

EGSH

Norwich

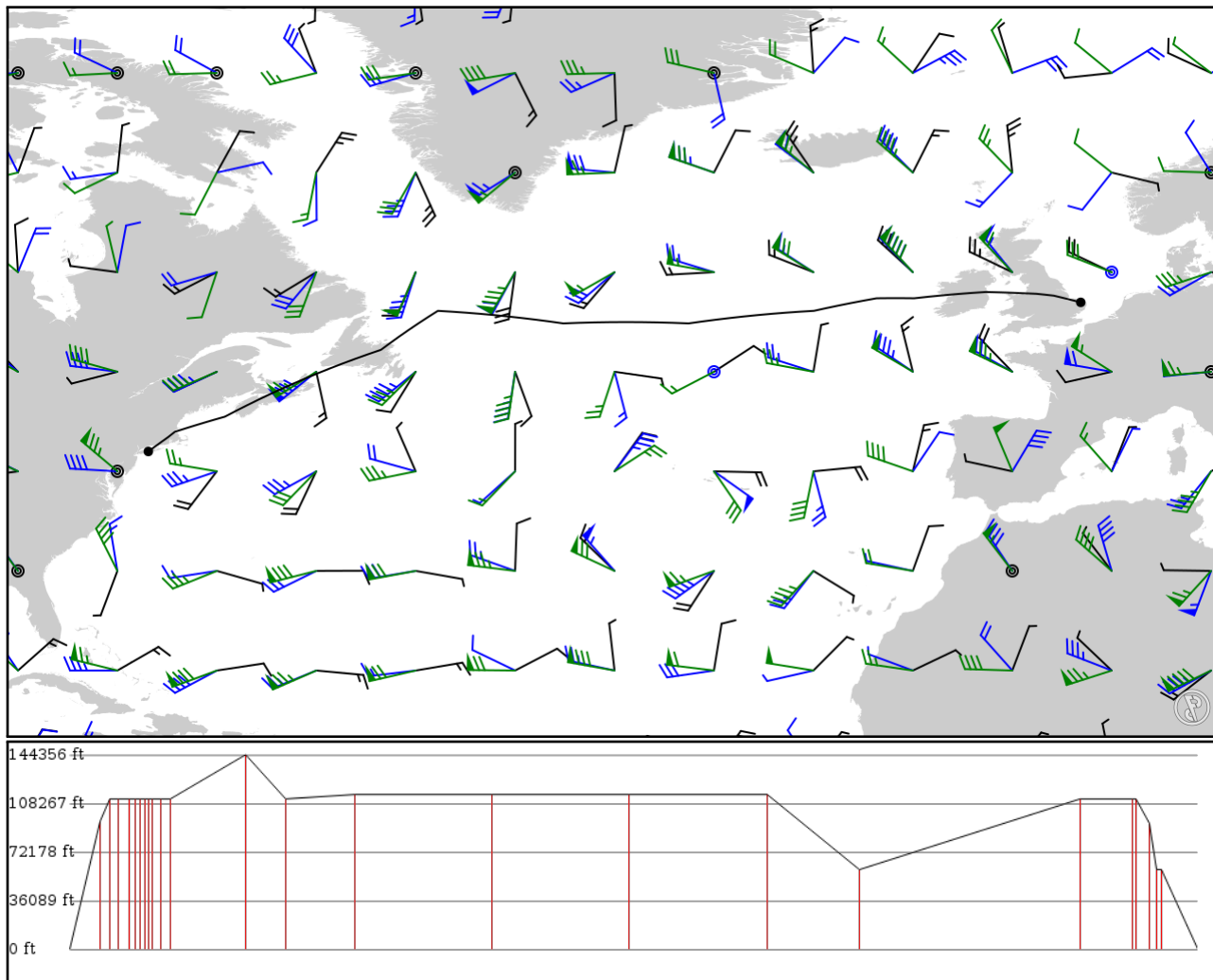
KISP

Long Island Mac Arthur

2024/05/20 0911Z

EGSH NAPEX **UM16** WAL **UL975** DUB **UN536** BURAK **UL9** MALOT **A** +52.000_--50.000 5250N **5E52** YQX **N124B** TUSKY
J575 BOS **V16** WOONS KISP

3107.14 nm / 5754.42 km



Notes

Using NAT tracks from 2/1/2017

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes

- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes

Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
EGSH APT	-	52.67686 1.28449	0 ft 0 m	-	Norwich
NAPEX FIX	-	53.20639 -0.86111	28,900 ft 8,809 m	83	-
DISAL FIX	UM16 AWY-HI	53.29139 -1.63083	34,000 ft 10,363 m	28	-
MCT VOR	UM16 AWY-HI	53.35694 -2.26222	34,000 ft 10,363 m	22	MANCHESTER VOR-DME
WAL VOR	UM16 AWY-HI	53.39194 -3.13444	34,000 ft 10,363 m	31	WALLASEY VOR-DME
MALUD FIX	UL975 AWY-HI	53.41333 -3.60833	34,000 ft 10,363 m	17	-
ROLEX FIX	UL975 AWY-HI	53.42833 -3.96778	34,000 ft 10,363 m	12	-
LYNAS FIX	UL975 AWY-HI	53.44250 -4.33333	34,000 ft 10,363 m	13	-
NATKO FIX	UL975 AWY-HI	53.45333 -4.63528	34,000 ft 10,363 m	10	-
GINIS FIX	UL975 AWY-HI	53.46083 -4.85806	34,000 ft 10,363 m	7	-
LIFFY FIX	UL975 AWY-HI	53.48000 -5.50000	34,000 ft 10,363 m	22	-
DUB VOR	UL975 AWY-HI	53.49937 -6.30711	34,000 ft 10,363 m	28	DUBLIN VOR-DME
BURAK FIX	UN536 AWY-HI	53.00000 -12.00000	44,000 ft 13,411 m	206	-
MALOT FIX	UL9 AWY-HI	53.00000 -15.00000	34,000 ft 10,363 m	108	-
+52.000_--20.000 LATLON	A NAT	52.00000 -20.00000	35,000 ft 10,668 m	192	-
+51.000_--30.000 LATLON	A NAT	51.00000 -30.00000	35,000 ft 10,668 m	378	-
+51.000_--40.000 LATLON	A NAT	51.00000 -40.00000	35,000 ft 10,668 m	377	-
+52.000_--50.000 LATLON	A NAT	52.00000 -50.00000	35,000 ft 10,668 m	378	-
5250N FIX	- -	52.00000 -50.00000	35,000 ft 10,668 m	0	-
YQX VOR	5E52 AWY-LO	48.89958 -54.53500	18,000 ft 5,486 m	254	GANDER VOR-DME
TUSKY FIX	N124B AWY-HI	43.56500 -67.00000	34,000 ft 10,363 m	607	-
CANAL FIX	J575 AWY-HI	42.66903 -70.02271	34,000 ft 10,363 m	143	-
SCUPP FIX	J575 AWY-HI	42.60306 -70.23037	34,000 ft 10,363 m	9	-
BOS VOR	J575 AWY-HI	42.35744 -70.98956	28,500 ft 8,687 m	36	BOSTON VOR-DME
MILIS FIX	V16 AWY-LO	42.10516 -71.31156	18,000 ft 5,486 m	20	-
WOONS FIX	V16 AWY-LO	41.95058 -71.50704	18,000 ft 5,486 m	12	-
KISP APT	- -	40.79528 -73.09936	0 ft 0 m	99	Long Island Mac Arthur

EGSH

Region: UNITED KINGDOM
Timezone: EUROPE/LONDON
Runways: 1

Elevation: 117 ft / 36 m
Location: 52.675900 1.282650
Magnetic Var: 0.877 E

METAR

EGSH 200850Z 01008KT 320V050 9999 BKN014 13/09 Q1016 BECMG FEW045

TAF

UNKNOWN

Frequencies

REC - 128.63 MHz - NORWICH INFORMATION TWR - 124.25 MHz - NORWICH TOWER
APP - 119.35 MHz - NORWICH APPROACH

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
09	148 ft	5,990 ft	89.27	ASPHALT	0 ft	0 ft
	45 m	1,826 m	88.39		0 m	0 m
27	148 ft	5,990 ft	269.29	ASPHALT	0 ft	26 ft
	45 m	1,826 m	268.41		0 m	8 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
27	DME	INH	110.90 MHz	18 nm	-	-	137 ft
				33 km	-		137 m
27	LOC-ILS	INH	110.90 MHz	18 nm	269.28	-	117 ft
				33 km	268.40		117 m
27	GS	INH	110.90 MHz	10 nm	269.28	3.00	117 ft
				19 km	268.40		117 m

KISP

Region: UNITED STATES

Timezone: AMERICA/NEW_YORK

Runways: 3

Elevation: 99 ft / 30 m

Location: 40.796200 -73.099500

Magnetic Var: 13.145 W

METAR

KISP 200856Z AUTO 05005KT 10SM CLR 11/11 A3002 RMK A02 SLP165 T01110106 56003

TAF

KISP 200841Z 2009/2106 VRB04KT P6SM SCT015 FM201000 VRB04KT P6SM BKN015 FM201700 15007KT P6SM SCT030 FM210100 VRB

Frequencies

REC - 120.72 MHz - ATIS

CLD - 121.85 MHz - CLEARANCE DELIVERY

GND - 135.30 MHz - LONG ISLAND GROUND

DEP - 120.05 MHz - NEW YORK DEPARTURE

COM - 122.95 MHz - UNICOM

TWR - 119.30 MHz - LONG ISLAND TOWER

APP - 120.05 MHz - NEW YORK APPROACH

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
06	150 ft	7,004 ft	44.88	ASPHALT	0 ft	200 ft
	46 m	2,135 m	58.03		0 m	61 m
24	150 ft	7,004 ft	224.90	ASPHALT	0 ft	200 ft
	46 m	2,135 m	238.04		0 m	61 m
15R	150 ft	5,184 ft	135.13	ASPHALT	0 ft	0 ft
	46 m	1,580 m	148.28		0 m	0 m
33L	150 ft	5,184 ft	315.14	ASPHALT	0 ft	200 ft
	46 m	1,580 m	328.29		0 m	61 m
15L	75 ft	3,174 ft	135.10	ASPHALT	0 ft	0 ft
	23 m	967 m	148.25		0 m	0 m
33R	75 ft	3,174 ft	315.11	ASPHALT	0 ft	0 ft
	23 m	967 m	328.25		0 m	0 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
06	LOC-ILS	IISP	108.30 MHz	18 nm	44.89	-	99 ft
				33 km	58.04		99 m
24	LOC-ILS	IRXN	108.30 MHz	18 nm	224.89	-	99 ft
				33 km	238.04		99 m
06	GS	IISP	108.30 MHz	10 nm	44.89	3.00	99 ft
				19 km	58.04		99 m
24	GS	IRXN	108.30 MHz	10 nm	224.89	3.00	99 ft
				19 km	238.04		99 m