

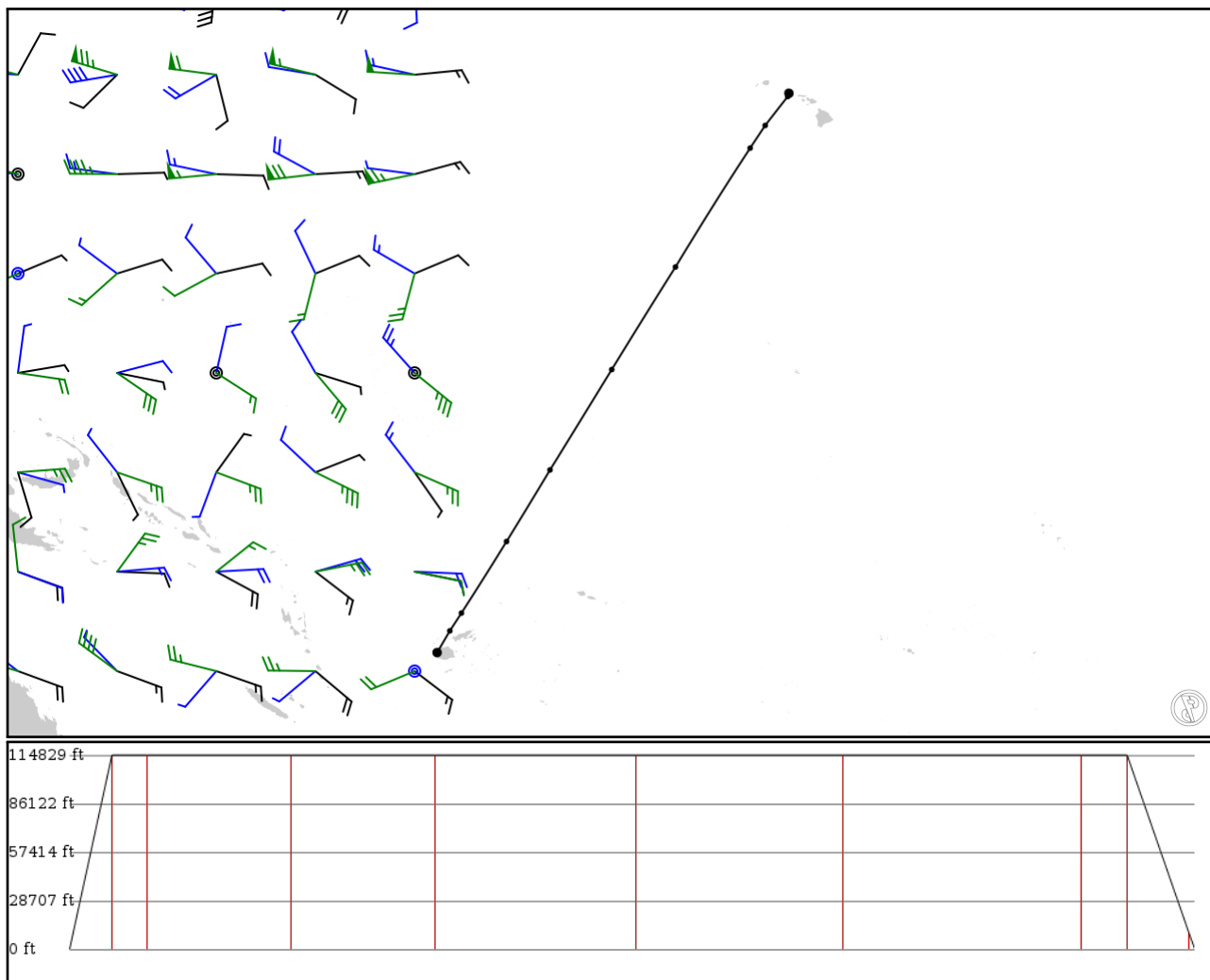
**NFFN**  
Nadi Intl

**PHNL**  
Honolulu Intl

2024/05/08 1315Z

NFFN KABAR **A579** CARRP OPIHI PHNL

2759.37 nm / 5110.35 km



## Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes

## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
NFFN	-	-17.75837	0 ft	-	Nadi Intl
APT	-	177.44215	0 m	-	
KABAR	-	-16.24167	35,000 ft	104	-
FIX	-	178.33500	10,668 m	-	-
LANIS	A579	-15.00000	35,000 ft	88	-
FIX	AWY-HI	179.14500	10,668 m	-	-
IDEMU	A579	-10.00000	35,000 ft	352	-
FIX	AWY-HI	-177.69667	10,668 m	-	-
CUFFY	A579	-5.00000	35,000 ft	350	-
FIX	AWY-HI	-174.65167	10,668 m	-	-
CONIE	A579	2.01667	35,000 ft	494	-
FIX	AWY-HI	-170.32917	10,668 m	-	-
CANNS	A579	9.18333	35,000 ft	506	-
FIX	AWY-HI	-165.86667	10,668 m	-	-
CATCO	A579	17.49028	35,000 ft	584	-
FIX	AWY-HI	-160.63722	10,668 m	-	-
CARRP	A579	19.07333	35,000 ft	112	-
FIX	AWY-HI	-159.58333	10,668 m	-	-
OPIHI	-	21.09585	3,000 ft	150	-
FIX	-	-158.00397	914 m	-	-
PHNL	-	21.31938	0 ft	14	Honolulu Intl
APT	-	-157.92128	0 m	-	

## NFFN

Region: FIJI AND TONGA  
Timezone: PACIFIC/FIJI  
Runways: 2

Elevation: 59 ft / 18 m  
Location: -17.758600 177.442000  
Magnetic Var: 12.671 E

## METAR

NFFN 081300Z 13006KT 9999 FEW030 21/18 Q1011 NOSIG

## TAF

TAF NFFN 081103Z 0812/0912 13006KT 9999 FEW030

## Frequencies

REC - 127.90 MHz - NADI ATIS  
TWR - 119.10 MHz - NADI TOWER

GND - 118.10 MHz - NADI GROUND  
APP - 119.10 MHz - NADI APPROACH

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
02	148 ft	10,816 ft	37.49	ASPHALT	279 ft	0 ft
	45 m	3,297 m	24.82		85 m	0 m
20	148 ft	10,816 ft	217.49	ASPHALT	0 ft	115 ft
	45 m	3,297 m	204.82		0 m	35 m
09	148 ft	6,996 ft	104.17	ASPHALT	0 ft	102 ft
	45 m	2,132 m	91.50		0 m	31 m
27	148 ft	6,996 ft	284.17	ASPHALT	0 ft	0 ft
	45 m	2,132 m	271.50		0 m	0 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
02	LOC-ILS	INN	109.90 MHz	18 nm	37.49	-	41 ft
				33 km	24.82		41 m
02	GS	INN	109.90 MHz	10 nm	38.00	3.00	59 ft
				19 km	25.33		59 m

## PHNL

Region: USA (HAWAII)  
Timezone: PACIFIC/HONOLULU  
Runways: 4

Elevation: 13 ft / 4 m  
Location: 21.319400 -157.921000  
Magnetic Var: 9.259 E

## METAR

PHNL 081253Z 00000KT 10SM FEW025 FEW038 22/18 A2998

## TAF

PHNL 081126Z 0812/0918 06010KT P6SM FEW025 FEW040 FM082200 10012KT P6SM FEW025 SCT040 BKN070 FM090600 06009KT P6S

## Frequencies

REC - 127.90 MHz - ATIS	TWR - 118.10 MHz - HONOLULU TOWER
TWR - 123.90 MHz - HONOLULU TOWER	GND - 121.90 MHz - HONOLULU GROUND
CLD - 121.40 MHz - CLEARANCE DELIVERY	APP - 118.30 MHz - HCF APPROACH
DEP - 124.80 MHz - HCF DEPARTURE	DEP - 124.80 MHz - HCF DEPARTURE

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
04L	150 ft	6,961 ft	52.84	ASPHALT	0 ft	0 ft
	46 m	2,122 m	43.58		0 m	0 m
22R	150 ft	6,961 ft	232.85	ASPHALT	0 ft	0 ft
	46 m	2,122 m	223.59		0 m	0 m
04R	150 ft	9,010 ft	52.85	ASPHALT	0 ft	194 ft
	46 m	2,746 m	43.59		0 m	59 m
22L	150 ft	9,010 ft	232.86	ASPHALT	0 ft	197 ft
	46 m	2,746 m	223.60		0 m	60 m
08R	200 ft	11,987 ft	90.01	ASPHALT	0 ft	558 ft
	61 m	3,654 m	80.75		0 m	170 m
26L	200 ft	11,987 ft	270.02	ASPHALT	0 ft	554 ft
	61 m	3,654 m	260.76		0 m	169 m
08L	150 ft	12,297 ft	90.00	ASPHALT	0 ft	469 ft
	46 m	3,748 m	80.74		0 m	143 m
26R	150 ft	12,297 ft	270.01	ASPHALT	0 ft	696 ft
	46 m	3,748 m	260.75		0 m	212 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
04R	DME	IIUM	110.50 MHz	18 nm	-	-	21 ft
				33 km	-		21 m
26L	DME	IEPC	109.10 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
26L	LOC-LOC	IEPC	109.10 MHz	18 nm	304.00	-	13 ft
				33 km	294.74		13 m
04R	GS	IIUM	110.50 MHz	10 nm	52.85	3.00	13 ft
				19 km	43.59		13 m
08L	GS	IHNL	111.70 MHz	10 nm	90.01	3.01	13 ft
				19 km	80.75		13 m