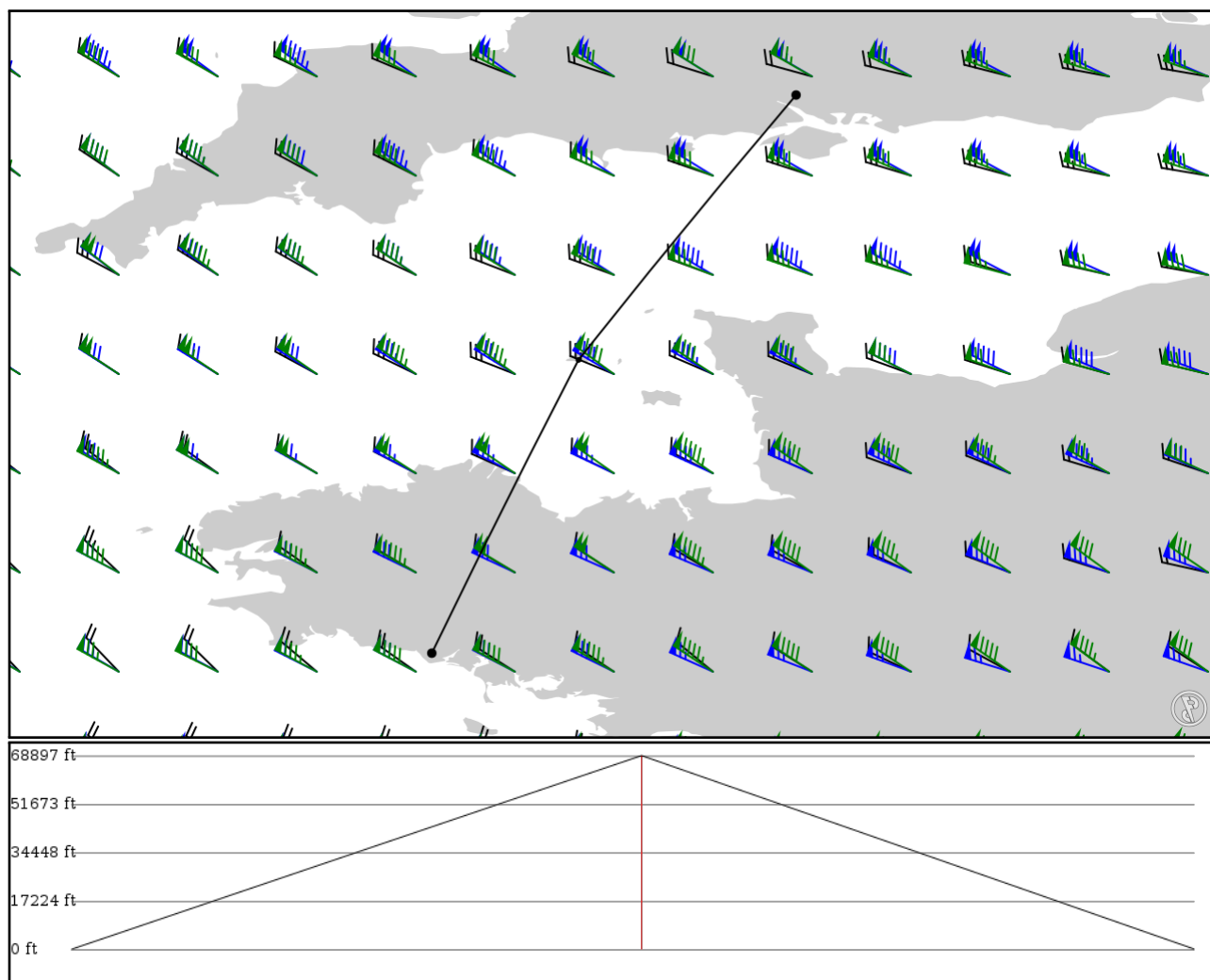


2024/05/14 1010Z

LFRH GUR Eghi

208.66 nm / 386.44 km



## Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes



## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
LFRH APT	-	47.76247 -3.44091	0 ft 0 m	-	Lorient Lann-Bihoue
GUR VOR	-	49.43710 -2.60206	21,000 ft 6,401 m	105	GUERNSEY VOR-DME
EGHI APT	-	50.95026 -1.35681	0 ft 0 m	102	Southampton

## LFRH

Region: FRANCE  
Timezone: EUROPE/PARIS  
Runways: 2

Elevation: 122 ft / 37 m  
Location: 47.762500 -3.440910  
Magnetic Var: 0.277 W

## METAR

LFRH 141000Z AUTO 22015KT 9999 BKN015 BKN020 OVC036 14/12 Q0999 TEMPO SHRA SCT009TCU BKN014 BECMG 20015G25KT

## TAF

TAF LFRH 140500Z 1406/1506 20015G25KT 9999 BKN018 TEMPO 1406/1418 SHRA SCT009TCU BKN014 TEMPO 1418/1506 SHRA SCT0

## Frequencies

REC - 129.12 MHz - LFRH ATIS  
TWR - 122.70 MHz - LORIENT TWR  
APP - 119.70 MHz - LORIENT APP  
APP - 123.00 MHz - LORIENT APP  
TWR - 119.70 MHz - LORIENT TWR  
APP - 119.80 MHz - LORIENT\_GCA APP  
APP - 122.10 MHz - LORIENT APP  
APP - 122.30 MHz - LORIENT APP

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
07	148 ft	7,879 ft	71.70	CONCRETE	0 ft	295 ft
	45 m	2,401 m	71.98		0 m	90 m
25	148 ft	7,879 ft	251.72	CONCRETE	568 ft	89 ft
	45 m	2,401 m	252.00		173 m	27 m
02	148 ft	6,895 ft	16.11	ASPHALT	0 ft	0 ft
	45 m	2,102 m	16.39		0 m	0 m
20	148 ft	6,895 ft	196.12	ASPHALT	1,411 ft	0 ft
	45 m	2,102 m	196.39		430 m	0 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
25	LOC-ILS	BH	108.15 MHz	18 nm	251.71	-	144 ft
				33 km	251.99		144 m
25	GS	BH	108.15 MHz	10 nm	252.42	3.00	196 ft
				19 km	252.70		196 m

## EGHI

Region: UNITED KINGDOM  
Timezone: EUROPE/LONDON  
Runways: 1

Elevation: 41 ft / 12 m  
Location: 50.950300 -1.356790  
Magnetic Var: 0.123 E

## METAR

EGHI 140950Z 16010KT 120V210 9999 FEW015 BKN016 15/11 Q1000

## TAF

UNKNOWN

## Frequencies

REC - 130.85 MHz - SOUTHAMPTON INFO  
APP - 122.85 MHz - SOUTHAMPTON APPROACH

TWR - 118.20 MHz - SOUTHAMPTON TOWER

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
02	121 ft	5,651 ft	19.36	ASPHALT	239 ft	66 ft
	37 m	1,722 m	19.23		73 m	20 m
20	121 ft	5,651 ft	199.36	ASPHALT	151 ft	0 ft
	37 m	1,722 m	199.24		46 m	0 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
20	DME	ISN	110.75 MHz	18 nm	-	-	54 ft
				33 km	-		54 m
20	LOC-ILS	ISN	110.75 MHz	18 nm	199.35	-	41 ft
				33 km	199.23		41 m
20	GS	ISN	110.75 MHz	10 nm	199.35	3.10	41 ft
				19 km	199.23		41 m