent Rate: 2500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: no
- Use PACOTS: yes
- Use low airways: no
- Use high airways: yes

## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
KOKC APT	-	35.39261 -97.60226	0 ft 0 m	-	WILL ROGERS WORLD
TUL VOR	-	36.19625 -95.78808	35,000 ft 10,668 m	100	TULSA VORTAC
FAM VOR	J78 AWY-HI	37.67347 -90.23406	35,000 ft 10,668 m	280	FARMINGTON VORTAC
PLESS FIX	J112 AWY-HI	37.80958 -88.96319	35,000 ft 10,668 m	60	-
PXV DME	J112 AWY-HI	37.92832 -87.76238	35,000 ft 10,668 m	57	POCKET CITY VORTAC
IIU VOR	J112 AWY-HI	38.10347 -85.57744	35,000 ft 10,668 m	103	LOUISVILLE VORTAC
DACOS FIX	J78 AWY-HI	38.20421 -84.24104	35,000 ft 10,668 m	63	-
HVQ VOR	J78 AWY-HI	38.34967 -81.76992	35,000 ft 10,668 m	116	CHARLESTON VORTAC
PERKS FIX	J6 AWY-HI	38.66134 -80.17482	35,000 ft 10,668 m	77	-
COLNS FIX	J6 AWY-HI	38.84041 -79.19684	35,000 ft 10,668 m	47	-
EYTEE FIX	J6 AWY-HI	38.97923 -78.85912	35,000 ft 10,668 m	17	-
MRB VOR	J6 AWY-HI	39.38558 -77.84836	35,000 ft 10,668 m	53	MARTINSBURG VORTAC
HYPER FIX	J6 AWY-HI	39.68393 -77.22509	35,000 ft 10,668 m	33	-
FLIRT FIX	J6 AWY-HI	39.92875 -76.70425	29,000 ft 8,839 m	28	-
SAAME FIX	J6 AWY-HI	40.03106 -76.48400	27,400 ft 8,352 m	11	-
LRP VOR	J6 AWY-HI	40.11997 -76.29131	25,200 ft 7,681 m	10	LANCASTER VORTAC
HOUTN FIX	J6 AWY-HI	40.33769 -75.82734	19,900 ft 6,066 m	24	-
KLGA APT	-	40.77724 -73.87261	0 ft 0 m	93	La Guardia

## KOKC

Region: UNITED STATES  
Timezone: AMERICA/CHICAGO  
Runways: 4

Elevation: 1,293 ft / 394 m  
Location: 35.392600 -97.602300  
Magnetic Var: 3.086 E

## METAR

KOKC 070952Z 13004KT 10SM BKN110 BKN250 22/19 A2994 RMK A02 SLP122 T02220189

## TAF

TAF KOKC 070520Z 0706/0806 10007KT P6SM FEW120 BKN250 FM071700 17015G25KT P6SM SCT050 SCT250 FM080100 15014KT P6S

## Frequencies

REC - 125.85 MHz - ATIS  
GND - 121.90 MHz -  
TWR - 120.25 MHz - ROGERS TWR  
APP - 124.20 MHz - OKE CITY APP/DEP  
CLD - 124.35 MHz - CLNC DEL  
TWR - 119.35 MHz - ROGERS TWR  
APP - 120.45 MHz - OKE CITY APP/DEP  
APP - 124.60 MHz - OKE CITY APP/DEP

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
17L	151 ft	9,812 ft	179.96	CONCRETE	0 ft	203 ft
	46 m	2,991 m	176.88		0 m	62 m
35R	151 ft	9,812 ft	359.96	CONCRETE	0 ft	190 ft
	46 m	2,991 m	356.88		0 m	58 m
17R	151 ft	9,809 ft	179.96	CONCRETE	0 ft	256 ft
	46 m	2,990 m	176.87		0 m	78 m
35L	151 ft	9,809 ft	359.96	CONCRETE	0 ft	249 ft
	46 m	2,990 m	356.87		0 m	76 m
13	151 ft	7,806 ft	135.20	ASPHALT	0 ft	200 ft
	46 m	2,379 m	132.12		0 m	61 m
31	151 ft	7,806 ft	315.21	ASPHALT	0 ft	194 ft
	46 m	2,379 m	312.13		0 m	59 m
18	75 ft	3,080 ft	179.99	ASPHALT	0 ft	0 ft
	23 m	939 m	176.90		0 m	0 m
36	75 ft	3,080 ft	359.99	ASPHALT	0 ft	0 ft
	23 m	939 m	356.90		0 m	0 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
17L	DME	IEXR	110.90 MHz	18 nm	-	-	1,295 ft
				33 km	-		1,295 m
17R	DME	IOKC	110.70 MHz	18 nm	-	-	1,268 ft
				33 km	-		1,268 m
35L	DME	ILIK	110.70 MHz	18 nm	-	-	1,268 ft
				33 km	-		1,268 m
35R	DME	IRGR	110.90 MHz	18 nm	-	-	1,304 ft
				33 km	-		1,304 m
17L	LOC-ILS	IEXR	110.90 MHz	18 nm	179.96	-	1,293 ft
				33 km	176.87		1,293 m
17R	LOC-ILS	IOKC	110.70 MHz	18 nm	179.96	-	1,293 ft
				33 km	176.87		1,293 m
35L	LOC-ILS	ILIK	110.70 MHz	18 nm	356.96	-	1,293 ft
				33 km	353.87		1,293 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
35R	LOC-ILS	IRGR	110.90 MHz	18 nm 33 km	356.96 353.87	-	1,293 ft 1,293 m
17L	GS	IEXR	110.90 MHz	10 nm 19 km	179.96 176.87	3.00	1,293 ft 1,293 m
17R	GS	IOKC	110.70 MHz	10 nm 19 km	179.96 176.87	3.00	1,293 ft 1,293 m
35L	GS	ILIK	110.70 MHz	10 nm 19 km	356.96 353.87	3.00	1,293 ft 1,293 m
35R	GS	IRGR	110.90 MHz	10 nm 19 km	356.96 353.87	3.00	1,293 ft 1,293 m

## KLGA

Region: UNITED STATES  
Timezone: AMERICA/NEW\_YORK  
Runways: 2

Elevation: 21 ft / 6 m  
Location: 40.777200 -73.872600  
Magnetic Var: 12.800 W

## METAR

KLGA 070951Z 30003KT 10SM SCT040 SCT050 SCT060 20/18 A2956 RMK A02 SLP011 T02000178 \$

## TAF

KLGA 070830Z 0709/0812 31005KT P6SM SCT100 FM071500 26008KT P6SM SCT080 FM071700 23011KT P6SM SCT080 FM072200 290

## Frequencies

REC - 125.95 MHz - ATIS ARRIVAL	REC - 127.05 MHz - ATIS DEPARTURE
TWR - 118.70 MHz - LAGUARDIA TOWER	GND - 121.70 MHz - LAGUARDIA GROUND
GND - 121.85 MHz - LAGUARDIA GROUND	GND - 127.67 MHz - LAGUARDIA GROUND
CLD - 121.87 MHz - LAGUARDIA CLEARANCE	CLD - 135.20 MHz - LAGUARDIA CLEARANCE
COM - 122.95 MHz - LAGUARDIA UNICOM	APP - 132.70 MHz - NEW YORK APPROACH
APP - 120.05 MHz - NEW YORK APPROACH	APP - 120.80 MHz - NEW YORK APPROACH
APP - 124.95 MHz - NEW YORK APPROACH	APP - 127.30 MHz - NEW YORK APPROACH
APP - 128.80 MHz - NEW YORK APPROACH	DEP - 120.40 MHz - NEW YORK DEPARTURE
DEP - 124.45 MHz - NEW YORK DEPARTURE	DEP - 127.05 MHz - NEW YORK DEPARTURE

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
04	150 ft	7,006 ft	32.03	ASPHALT	0 ft	322 ft
	46 m	2,135 m	44.83		0 m	98 m
22	150 ft	7,006 ft	212.04	ASPHALT	0 ft	98 ft
	46 m	2,135 m	224.84		0 m	30 m
13	150 ft	6,994 ft	122.24	ASPHALT	0 ft	95 ft
	46 m	2,132 m	135.04		0 m	29 m
31	150 ft	6,994 ft	302.25	ASPHALT	0 ft	374 ft
	46 m	2,132 m	315.05		0 m	114 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
13	DME	IGDI	108.50 MHz	18 nm	-	-	22 ft
				33 km	-		22 m
31	DME	IPZV	108.50 MHz	18 nm	-	-	22 ft
				33 km	-		22 m
04	LOC-ILS	ILGA	110.50 MHz	18 nm	32.04	-	21 ft
				33 km	44.84		21 m
13	LOC-ILS	IGDI	108.50 MHz	18 nm	122.25	-	21 ft
				33 km	135.05		21 m
22	LOC-ILS	IURD	110.50 MHz	18 nm	212.04	-	21 ft
				33 km	224.84		21 m
31	LOC-LOC	IPZV	108.50 MHz	18 nm	302.25	-	21 ft
				33 km	315.05		21 m
04	GS	ILGA	110.50 MHz	10 nm	32.04	3.10	21 ft
				19 km	44.84		21 m
13	GS	IGDI	108.50 MHz	10 nm	122.25	3.10	21 ft
				19 km	135.05		21 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
22	GS	IURD	110.50 MHz	10 nm	212.04	3.00	21 ft
				19 km	224.84		21 m