

KJFK

John F Kennedy Intl

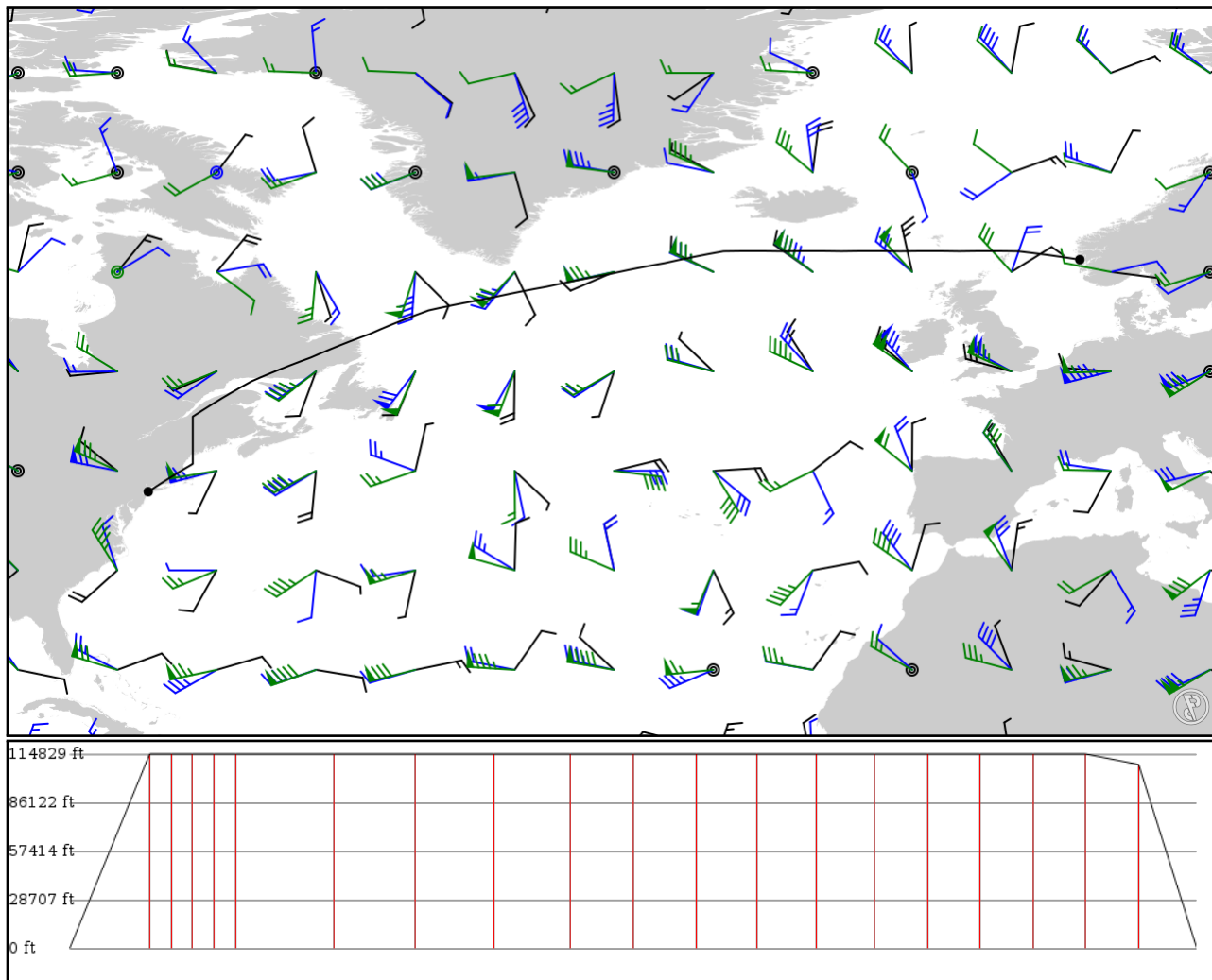
ENBR

Bergen Lufthavn Flesland

2024/05/08 0214Z

KJFK 4300N07000W 4400N07000W 4500N07000W 4600N07000W 4700N07000W 5000N06500W 5200N06000W
5400N05500W 5600N05000W 5700N04500W 5800N04000W 5900N03500W 6000N03000W 6100N02500W 6100N02000W
6100N01500W 6100N01000W 6100N0500W 6100N0000E ENBR

3106.43 nm / 5753.11 km



Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: no
- Use PACOTS: no

- Use low airways: no
- Use high airways: no

Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
KJFK	-	40.63990	0 ft	-	John F Kennedy Intl
APT	-	-73.77666	0 m		
4300N07000W	-	43.00000	35,000 ft	220	-
LATLON	-	-70.00000	10,668 m		
4400N07000W	-	44.00000	35,000 ft	60	-
LATLON	-	-70.00000	10,668 m		
4500N07000W	-	45.00000	35,000 ft	60	-
LATLON	-	-70.00000	10,668 m		
4600N07000W	-	46.00000	35,000 ft	60	-
LATLON	-	-70.00000	10,668 m		
4700N07000W	-	47.00000	35,000 ft	60	-
LATLON	-	-70.00000	10,668 m		
5000N06500W	-	50.00000	35,000 ft	268	-
LATLON	-	-65.00000	10,668 m		
5200N06000W	-	52.00000	35,000 ft	223	-
LATLON	-	-60.00000	10,668 m		
5400N05500W	-	54.00000	35,000 ft	216	-
LATLON	-	-55.00000	10,668 m		
5600N05000W	-	56.00000	35,000 ft	209	-
LATLON	-	-50.00000	10,668 m		
5700N04500W	-	57.00000	35,000 ft	176	-
LATLON	-	-45.00000	10,668 m		
5800N04000W	-	58.00000	35,000 ft	172	-
LATLON	-	-40.00000	10,668 m		
5900N03500W	-	59.00000	35,000 ft	167	-
LATLON	-	-35.00000	10,668 m		
6000N03000W	-	60.00000	35,000 ft	163	-
LATLON	-	-30.00000	10,668 m		
6100N02500W	-	61.00000	35,000 ft	159	-
LATLON	-	-25.00000	10,668 m		
6100N02000W	-	61.00000	35,000 ft	145	-
LATLON	-	-20.00000	10,668 m		
6100N01500W	-	61.00000	35,000 ft	145	-
LATLON	-	-15.00000	10,668 m		
6100N01000W	-	61.00000	35,000 ft	145	-
LATLON	-	-10.00000	10,668 m		
6100N0500W	-	61.00000	35,000 ft	145	-
LATLON	-	-5.00000	10,668 m		
6100N0000E	-	61.00000	33,100 ft	145	-
LATLON	-	0.00000	10,089 m		
ENBR	-	60.29339	0 ft	159	Bergen Lufthavn Flesland
APT	-	5.21814	0 m		

KJFK

Region: UNITED STATES
Timezone: AMERICA/NEW_YORK
Runways: 4

Elevation: 12 ft / 4 m
Location: 40.640100 -73.776500
Magnetic Var: 12.820 W

METAR

KJFK 080151Z 18006KT 10SM FEW035 BKN250 17/11 A2972 RMK A02 SLP064 T01670106 \$

TAF

TAF KJFK 072331Z 0800/0906 17010KT P6SM FEW050 SCT250 FM080100 17006KT P6SM BKN250 FM080900 15007KT 5SM -SHRA BR B

Frequencies

REC - 115.40 MHz - D-ATIS	REC - 117.70 MHz - D-ATIS
REC - 128.72 MHz - D-ATIS	COM - 122.95 MHz - UNICOM
CLD - 135.05 MHz - CLEARANCE DELIVERY	GND - 121.90 MHz - KENNEDY GROUND
GND - 121.65 MHz - KENNEDY GROUND	TWR - 119.10 MHz - KENNEDY TOWER
TWR - 123.90 MHz - KENNEDY TOWER	APP - 125.70 MHz - NEW YORK APPROACH
APP - 128.12 MHz - NEW YORK APPROACH	APP - 118.40 MHz - NEW YORK APPROACH
APP - 123.70 MHz - NEW YORK APPROACH	APP - 126.80 MHz - NEW YORK APPROACH
APP - 132.40 MHz - NEW YORK APPROACH	APP - 134.35 MHz - NEW YORK APPROACH
DEP - 135.90 MHz - NEW YORK DEPARTURE	DEP - 123.70 MHz - NEW YORK DEPARTURE
DEP - 124.75 MHz - NEW YORK DEPARTURE	DEP - 134.35 MHz - NEW YORK DEPARTURE

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
13R	200 ft	14,526 ft	120.83	CONCRETE	2,057 ft	390 ft
	61 m	4,428 m	133.65		627 m	119 m
31L	200 ft	14,526 ft	300.86	CONCRETE	3,271 ft	495 ft
	61 m	4,428 m	313.68		997 m	151 m
13L	151 ft	10,010 ft	120.85	CONCRETE	912 ft	387 ft
	46 m	3,051 m	133.67		278 m	118 m
31R	151 ft	10,010 ft	300.87	CONCRETE	1,037 ft	177 ft
	46 m	3,051 m	313.69		316 m	54 m
04R	200 ft	8,407 ft	30.67	ASPHALT	0 ft	440 ft
	61 m	2,562 m	43.49		0 m	134 m
22L	200 ft	8,407 ft	210.68	ASPHALT	0 ft	505 ft
	61 m	2,562 m	223.50		0 m	154 m
04L	200 ft	12,091 ft	30.67	CONCRETE	459 ft	200 ft
	61 m	3,685 m	43.49		140 m	61 m
22R	200 ft	12,091 ft	210.68	CONCRETE	3,425 ft	407 ft
	61 m	3,685 m	223.50		1,044 m	124 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
04L	DME	IHIQ	110.90 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
04R	DME	IJFK	109.50 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
13L	DME	ITLK	111.50 MHz	18 nm	-	-	13 ft
				33 km	-		13 m
22L	DME	IIWY	110.90 MHz	18 nm	-	-	13 ft
				33 km	-		13 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
22R	DME	IJOC	109.50 MHz	18 nm 33 km	- -	-	13 ft 13 m
31R	DME	IRTH	111.50 MHz	18 nm 33 km	- -	-	13 ft 13 m
04L	LOC-ILS	IHIQ	110.90 MHz	18 nm 33 km	30.68 43.50	-	12 ft 12 m
04R	LOC-ILS	IJFK	109.50 MHz	18 nm 33 km	30.67 43.49	-	12 ft 12 m
13L	LOC-ILS	ITLK	111.50 MHz	18 nm 33 km	120.87 133.69	-	12 ft 12 m
22L	LOC-ILS	IIWY	110.90 MHz	18 nm 33 km	210.67 223.49	-	12 ft 12 m
22R	LOC-ILS	IJOC	109.50 MHz	18 nm 33 km	210.68 223.50	-	12 ft 12 m
31L	LOC-ILS	IMOH	111.35 MHz	18 nm 33 km	300.84 313.66	-	12 ft 12 m
31R	LOC-ILS	IRTH	111.50 MHz	18 nm 33 km	300.87 313.69	-	12 ft 12 m
04L	GS	IHIQ	110.90 MHz	10 nm 19 km	30.68 43.50	3.00	12 ft 12 m
04R	GS	IJFK	109.50 MHz	10 nm 19 km	30.67 43.49	3.00	12 ft 12 m
13L	GS	ITLK	111.50 MHz	10 nm 19 km	120.87 133.69	3.00	12 ft 12 m
22L	GS	IIWY	110.90 MHz	10 nm 19 km	210.67 223.49	3.00	12 ft 12 m
22R	GS	IJOC	109.50 MHz	10 nm 19 km	210.68 223.50	3.00	12 ft 12 m
31L	GS	IMOH	111.35 MHz	10 nm 19 km	300.84 313.66	3.00	12 ft 12 m
31R	GS	IRTH	111.50 MHz	10 nm 19 km	300.87 313.69	3.00	12 ft 12 m

ENBR

Region: NORWAY
Timezone: EUROPE/OSLO
Runways: 1

Elevation: 166 ft / 51 m
Location: 60.293600 5.218060
Magnetic Var: 1.988 E

METAR

ENBR 080150Z 20005KT 3400 BR OVC003 09/09 Q1024 RMK WIND 1200FT 25005KT

TAF

TAF ENBR 072300Z 0800/0824 18008KT 6000 -DZ SCT004 BKN007 PROB40 0800/0811 0200 -DZ FG VV001 BECMG 0810/0813 FEW01

Frequencies

REC - 125.25 MHz - FLESLAND INFORMATION
TWR - 119.10 MHz - FLESLAND TOWER
APP - 125.00 MHz - FLESLAND APPROACH EAST
GND - 121.90 MHz - FLESLAND GROUND
APP - 121.00 MHz - FLESLAND APPROACH WEST
CLD - 118.85 MHz - FLESLAND DIRECTOR

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
17	148 ft	9,791 ft	170.53	ASPHALT	876 ft	0 ft
	45 m	2,984 m	168.54		267 m	0 m
35	148 ft	9,791 ft	350.53	ASPHALT	889 ft	0 ft
	45 m	2,984 m	348.55		271 m	0 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
17	LOC-ILS	BR	109.90 MHz	18 nm	170.56	-	165 ft
				33 km	168.58		165 m
35	LOC-ILS	BG	110.50 MHz	18 nm	350.55	-	165 ft
				33 km	348.56		165 m
17	GS	BR	109.90 MHz	10 nm	170.53	3.10	166 ft
				19 km	168.54		166 m
35	GS	BG	110.50 MHz	10 nm	350.53	3.00	166 ft
				19 km	348.54		166 m