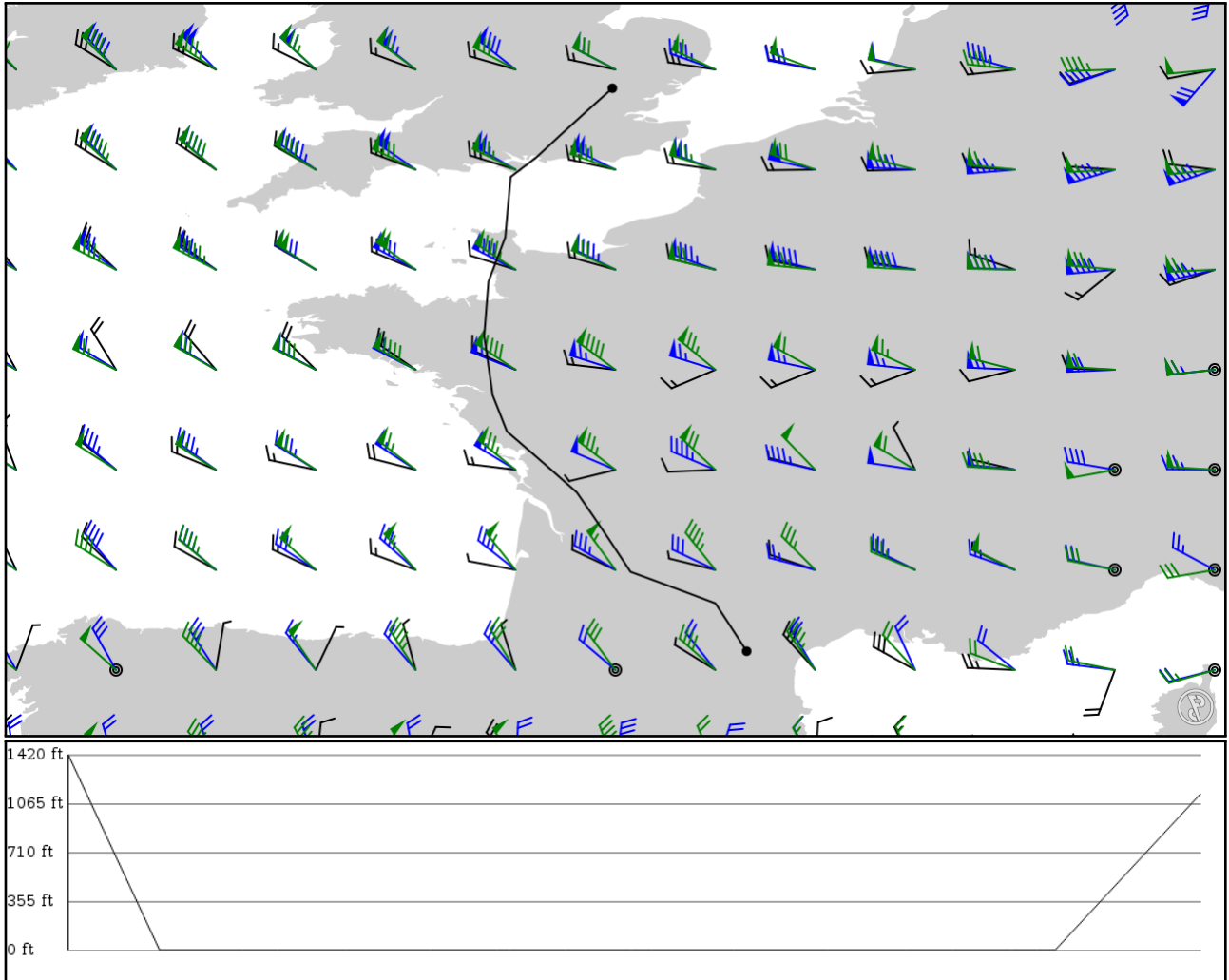


2024/05/05 0917Z

LFMK GAI LACOU SECHE VELIN CNA ADILU MANAK TIRAV NTS BAKUL REN KOKOS AKIKI GARMi KATHY LUCCO
AVANT EGSS

605.32 nm / 1121.06 km



Notes

Official air-septimanie flight plan.

Route

Ident Type		Via	Lat Lon	Alt	Dist (nm)	Name
LFMK	-	43.21598	433 ft	-	Salvaza	
APT	-	2.30632	132 m			
GAI	-	43.95406	0 ft	49	GAILLAC-Castelneau de Montmira	
VOR	-	1.82417	0 m			
LACOU	-	44.29678	0 ft	44	-	
FIX	-	0.90439	0 m			
SECHE	-	44.43861	0 ft	18	-	
FIX	-	0.51528	0 m			
VELIN	-	44.98000	0 ft	35	-	
FIX	-	0.15556	0 m			
CNA	-	45.65956	0 ft	45	COGNAC CHATEAUBERNARD VOR-DME	
VOR	-	-0.31164	0 m			
ADILU	-	46.12417	0 ft	35	-	
FIX	-	-0.83944	0 m			
MANAK	-	46.21333	0 ft	6	-	
FIX	-	-0.94195	0 m			
TIRAV	-	46.59889	0 ft	29	-	
FIX	-	-1.39083	0 m			
NTS	-	47.16086	0 ft	34	NANTES ATLANTIQUE VOR-DME	
VOR	-	-1.61296	0 m			
BAKUL	-	47.34694	0 ft	11	-	
FIX	-	-1.63806	0 m			
REN	-	48.06925	0 ft	43	RENNES SAINT JACQUES VOR-DME	
VOR	-	-1.74167	0 m			
KOKOS	-	48.90695	0 ft	50	-	
FIX	-	-1.67611	0 m			
AKIKI	-	49.59139	0 ft	42	-	
FIX	-	-1.41667	0 m			
GARM	-	50.00000	0 ft	24	-	
FIX	-	-1.38056	0 m			
KATHY	-	50.52056	0 ft	31	-	
FIX	-	-1.33333	0 m			
LUCCO	-	50.69167	0 ft	13	-	
FIX	-	-1.10833	0 m			
AVANT	-	50.82000	0 ft	10	-	
FIX	-	-0.93833	0 m			
EGSS	-	51.88500	348 ft	77	-	
APT	-	0.23500	106 m			

LFMK

Region: FRANCE
Timezone: EUROPE/PARIS
Runways: 2

Elevation: 433 ft / 132 m
Location: 43.216400 2.308000
Magnetic Var: 1.584 E

METAR

LFMK 050900Z AUTO 10009KT 050V180 9999 OVC019 16/12 Q1014 BECMG 09015G25KT

TAF

TAF LFMK 050800Z 0509/0609 09010KT 9999 BKN012 OVC020 BECMG 0509/0511 09015G25KT CAVOK PROB30 TEMPO 0516/0519 SHR

Frequencies

APP - 123.85 MHz - CARCASSONNE APPROACH
REC - 120.02 MHz - CARCASSONNE ATIS
TWR - 121.00 MHz - CARCASSONNE TOWER

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
10L	98 ft	2,627 ft	96.33	GRASS	0 ft	0 ft
	30 m	801 m	94.75		0 m	0 m
28R	98 ft	2,627 ft	276.34	GRASS	0 ft	0 ft
	30 m	801 m	274.76		0 m	0 m
10	148 ft	6,732 ft	96.29	ASPHALT	344 ft	0 ft
	45 m	2,052 m	94.71		105 m	0 m
28	148 ft	6,732 ft	276.31	ASPHALT	492 ft	0 ft
	45 m	2,052 m	274.72		150 m	0 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
10	DME	CS	111.10 MHz	27 nm	-	-	433 ft
				50 km	-		433 m
10	LOC-ILS	CS	111.10 MHz	18 nm	96.30	-	433 ft
				33 km	94.72		433 m
10	GS	CS	111.10 MHz	10 nm	96.30	3.00	433 ft
				19 km	94.72		433 m

EGSS

Region: UNITED KINGDOM
Timezone: EUROPE/LONDON
Runways: 1

Elevation: 348 ft / 106 m
Location: 51.885100 0.234989
Magnetic Var: 0.576 E

METAR

EGSS 050850Z AUTO 17006KT 140V200 9999 NCD 14/08 Q1009

TAF

TAF EGSS 050501Z 0506/0612 11005KT 3000 BR FEW030 BECMG 0506/0509 9999 NSW PROB40 TEMPO 0506/0507 0600 FG BKN000 P

Frequencies

DEP - 120.62 MHz - ESSEX RADAR	APP - 120.62 MHz - ESSEX RADAR
APP - 132.05 MHz - STANSTED APPROACH	CLD - 121.95 MHz - STANSTED CLEARANCE DELIVERY
GND - 121.72 MHz - STANSTED GROUND	TWR - 123.80 MHz - STANSTED TOWER
TWR - 125.55 MHz - STANSTED TOWER	APP - 136.20 MHz - STANSTED DIRECT
REC - 114.55 MHz - ATIS	REC - 127.17 MHz - ATIS

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
04	151 ft	9,984 ft	42.78	ASPHALT	974 ft	0 ft
	46 m	3,043 m	42.21		297 m	0 m
22	151 ft	9,984 ft	222.81	ASPHALT	0 ft	0 ft
	46 m	3,043 m	222.23		0 m	0 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
04	DME	ISED	110.50 MHz	18 nm	-	-	348 ft
				33 km	-		348 m
22	DME	ISX	110.50 MHz	18 nm	-	-	348 ft
				33 km	-		348 m
04	LOC-ILS	ISED	110.50 MHz	18 nm	42.80	-	348 ft
				33 km	42.22		348 m
22	LOC-ILS	ISX	110.50 MHz	18 nm	222.80	-	348 ft
				33 km	222.22		348 m
04	GS	ISED	110.50 MHz	10 nm	42.80	3.00	348 ft
				19 km	42.22		348 m
22	GS	ISX	110.50 MHz	10 nm	222.80	3.00	348 ft
				19 km	222.22		348 m