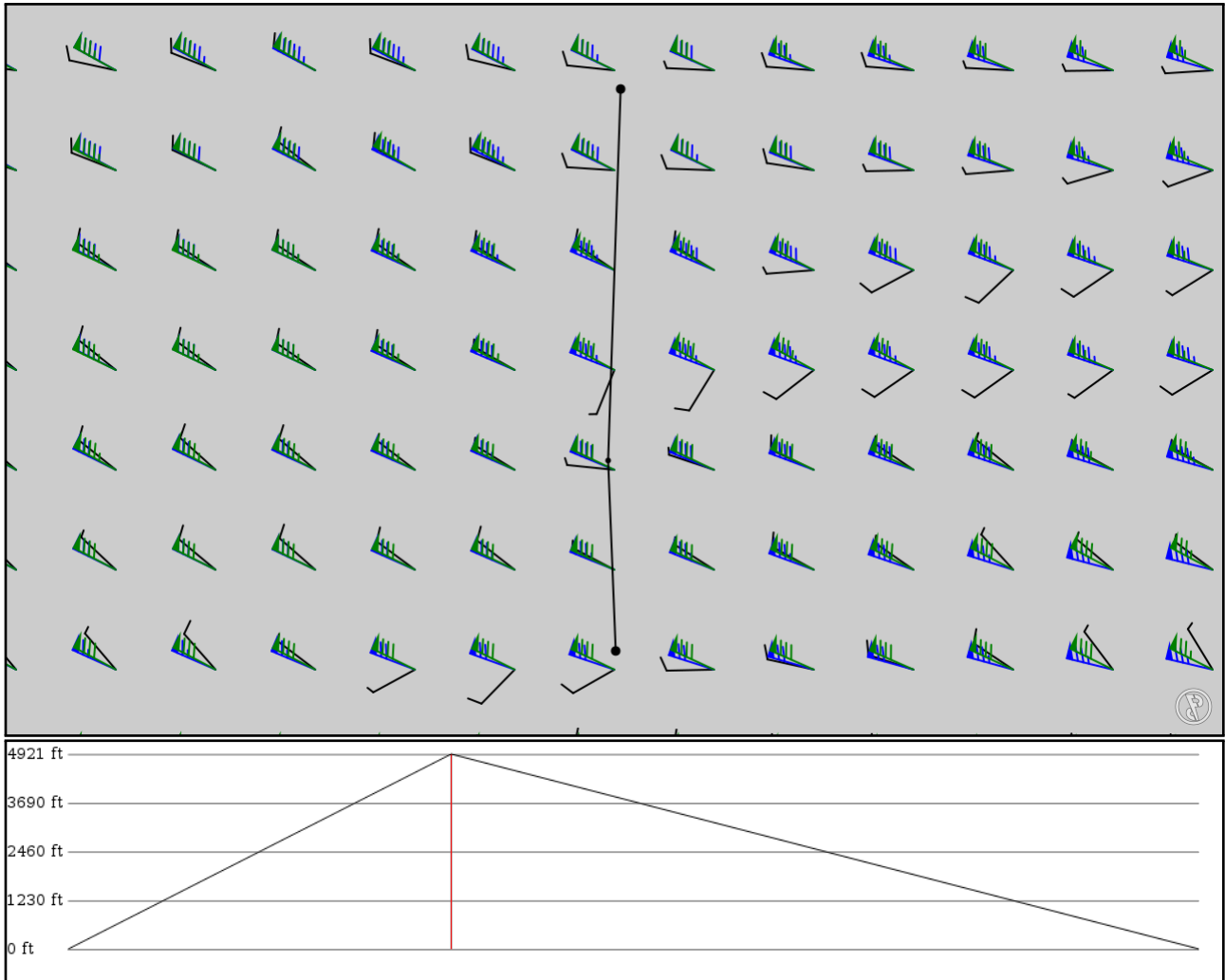


2024/05/16 0729Z

CNQ3 SIKBO CYQA

119.75 nm / 221.77 km



## Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 170kts
- Cruise Altitude: 1500ft
- Cruise Speed: 270kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes

## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
CNQ3 APT	-	42.97810 -79.32240	0 ft 0 m	-	WELLAND NIAGARA CENTRAL
SIKBO FIX	-	43.65360 -79.34920	1,500 ft 457 m	40	-
CYQA APT	-	44.97130 -79.30490	0 ft 0 m	79	MUSKOKA