

# ENGM

Oslo Gardermoen

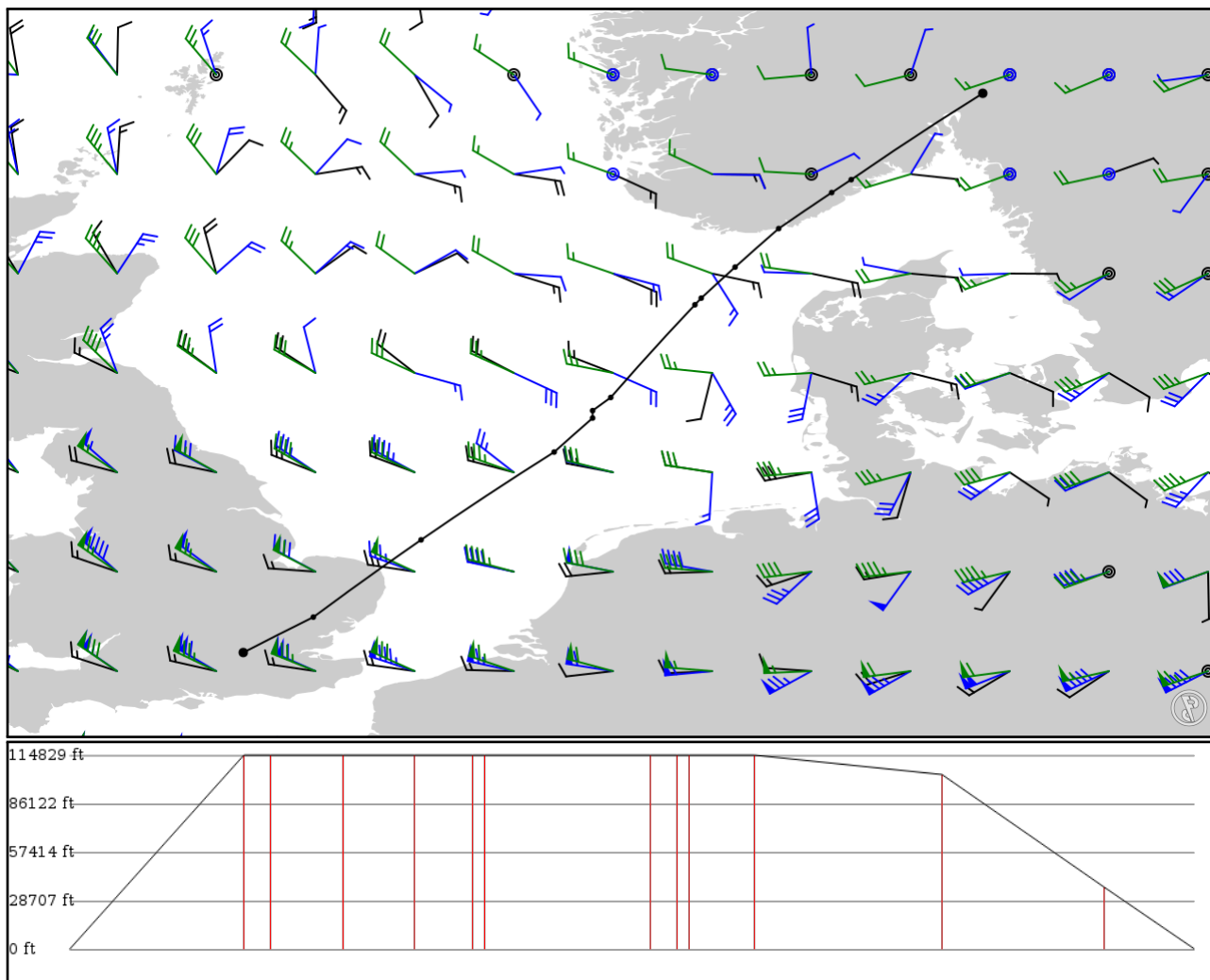
# EGLL

London Heathrow

2024/05/08 1010Z

ENGM PIPEX M609 SVA M604 DANKO P850 GOLUM N866 UPGAS VALBO TIPAN UM185 DIGSU EGLL

659.10 nm / 1220.66 km



## Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes

## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
ENGM	-	60.19450	0 ft	-	Oslo Gardermoen
APT	-	11.09890	0 m	-	
PIPEX	-	58.84730	35,000 ft	102	-
FIX	-	9.04226	10,668 m	-	
VAVET	M609	58.64620	35,000 ft	15	-
FIX	AWY-HI	8.73716	10,668 m	-	
SVA	M609	58.08450	35,000 ft	42	SVENSHEIA (KRISTIANSAND)
VOR	AWY-HI	7.90831	10,668 m	-	
LANTI	M604	57.48390	35,000 ft	42	-
FIX	AWY-HI	7.22743	10,668 m	-	
DANKO	M604	57.00000	35,000 ft	33	-
FIX	AWY-HI	6.69783	10,668 m	-	
OKMAM	P850	56.89610	35,000 ft	7	-
FIX	AWY-HI	6.59917	10,668 m	-	
GOLUM	P850	55.45000	35,000 ft	97	-
FIX	AWY-HI	5.28333	10,668 m	-	
UPGAS	N866	55.24470	35,000 ft	15	-
FIX	AWY-HI	5.00000	10,668 m	-	
VALBO	-	55.12890	35,000 ft	6	-
FIX	-	5.00000	10,668 m	-	
TIPAN	-	54.59830	35,000 ft	38	-
FIX	-	4.39889	10,668 m	-	
ADGEG	UM185	53.22860	31,500 ft	110	-
FIX	AWY-HI	2.31833	9,601 m	-	
DIGSU	UM185	52.02390	11,200 ft	94	-
FIX	AWY-HI	0.63472	3,414 m	-	
EGLL	-	51.47120	0 ft	52	London Heathrow
APT	-	-0.46088	0 m	-	

## ENGM

Region: NORWAY  
Timezone: EUROPE/OSLO  
Runways: 2

Elevation: 681 ft / 208 m  
Location: 60.194500 11.098900  
Magnetic Var: 4.480 E

## METAR

ENGM 080950Z 01007KT 9999 BKN048 12/06 Q1023 NOSIG

## TAF

TAF ENGM 080500Z 0806/0906 01003KT 9999 FEW040 SCT080 PROB40 TEMPO 0810/0815 SHRA BKN020 FEW030CB BECMG 0813/0815

## Frequencies

REC - 126.12 MHz - GARDERMOEN ARRIVAL INFORMATION  
CLD - 121.67 MHz - GARDERMOEN DELIVERY WEST  
GND - 121.75 MHz - GARDERMOEN GROUND  
GND - 121.90 MHz - GARDERMOEN GROUND EAST  
TWR - 120.10 MHz - GARDERMOEN TOWER  
APP - 120.45 MHz - OSLO APPROACH

REC - 127.15 MHz - GARDERMOEN DEPARTURE INFORMATION  
CLD - 121.92 MHz - GARDERMOEN DELIVERY EAST  
GND - 121.60 MHz - GARDERMOEN GROUND WEST  
TWR - 118.30 MHz - GARDERMOEN TOWER  
APP - 118.47 MHz - OSLO APPROACH

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
01R	148 ft	9,664 ft	16.01	ASPHALT	0 ft	486 ft
	45 m	2,946 m	11.53		0 m	148 m
19L	148 ft	9,664 ft	196.02	ASPHALT	0 ft	489 ft
	45 m	2,946 m	191.54		0 m	149 m
01L	148 ft	11,797 ft	15.99	ASPHALT	0 ft	423 ft
	45 m	3,596 m	11.51		0 m	129 m
19R	148 ft	11,797 ft	196.01	ASPHALT	0 ft	486 ft
	45 m	3,596 m	191.53		0 m	148 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
01L	DME	OBW	110.30 MHz	18 nm	-	-	709 ft
				33 km	-		709 m
01R	DME	ONE	111.95 MHz	18 nm	-	-	723 ft
				33 km	-		723 m
19L	DME	GME	110.55 MHz	18 nm	-	-	729 ft
				33 km	-		729 m
19R	DME	GSW	111.30 MHz	18 nm	-	-	727 ft
				33 km	-		727 m
01L	LOC-ILS	OBW	110.30 MHz	18 nm	16.00	-	681 ft
				33 km	11.52		681 m
01R	LOC-ILS	ONE	111.95 MHz	18 nm	16.04	-	681 ft
				33 km	11.56		681 m
19L	LOC-ILS	GME	110.55 MHz	18 nm	196.04	-	681 ft
				33 km	191.56		681 m
19R	LOC-ILS	GSW	111.30 MHz	18 nm	196.00	-	681 ft
				33 km	191.52		681 m
01L	GS	OBW	110.30 MHz	10 nm	16.00	3.00	681 ft
				19 km	11.52		681 m
01R	GS	ONE	111.95 MHz	10 nm	16.04	3.00	681 ft
				19 km	11.56		681 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
19L	GS	GME	110.55 MHz	10 nm	196.04	3.00	681 ft
				19 km	191.56		681 m
19R	GS	GSW	111.30 MHz	10 nm	196.00	3.00	681 ft
				19 km	191.52		681 m

## EGLL

Region: UNITED KINGDOM  
Timezone: EUROPE/LONDON  
Runways: 2

Elevation: 83 ft / 25 m  
Location: 51.471200 -0.460881  
Magnetic Var: 0.377 E

## METAR

EGLL 080950Z AUTO VRB02KT 9999 NCD 14/09 Q1030

## TAF

TAF AMD EGLL 080808Z 0808/0912 02003KT 4000 BR OVC004 BECMG 0808/0809 9999 NSW FEW005 BECMG 0817/0820 19010KT PROB

## Frequencies

REC - 128.07 MHz - HEATHROW INFORMATION	REC - 121.92 MHz - HEATHROW INFORMATION
CLD - 121.97 MHz - HEATHROW DELIVERY	GND - 121.70 MHz - HEATHROW GROUND
GND - 121.85 MHz - HEATHROW GROUND	GND - 121.90 MHz - HEATHROW GROUND
TWR - 118.50 MHz - HEATHROW TOWER	TWR - 118.70 MHz - HEATHROW TOWER
TWR - 124.47 MHz - HEATHROW TOWER	APP - 119.72 MHz - HEATHROW DIRECTOR
APP - 120.40 MHz - HEATHROW DIRECTOR	APP - 134.97 MHz - HEATHROW DIRECTOR
APP - 125.62 MHz - HEATHROW RADAR	APP - 127.52 MHz - HEATHROW RADAR
DEP - 120.52 MHz - HEATHROW DEPARTURE	

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
09L	164 ft	12,770 ft	89.66	ASPHALT	1,007 ft	0 ft
	50 m	3,892 m	89.28		307 m	0 m
27R	164 ft	12,770 ft	269.70	ASPHALT	0 ft	177 ft
	50 m	3,892 m	269.33		0 m	54 m
09R	164 ft	11,975 ft	89.68	ASPHALT	1,004 ft	0 ft
	50 m	3,650 m	89.30		306 m	0 m
27L	164 ft	11,975 ft	269.72	ASPHALT	0 ft	95 ft
	50 m	3,650 m	269.35		0 m	29 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
09L	DME	IAA	110.30 MHz	18 nm	-	-	89 ft
				33 km	-		89 m
09R	DME	IBB	109.50 MHz	18 nm	-	-	84 ft
				33 km	-		84 m
27L	DME	ILL	109.50 MHz	18 nm	-	-	84 ft
				33 km	-		84 m
27R	DME	IRR	110.30 MHz	18 nm	-	-	89 ft
				33 km	-		89 m
09L	LOC-ILS	IAA	110.30 MHz	18 nm	89.68	-	83 ft
				33 km	89.30		83 m
09R	LOC-ILS	IBB	109.50 MHz	18 nm	89.70	-	83 ft
				33 km	89.32		83 m
27L	LOC-ILS	ILL	109.50 MHz	18 nm	269.70	-	83 ft
				33 km	269.32		83 m
27R	LOC-ILS	IRR	110.30 MHz	18 nm	269.68	-	83 ft
				33 km	269.30		83 m
09L	GS	IAA	110.30 MHz	10 nm	89.68	3.00	83 ft
				19 km	89.30		83 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
09R	GS	IBB	109.50 MHz	10 nm	89.70	3.00	83 ft
				19 km	89.32		83 m
27L	GS	ILL	109.50 MHz	10 nm	269.70	3.00	83 ft
				19 km	269.32		83 m
27R	GS	IRR	110.30 MHz	10 nm	269.68	3.00	83 ft
				19 km	269.30		83 m