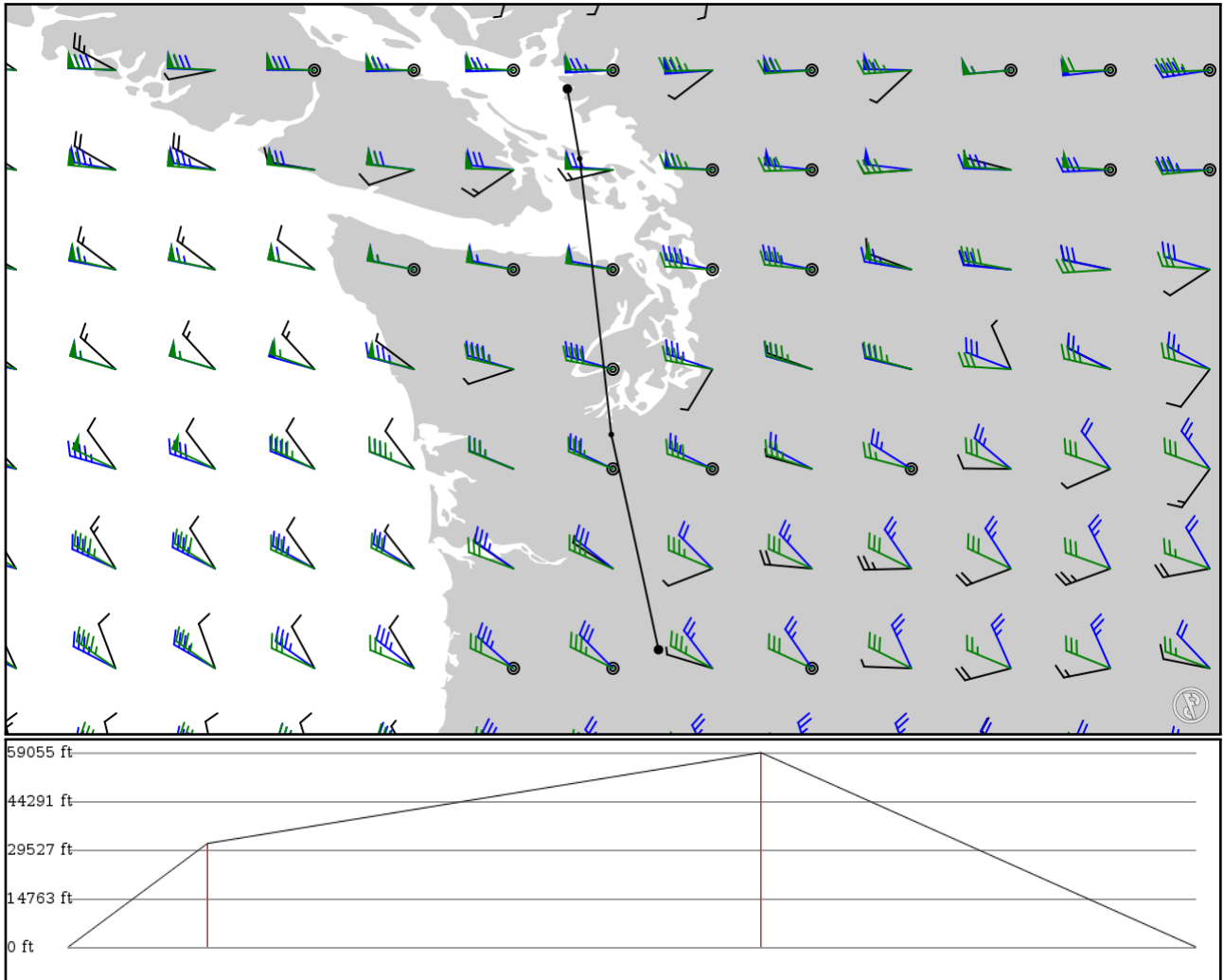


2024/05/12 0420Z

CYVR YVR20 J126 OLM KPDX

217.98 nm / 403.70 km



Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes

Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
CYVR	-	49.19400	0 ft	-	Vancouver International
APT	-	-123.18500	0 m		
YVR20	-	48.74560	9,600 ft	27	-
FIX	-	-123.10600	2,926 m		
OLM	J126	46.97160	18,000 ft	106	OLYMPIA
VOR	AWY-HI	-122.90200	5,486 m		
KPDX	-	45.58860	0 ft	84	Portland Intl
APT	-	-122.59800	0 m		

CYVR

Region: CANADA
Timezone: AMERICA/VANCOUVER
Runways: 3

Elevation: 13 ft / 4 m
Location: 49.194000 -123.185000
Magnetic Var: 15.267 E

METAR

CYVR 120300Z 21005KT 20SM FEW220 16/13 A2987 RMK CI1 CI TR SLP117

TAF

TAF CYVR 120240Z 1203/1306 26005KT P6SM SCT220 BECMG 1203/1205 28010KT FM130000 28010KT P6SM BKN160 FM130200 2800

Frequencies

REC - 124.60 MHz - ATIS	CLD - 121.40 MHz - CLEARANCE DELIVERY
GND - 121.70 MHz - VANCOUVER GROUND	GND - 127.50 MHz - VANCOUVER GROUND
TWR - 118.70 MHz - VANCOUVER TOWER	TWR - 119.55 MHz - VANCOUVER TOWER
APP - 128.60 MHz - VANCOUVER APPROACH	APP - 133.10 MHz - VANCOUVER APPROACH
DEP - 126.12 MHz - VANCOUVER DEPARTURE	DEP - 132.30 MHz - VANCOUVER DEPARTURE

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
08R	200 ft	10,777 ft	99.88	ASPHALT	0 ft	0 ft
	61 m	3,285 m	84.61		0 m	0 m
26L	200 ft	10,777 ft	279.91	ASPHALT	0 ft	0 ft
	61 m	3,285 m	264.64		0 m	0 m
13	200 ft	7,294 ft	141.92	ASPHALT	0 ft	0 ft
	61 m	2,223 m	126.65		0 m	0 m
31	200 ft	7,294 ft	321.93	ASPHALT	0 ft	0 ft
	61 m	2,223 m	306.67		0 m	0 m
08L	200 ft	9,916 ft	99.89	CONCRETE	0 ft	0 ft
	61 m	3,022 m	84.62		0 m	0 m
26R	200 ft	9,916 ft	279.92	CONCRETE	0 ft	0 ft
	61 m	3,022 m	264.65		0 m	0 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
08L	DME	ITL	110.55 MHz	18 nm	-	-	1 ft
				33 km	-		1 m
08R	DME	IVR	109.50 MHz	18 nm	-	-	4 ft
				33 km	-		4 m
26L	DME	IFZ	111.95 MHz	20 nm	-	-	10 ft
				37 km	-		10 m
26R	DME	IRD	110.70 MHz	20 nm	-	-	10 ft
				37 km	-		10 m
08L	LOC-ILS	ITL	110.55 MHz	18 nm	99.90	-	13 ft
				33 km	84.63		13 m
08R	LOC-ILS	IVR	109.50 MHz	18 nm	99.89	-	13 ft
				33 km	84.62		13 m
13	LOC-ILS	IMK	111.10 MHz	18 nm	141.93	-	13 ft
				33 km	126.66		13 m
26L	LOC-ILS	IFZ	110.70 MHz	18 nm	279.89	-	13 ft
				33 km	264.62		13 m
26R	LOC-ILS	IRD	111.95 MHz	18 nm	279.90	-	13 ft

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
				33 km	264.63		13 m
08L	GS	ITL	110.55 MHz	10 nm	99.90	3.00	13 ft
				19 km	84.63		13 m
08R	GS	IVR	109.50 MHz	10 nm	99.89	3.00	13 ft
				19 km	84.62		13 m
13	GS	IMK	111.10 MHz	10 nm	141.93	3.00	13 ft
				19 km	126.66		13 m
26L	GS	IFZ	110.70 MHz	10 nm	279.89	3.00	13 ft
				19 km	264.62		13 m
26R	GS	IRD	111.95 MHz	10 nm	279.90	3.00	13 ft
				19 km	264.63		13 m

KPDX

Region: UNITED STATES
Timezone: AMERICA/LOS_ANGELES
Runways: 3

Elevation: 31 ft / 9 m
Location: 45.588700 -122.598000
Magnetic Var: 14.453 E

METAR

KPDX 120353Z 36003KT 10SM FEW095 24/09 A2987 RMK A02 SLP115 T02440094 \$

TAF

TAF AMD KPDX 120308Z 1203/1224 33007KT P6SM FEW090= TAF AMD KDVT 120308Z 1203/1224 36007KT P6SM SKC FM121800 23009

Frequencies

REC - 128.35 MHz - D-ATIS	COM - 122.95 MHz - PORTLAND UNICOM
GND - 121.90 MHz - PORTLAND GROUND	GND - 132.27 MHz - PORTLAND GROUND
TWR - 118.70 MHz - PORTLAND TOWER	TWR - 123.77 MHz - PORTLAND TOWER
CLD - 120.12 MHz - PORTLAND CLEARANCE DELIVERY	DEP - 118.10 MHz - PORTLAND DEPARTURE
DEP - 124.35 MHz - PORTLAND DEPARTURE	DEP - 127.85 MHz - PORTLAND DEPARTURE
APP - 118.10 MHz - PORTLAND APPROACH	APP - 124.35 MHz - PORTLAND APPROACH
APP - 126.90 MHz - PORTLAND APPROACH	

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
10L	150 ft	9,810 ft	119.09	ASPHALT	1,296 ft	397 ft
	46 m	2,990 m	104.64		395 m	121 m
28R	150 ft	9,810 ft	299.12	ASPHALT	538 ft	400 ft
	46 m	2,990 m	284.67		164 m	122 m
10R	150 ft	10,981 ft	119.08	CONCRETE	0 ft	397 ft
	46 m	3,347 m	104.62		0 m	121 m
28L	150 ft	10,981 ft	299.10	CONCRETE	0 ft	400 ft
	46 m	3,347 m	284.65		0 m	122 m
03	150 ft	5,994 ft	44.92	ASPHALT	0 ft	0 ft
	46 m	1,827 m	30.47		0 m	0 m
21	150 ft	5,994 ft	224.94	ASPHALT	0 ft	0 ft
	46 m	1,827 m	210.48		0 m	0 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
10L	DME	IVDG	111.30 MHz	18 nm	-	-	45 ft
				33 km	-		45 m
10R	DME	IPDX	110.50 MHz	18 nm	-	-	36 ft
				33 km	-		36 m
21	DME	IGPO	108.90 MHz	18 nm	-	-	33 ft
				33 km	-		33 m
28L	DME	IJMJ	110.50 MHz	18 nm	-	-	36 ft
				33 km	-		36 m
28R	DME	IIAP	111.30 MHz	18 nm	-	-	45 ft
				33 km	-		45 m
10L	LOC-ILS	IVDG	111.30 MHz	18 nm	119.12	-	30 ft
				33 km	104.67		30 m
10R	LOC-ILS	IPDX	110.50 MHz	18 nm	119.09	-	30 ft
				33 km	104.64		30 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
28L	LOC-ILS	IJMJ	110.50 MHz	18 nm	299.09	-	30 ft
				33 km	284.64		30 m
28R	LOC-ILS	IIAP	111.30 MHz	18 nm	299.11	-	30 ft
				33 km	284.66		30 m
21	LOC-LOC	IGPO	108.90 MHz	18 nm	224.93	-	30 ft
				33 km	210.48		30 m
10L	GS	IVDG	111.30 MHz	10 nm	119.11	3.00	30 ft
				19 km	104.66		30 m
10R	GS	IPDX	110.50 MHz	10 nm	119.09	3.00	30 ft
				19 km	104.64		30 m
28L	GS	IJMJ	110.50 MHz	10 nm	299.09	3.00	30 ft
				19 km	284.64		30 m
28R	GS	IIAP	111.30 MHz	10 nm	299.11	3.00	30 ft
				19 km	284.66		30 m