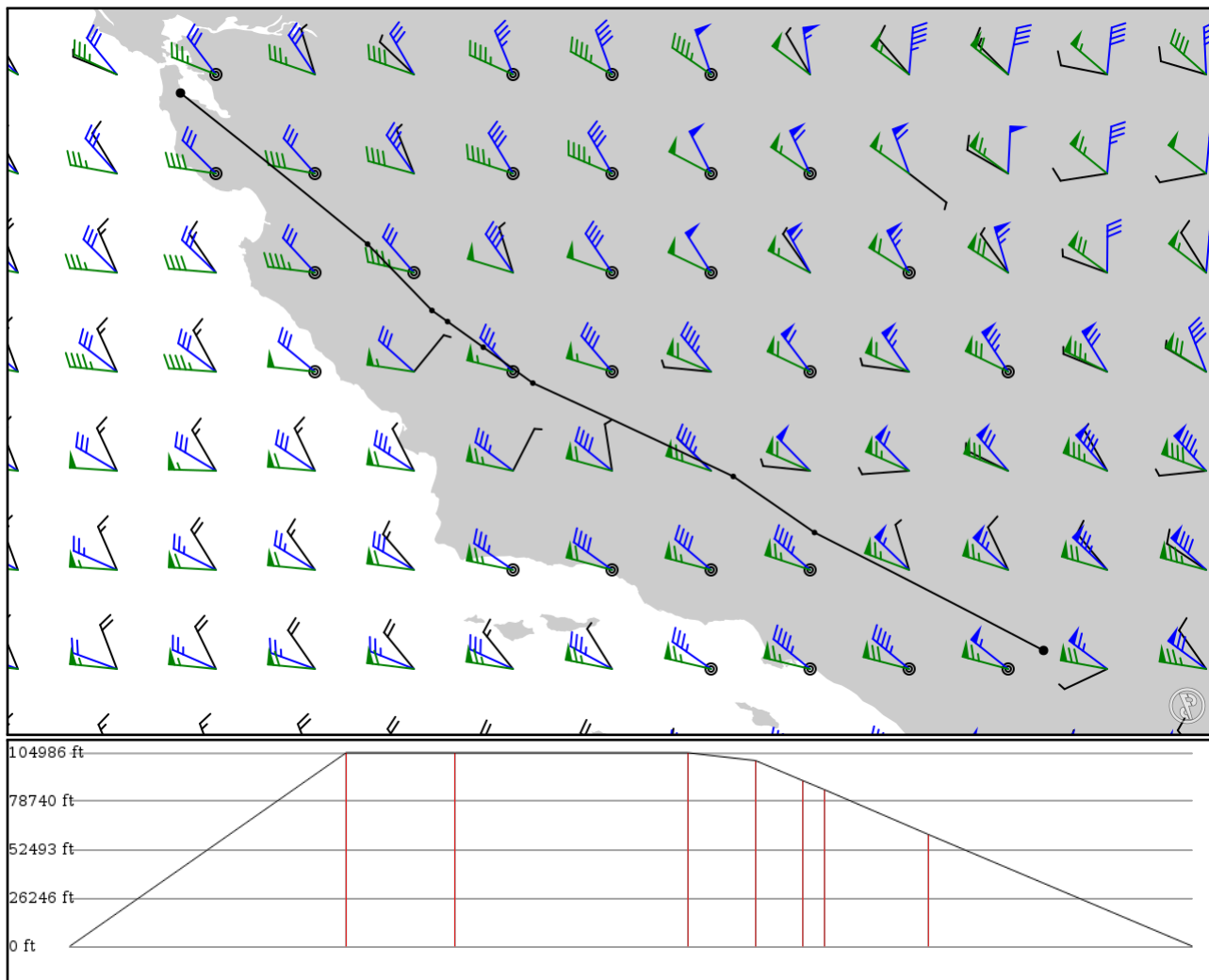


2024/05/16 0645Z

KPSP PMD **J6** AVE **V137** ROM **V485** RANCK KSFO

369.28 nm / 683.91 km



## Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 32000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes



## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
KPSP	-	33.82970	0 ft	-	Palm Springs Intl
APT	-	-116.50600	0 m		
PMD	-	34.63140	32,000 ft	91	PALMDALE
VOR	-	-118.06400	9,754 m		
LANDO	J6	35.01240	32,000 ft	35	-
FIX	AWY-HI	-118.61600	9,754 m		
AVE	J6	35.64700	32,000 ft	76	AVENAL
VOR	AWY-HI	-119.97900	9,754 m		
NEFDE	V137	35.89060	30,700 ft	21	-
FIX	AWY-LO	-120.31600	9,357 m		
OKEEF	V137	36.06500	27,400 ft	15	-
FIX	AWY-LO	-120.55900	8,352 m		
ROM	V137	36.14040	25,900 ft	6	PRIEST
VOR	AWY-LO	-120.66500	7,894 m		
RANCK	V485	36.59160	18,500 ft	34	-
FIX	AWY-LO	-121.10300	5,639 m		
KSFO	-	37.61850	0 ft	86	San Francisco Intl
APT	-	-122.37500	0 m		

## KSFO

Region: UNITED STATES  
Timezone: AMERICA/LOS\_ANGELES  
Runways: 4

Elevation: 13 ft / 4 m  
Location: 37.618500 -122.375000  
Magnetic Var: 12.842 E

## METAR

KSFO 160556Z 30007KT 10SM FEW004 13/11 A2992 RMK AO2 SLP130 T01330106 10178 20133 51013 \$

## TAF

TAF KSFO 160520Z 1606/1712 26009KT P6SM FEW004 FM160900 25009KT P6SM BKN010 FM161100 22008KT P6SM OVC010 FM161600

## Frequencies

REC - 113.70 MHz - D-ATIS	REC - 115.80 MHz - D-ATIS
REC - 118.85 MHz - D-ATIS	COM - 122.95 MHz - UNICOM
CLD - 118.20 MHz -	GND - 121.80 MHz - SAN FRANCISCO GROUND
SAN FRANCISCO CLEARANCE DELIVERY	APP - 134.50 MHz - NORCAL APPROACH
TWR - 120.50 MHz - SAN FRANCISCO TOWER	APP - 128.57 MHz - NORCAL APPROACH
APP - 128.32 MHz - NORCAL APPROACH	DEP - 120.90 MHz - NORCAL DEPARTURE
APP - 133.95 MHz - NORCAL APPROACH	
DEP - 135.10 MHz - NORCAL DEPARTURE	

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
10L	200 ft	11,859 ft	117.90	ASPHALT	0 ft	876 ft
	61 m	3,615 m	105.06		0 m	267 m
28R	200 ft	11,859 ft	297.92	ASPHALT	302 ft	318 ft
	61 m	3,615 m	285.08		92 m	97 m
10R	200 ft	11,371 ft	117.90	ASPHALT	0 ft	748 ft
	61 m	3,466 m	105.06		0 m	228 m
28L	200 ft	11,371 ft	297.92	ASPHALT	305 ft	322 ft
	61 m	3,466 m	285.08		93 m	98 m
01R	200 ft	8,665 ft	27.71	ASPHALT	564 ft	404 ft
	61 m	2,641 m	14.87		172 m	123 m
19L	200 ft	8,665 ft	207.72	ASPHALT	0 ft	443 ft
	61 m	2,641 m	194.88		0 m	135 m
01L	200 ft	7,664 ft	27.71	ASPHALT	643 ft	469 ft
	61 m	2,336 m	14.87		196 m	143 m
19R	200 ft	7,664 ft	207.72	ASPHALT	0 ft	446 ft
	61 m	2,336 m	194.88		0 m	136 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
19L	DME	ISIA	108.90 MHz	18 nm	-	-	24 ft
				33 km	-		24 m
28L	DME	ISFO	109.55 MHz	18 nm	-	-	22 ft
				33 km	-		22 m
28R	DME	IGWQ	111.70 MHz	18 nm	-	-	17 ft
				33 km	-		17 m
28R	DME	IFNP	110.75 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
19L	LOC-ILS	ISIA	108.90 MHz	18 nm	207.72	-	13 ft
				33 km	194.88		13 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
28L	LOC-ILS	ISFO	109.55 MHz	18 nm	297.91	-	13 ft
				33 km	285.07		13 m
28R	LOC-ILS	IGWQ	111.70 MHz	18 nm	297.91	-	13 ft
				33 km	285.07		13 m
19L	GS	ISIA	108.90 MHz	10 nm	207.72	3.00	13 ft
				19 km	194.88		13 m
28L	GS	ISFO	109.55 MHz	10 nm	297.91	2.85	13 ft
				19 km	285.07		13 m
28R	GS	IGWQ	111.70 MHz	10 nm	297.91	3.00	13 ft
				19 km	285.07		13 m