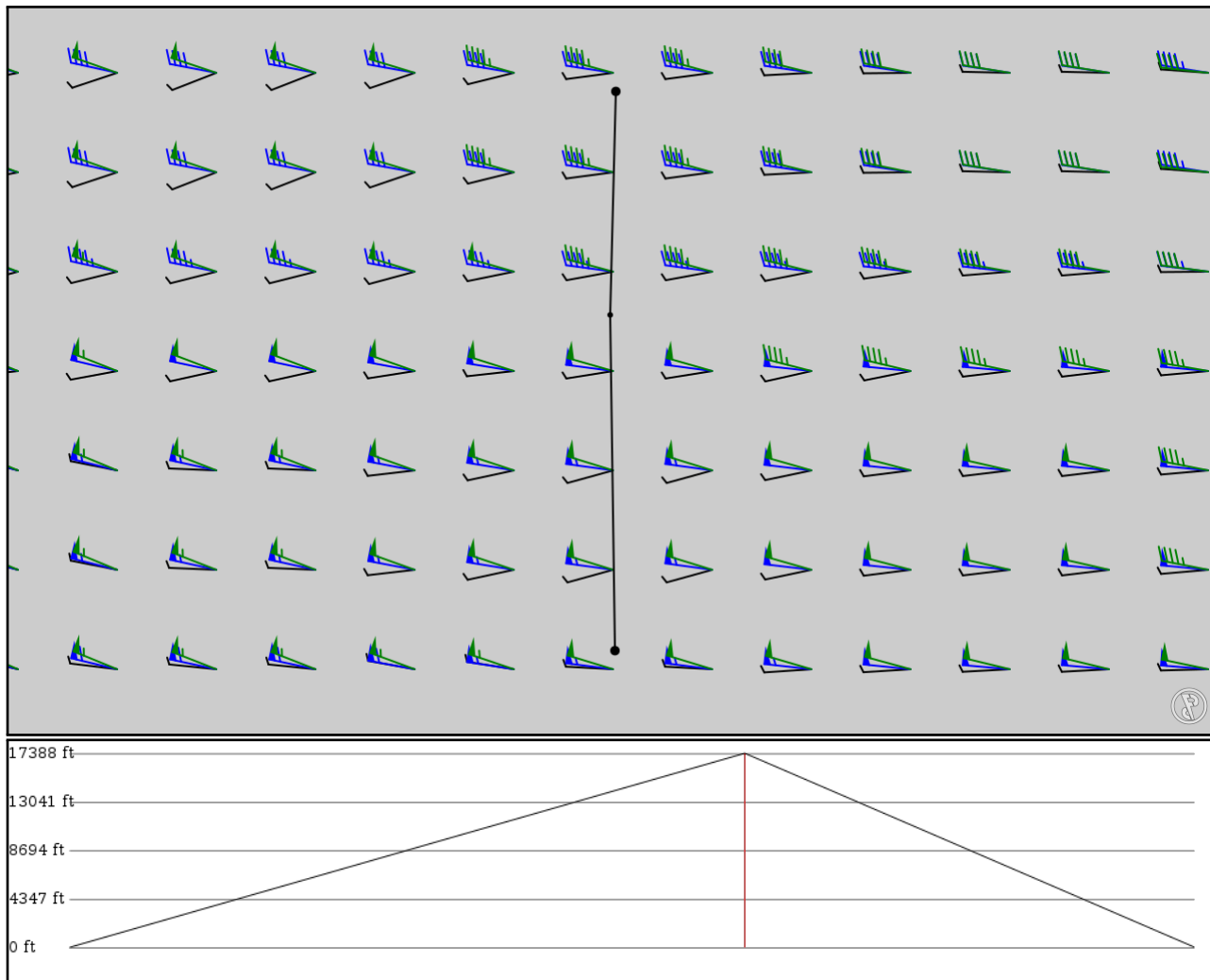


2024/05/05 0611Z

CYND BEMOG CSD4

62.93 nm / 116.54 km



## Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes

## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
CYND	-	45.52170	0 ft	-	GATINEAU
APT	-	-75.56360	0 m		
BEMOG	-	46.15070	5,300 ft	37	-
FIX	-	-75.57260	1,615 m		
CSD4	-	46.56940	0 ft	25	MONT LAURIER
APT	-	-75.56190	0 m		