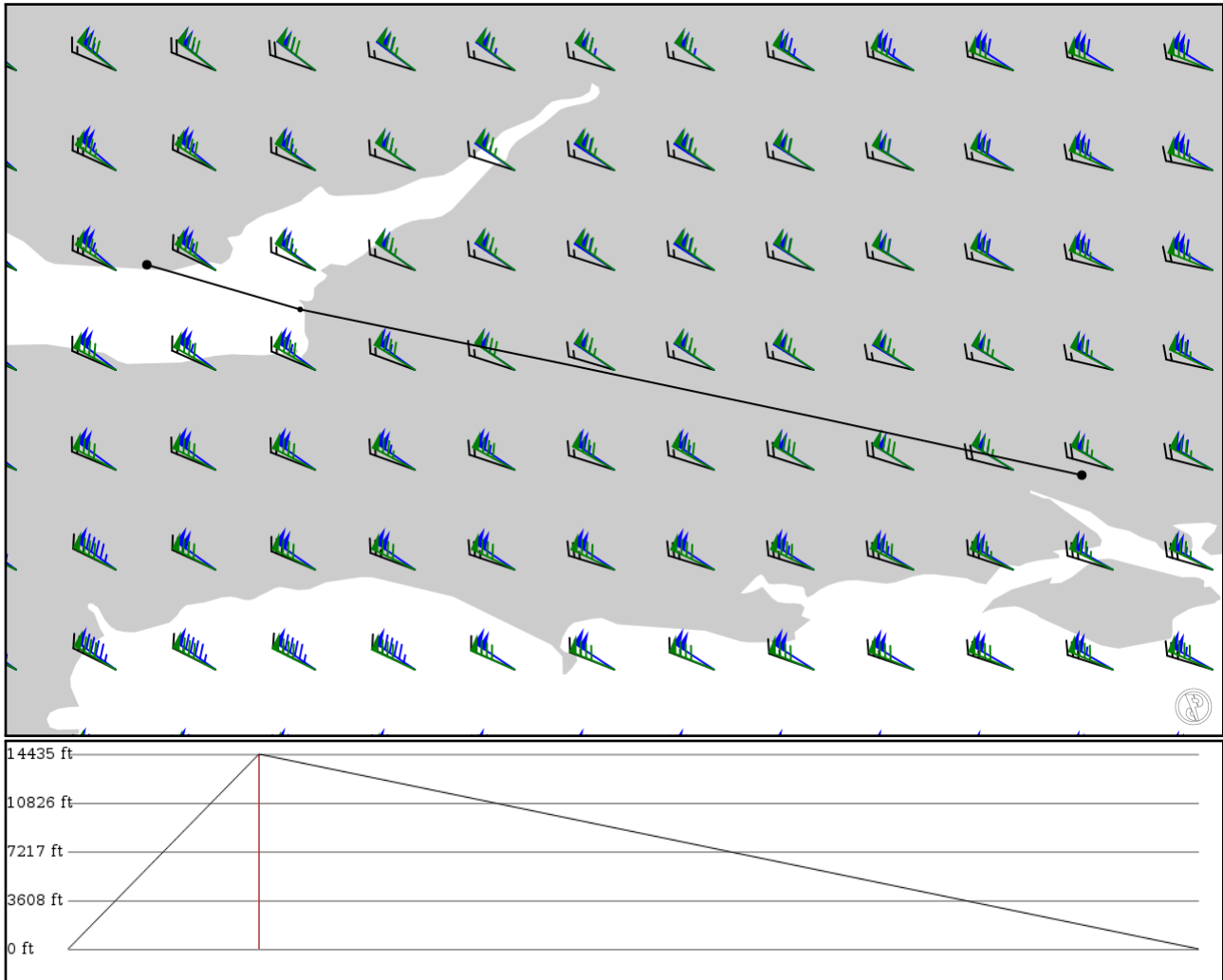


2024/05/06 0116Z

EGFF LAMAT EGHI

79.54 nm / 147.31 km



## Notes

Basic altitude profile:

- Ascent Rate: 1200ft/min
- Ascent Speed: 160kts
- Cruise Altitude: 17000ft
- Cruise Speed: 220kts
- Descent Rate: 1200ft/min
- Descent Speed: 180kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes



## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
EGFF	-	51.39660	0 ft	-	Cardiff
APT	-	-3.34332	0 m		
LAMAT	-	51.30190	4,400 ft	13	-
FIX	-	-3.01750	1,341 m		
EGHI	-	50.95030	0 ft	66	Southampton
APT	-	-1.35679	0 m		

## EGFF

Region: UNITED KINGDOM  
Timezone: EUROPE/LONDON  
Runways: 1

Elevation: 220 ft / 67 m  
Location: 51.396600 -3.343320  
Magnetic Var: 0.615 W

## METAR

EGFF 060050Z 35004KT 5000 BR NSC 09/08 Q1006

## TAF

TAF AMD EGFF 060006Z 0600/0624 07004KT 3000 BR SCT005 TEMPO 0600/0607 BKN004 PROB30 TEMPO 0601/0607 0300 FG BKN001

## Frequencies

REC - 119.50 MHz - CARDIFF APPROACH  
REC - 132.48 MHz - CARDIFF INFORMATION  
TWR - 133.10 MHz - CARDIFF TOWER

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
12	148 ft	7,701 ft	116.82	ASPHALT	712 ft	0 ft
	45 m	2,347 m	117.43		217 m	0 m
30	148 ft	7,701 ft	296.84	ASPHALT	489 ft	98 ft
	45 m	2,347 m	297.46		149 m	30 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
12	DME	ICDF	110.70 MHz	18 nm	-	-	281 ft
				33 km	-		281 m
30	DME	ICWA	110.70 MHz	18 nm	-	-	220 ft
				33 km	-		220 m
12	LOC-ILS	ICDF	110.70 MHz	18 nm	116.83	-	220 ft
				33 km	117.45		220 m
30	LOC-ILS	ICWA	110.70 MHz	18 nm	296.83	-	220 ft
				33 km	297.45		220 m
12	GS	ICDF	110.70 MHz	10 nm	116.83	3.00	220 ft
				19 km	117.45		220 m
30	GS	ICWA	110.70 MHz	10 nm	296.83	3.00	220 ft
				19 km	297.45		220 m

## EGHI

Region: UNITED KINGDOM  
Timezone: EUROPE/LONDON  
Runways: 1

Elevation: 41 ft / 12 m  
Location: 50.950300 -1.356790  
Magnetic Var: 0.119 E

## METAR

UNKNOWN

## TAF

UNKNOWN

## Frequencies

REC - 130.85 MHz - SOUTHAMPTON INFO  
APP - 122.85 MHz - SOUTHAMPTON APPROACH  
TWR - 118.20 MHz - SOUTHAMPTON TOWER

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
02	121 ft	5,651 ft	19.36	ASPHALT	239 ft	66 ft
	37 m	1,722 m	19.24		73 m	20 m
20	121 ft	5,651 ft	199.36	ASPHALT	151 ft	0 ft
	37 m	1,722 m	199.24		46 m	0 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
20	DME	ISN	110.75 MHz	18 nm	-	-	54 ft
				33 km	-		54 m
20	LOC-ILS	ISN	110.75 MHz	18 nm	199.35	-	41 ft
				33 km	199.23		41 m
20	GS	ISN	110.75 MHz	10 nm	199.35	3.10	41 ft
				19 km	199.23		41 m