

KJFK

John F Kennedy Int'l

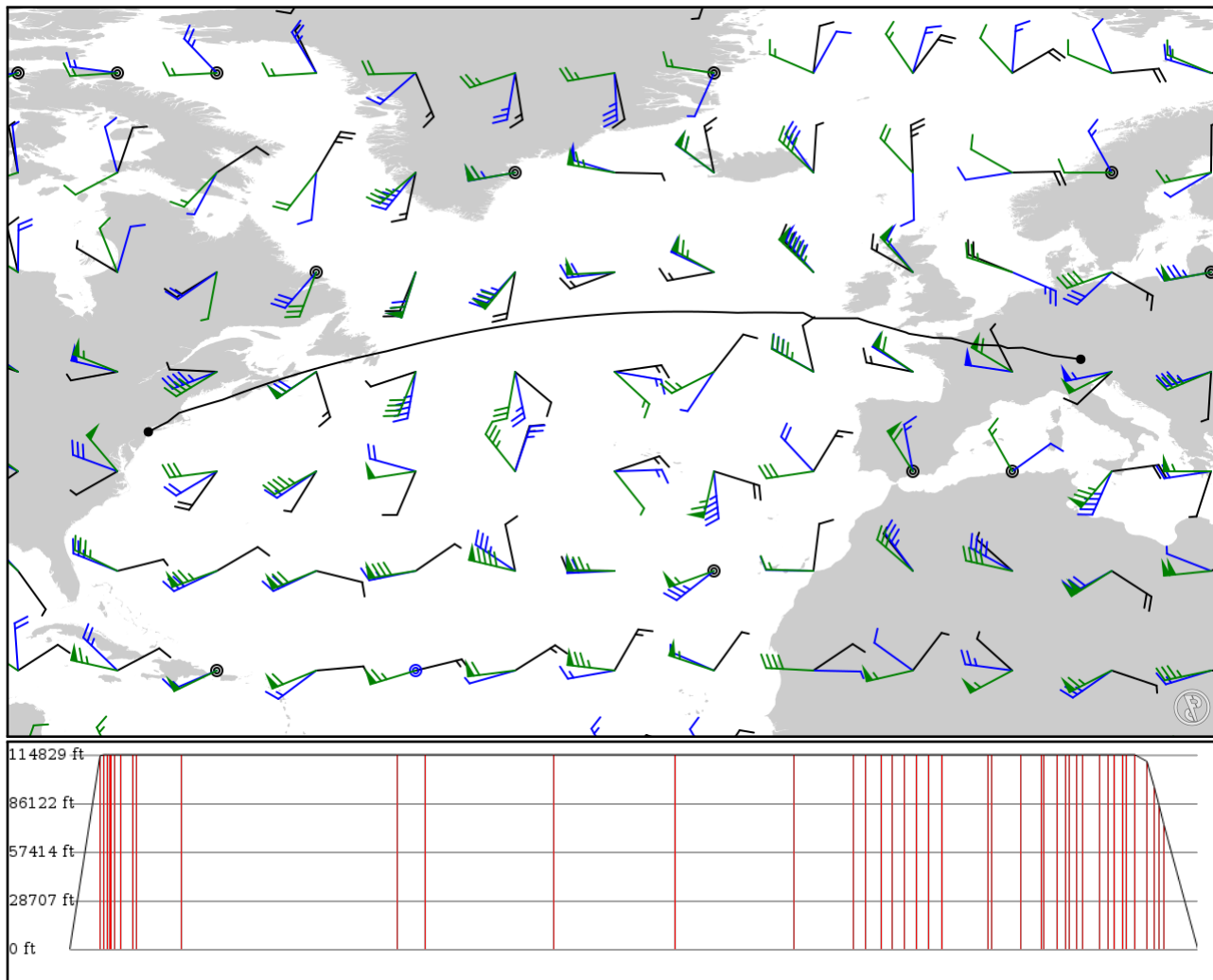
LOWI

Innsbruck Kranebitten

2024/05/05 0500Z

KJFK ORW **V16** BOS **J575** TUSKY **N231A** MUSAK **T** LEKVA 5100N0-1300W 5100N0-1200W 5100N0-1100W
5100N0-1000W 5100N0-900W ARKIL **UN80** NAKID **UN160** PIGOP **UN491** MELKO **UM164** EPL **UN491** ZUE LOWI

3552.32 nm / 6578.89 km



Notes

Using NAT tracks from 31/1/2019

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes

- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes

Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
KJFK APT	-	40.63990 -73.77870	0 ft 0 m	-	John F Kennedy Int'l
ORW VOR	-	41.55640 -71.99940	34,800 ft 10,607 m	97	NORWICH
JEWIT FIX	V16 AWY-LO	41.69610 -71.82590	35,000 ft 10,668 m	11	-
FOSTY FIX	V16 AWY-LO	41.84320 -71.64200	35,000 ft 10,668 m	12	-
HEFTY FIX	V16 AWY-LO	41.90530 -71.56400	35,000 ft 10,668 m	5	-
WOONS FIX	V16 AWY-LO	41.95060 -71.50700	35,000 ft 10,668 m	3	-
MILIS FIX	V16 AWY-LO	42.10520 -71.31160	35,000 ft 10,668 m	12	-
BOS VOR	V16 AWY-LO	42.35740 -70.98950	35,000 ft 10,668 m	20	BOSTON
SCUPP FIX	J575 AWY-HI	42.60310 -70.23040	35,000 ft 10,668 m	36	-
CANAL FIX	J575 AWY-HI	42.66900 -70.02270	35,000 ft 10,668 m	9	-
TUSKY FIX	J575 AWY-HI	43.56500 -67.00000	35,000 ft 10,668 m	143	-
MUSAK FIX	N231A AWY-HI	48.00000 -52.00000	35,000 ft 10,668 m	680	-
4830/50 LATLON	T NAT	48.50000 -50.00000	35,000 ft 10,668 m	85	-
5030/40 LATLON	T NAT	50.50000 -40.00000	35,000 ft 10,668 m	407	-
5130/30 LATLON	T NAT	51.50000 -30.00000	35,000 ft 10,668 m	382	-
5130/20 LATLON	T NAT	51.50000 -20.00000	35,000 ft 10,668 m	373	-
ADARA FIX	T NAT	51.50000 -15.00000	35,000 ft 10,668 m	186	-
LEKVA FIX	T NAT	51.50000 -14.00000	35,000 ft 10,668 m	37	-
5100N0-1300W LATLON	- -	51.00000 -13.00000	35,000 ft 10,668 m	48	-
5100N0-1200W LATLON	- -	51.00000 -12.00000	35,000 ft 10,668 m	37	-
5100N0-1100W LATLON	- -	51.00000 -11.00000	35,000 ft 10,668 m	37	-
5100N0-1000W LATLON	- -	51.00000 -10.00000	35,000 ft 10,668 m	37	-
5100N0-900W LATLON	- -	51.00000 -9.00000	35,000 ft 10,668 m	37	-
ARKIL FIX	- -	50.65780 -8.00000	35,000 ft 10,668 m	43	-
NAKID FIX	UN80 AWY-HI	49.71500 -4.62306	35,000 ft 10,668 m	141	-
LIZAD FIX	UN160 AWY-HI	49.59030 -4.33028	35,000 ft 10,668 m	13	-
JSY	UN160	49.22110	35,000 ft	91	JERSEY

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
VOR	AWY-HI	-2.04615	10,668 m		
CAN	UN160	49.17320	35,000 ft	62	CAEN CARPIQUET
VOR	AWY-HI	-0.45528	10,668 m		
IXINI	UN160	49.11720	35,000 ft	8	-
FIX	AWY-HI	-0.25000	10,668 m		
BUSUK	UN160	48.85530	35,000 ft	41	-
FIX	AWY-HI	0.71333	10,668 m		
PIGOP	UN160	48.68580	35,000 ft	26	-
FIX	AWY-HI	1.33889	10,668 m		
TABOV	UN491	48.64420	35,000 ft	12	-
FIX	AWY-HI	1.64889	10,668 m		
RESMI	UN491	48.56860	35,000 ft	22	-
FIX	AWY-HI	2.19194	10,668 m		
TEPRI	UN491	48.55220	35,000 ft	22	-
FIX	AWY-HI	2.75000	10,668 m		
GELTA	UN491	48.50470	35,000 ft	50	-
FIX	AWY-HI	4.02222	10,668 m		
MELKO	UN491	48.27810	35,000 ft	29	-
FIX	AWY-HI	4.67361	10,668 m		
LUVAL	UM164	48.29390	35,000 ft	19	-
FIX	AWY-HI	5.15361	10,668 m		
LANVI	UM164	48.31170	35,000 ft	25	-
FIX	AWY-HI	5.79722	10,668 m		
EPL	UM164	48.31780	35,000 ft	10	EPINAL MIRECOURT
VOR	AWY-HI	6.05942	10,668 m		
LASAT	UN491	48.15890	35,000 ft	26	-
FIX	AWY-HI	6.68417	10,668 m		
BEGAR	UN491	47.90830	33,800 ft	39	-
FIX	AWY-HI	7.58333	10,302 m		
LENGI	UN491	47.77920	29,200 ft	21	-
FIX	AWY-HI	8.07694	8,900 m		
TRA	UN491	47.68950	25,900 ft	15	TRASADINGEN
VOR	AWY-HI	8.43697	7,894 m		
ZUE	UN491	47.59220	22,400 ft	16	ZURICH EAST
VOR	AWY-HI	8.81767	6,828 m		
LOWI	-	47.26020	0 ft	104	Innsbruck Kranebitten
APT	-	11.34400	0 m		

KJFK

Region: UNITED STATES
Timezone: AMERICA/NEW_YORK
Runways: 4

Elevation: 12 ft / 4 m
Location: 40.640100 -73.776500
Magnetic Var: 12.820 W

METAR

KJFK 050351Z 11010KT 10SM BKN017 OVC060 10/07 A3034 RMK A02 SLP272 T01000072

TAF

TAF AMD KJFK 050237Z 0503/0606 12010KT P6SM OVC020 FM050500 10010KT P6SM OVC015 TEMPO 0505/0508 5SM -SHRA BR OVC008

Frequencies

REC - 115.40 MHz - D-ATIS	REC - 117.70 MHz - D-ATIS
REC - 128.72 MHz - D-ATIS	COM - 122.95 MHz - UNICOM
CLD - 135.05 MHz - CLEARANCE DELIVERY	GND - 121.90 MHz - KENNEDY GROUND
GND - 121.65 MHz - KENNEDY GROUND	TWR - 119.10 MHz - KENNEDY TOWER
TWR - 123.90 MHz - KENNEDY TOWER	APP - 125.70 MHz - NEW YORK APPROACH
APP - 128.12 MHz - NEW YORK APPROACH	APP - 118.40 MHz - NEW YORK APPROACH
APP - 123.70 MHz - NEW YORK APPROACH	APP - 126.80 MHz - NEW YORK APPROACH
APP - 132.40 MHz - NEW YORK APPROACH	APP - 134.35 MHz - NEW YORK APPROACH
DEP - 135.90 MHz - NEW YORK DEPARTURE	DEP - 123.70 MHz - NEW YORK DEPARTURE
DEP - 124.75 MHz - NEW YORK DEPARTURE	DEP - 134.35 MHz - NEW YORK DEPARTURE

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
13R	200 ft	14,526 ft	120.83	CONCRETE	2,057 ft	390 ft
	61 m	4,428 m	133.65		627 m	119 m
31L	200 ft	14,526 ft	300.86	CONCRETE	3,271 ft	495 ft
	61 m	4,428 m	313.68		997 m	151 m
13L	151 ft	10,010 ft	120.85	CONCRETE	912 ft	387 ft
	46 m	3,051 m	133.67		278 m	118 m
31R	151 ft	10,010 ft	300.87	CONCRETE	1,037 ft	177 ft
	46 m	3,051 m	313.69		316 m	54 m
04R	200 ft	8,407 ft	30.67	ASPHALT	0 ft	440 ft
	61 m	2,562 m	43.49		0 m	134 m
22L	200 ft	8,407 ft	210.68	ASPHALT	0 ft	505 ft
	61 m	2,562 m	223.50		0 m	154 m
04L	200 ft	12,091 ft	30.67	CONCRETE	459 ft	200 ft
	61 m	3,685 m	43.49		140 m	61 m
22R	200 ft	12,091 ft	210.68	CONCRETE	3,425 ft	407 ft
	61 m	3,685 m	223.50		1,044 m	124 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
04L	DME	IHIQ	110.90 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
04R	DME	IJFK	109.50 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
13L	DME	ITLK	111.50 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
22L	DME	IIWY	110.90 MHz	18 nm	-	-	13 ft
				33 km	-		13 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
22R	DME	IJOC	109.50 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
31R	DME	IRTH	111.50 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
04L	LOC-ILS	IHIQ	110.90 MHz	18 nm	30.68	-	12 ft
				33 km	43.50		12 m
04R	LOC-ILS	IJFK	109.50 MHz	18 nm	30.67	-	12 ft
				33 km	43.49		12 m
13L	LOC-ILS	ITLK	111.50 MHz	18 nm	120.87	-	12 ft
				33 km	133.69		12 m
22L	LOC-ILS	IIWY	110.90 MHz	18 nm	210.67	-	12 ft
				33 km	223.49		12 m
22R	LOC-ILS	IJOC	109.50 MHz	18 nm	210.68	-	12 ft
				33 km	223.50		12 m
31L	LOC-ILS	IMOH	111.35 MHz	18 nm	300.84	-	12 ft
				33 km	313.66		12 m
31R	LOC-ILS	IRTH	111.50 MHz	18 nm	300.87	-	12 ft
				33 km	313.69		12 m
04L	GS	IHIQ	110.90 MHz	10 nm	30.68	3.00	12 ft
				19 km	43.50		12 m
04R	GS	IJFK	109.50 MHz	10 nm	30.67	3.00	12 ft
				19 km	43.49		12 m
13L	GS	ITLK	111.50 MHz	10 nm	120.87	3.00	12 ft
				19 km	133.69		12 m
22L	GS	IIWY	110.90 MHz	10 nm	210.67	3.00	12 ft
				19 km	223.49		12 m
22R	GS	IJOC	109.50 MHz	10 nm	210.68	3.00	12 ft
				19 km	223.50		12 m
31L	GS	IMOH	111.35 MHz	10 nm	300.84	3.00	12 ft
				19 km	313.66		12 m
31R	GS	IRTH	111.50 MHz	10 nm	300.87	3.00	12 ft
				19 km	313.69		12 m

LOWI

Region: AUSTRIA
Timezone: EUROPE/VIENNA
Runways: 3

Elevation: 1,907 ft / 581 m
Location: 47.260800 11.341500
Magnetic Var: 3.778 E

METAR

LOWI 050420Z 30005KT 270V330 9999 FEW070 09/06 Q1014 NOSIG

TAF

TAF LOWI 042315Z 0500/0524 08008KT 9999 FEW080 SCT120 TX23/0514Z TN09/0504Z TEMPO 0500/0506 27007KT TEMPO 0506/05

Frequencies

APP - 119.27 MHz - INNSBRUCK RADAR
REC - 126.02 MHz - INNSBRUCK INFORMATION

TWR - 120.10 MHz - INNSBRUCK TOWER

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
08	148 ft	6,548 ft	80.95	ASPHALT	335 ft	0 ft
	45 m	1,996 m	77.17		102 m	0 m
26	148 ft	6,548 ft	260.96	ASPHALT	0 ft	0 ft
	45 m	1,996 m	257.19		0 m	0 m
08C	125 ft	3,671 ft	81.00	GRASS	0 ft	0 ft
	38 m	1,119 m	77.22		0 m	0 m
26C	125 ft	3,671 ft	261.01	GRASS	0 ft	0 ft
	38 m	1,119 m	257.23		0 m	0 m
08L	164 ft	1,149 ft	81.11	GRASS	0 ft	0 ft
	50 m	350 m	77.33		0 m	0 m
26R	164 ft	1,149 ft	261.11	GRASS	0 ft	0 ft
	50 m	350 m	257.34		0 m	0 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
26	DME	OEJ	109.70 MHz	30 nm	-	-	1,906 ft
				56 km	-		1,906 m
26	DME	OEV	111.10 MHz	27 nm	-	-	1,911 ft
				50 km	-		1,911 m
26	LOC-ILS	OEV	111.10 MHz	18 nm	260.96	-	1,907 ft
				33 km	257.18		1,907 m
26	GS	OEV	111.10 MHz	10 nm	260.96	3.77	1,907 ft
				19 km	257.18		1,907 m