

EGLL

London Heathrow

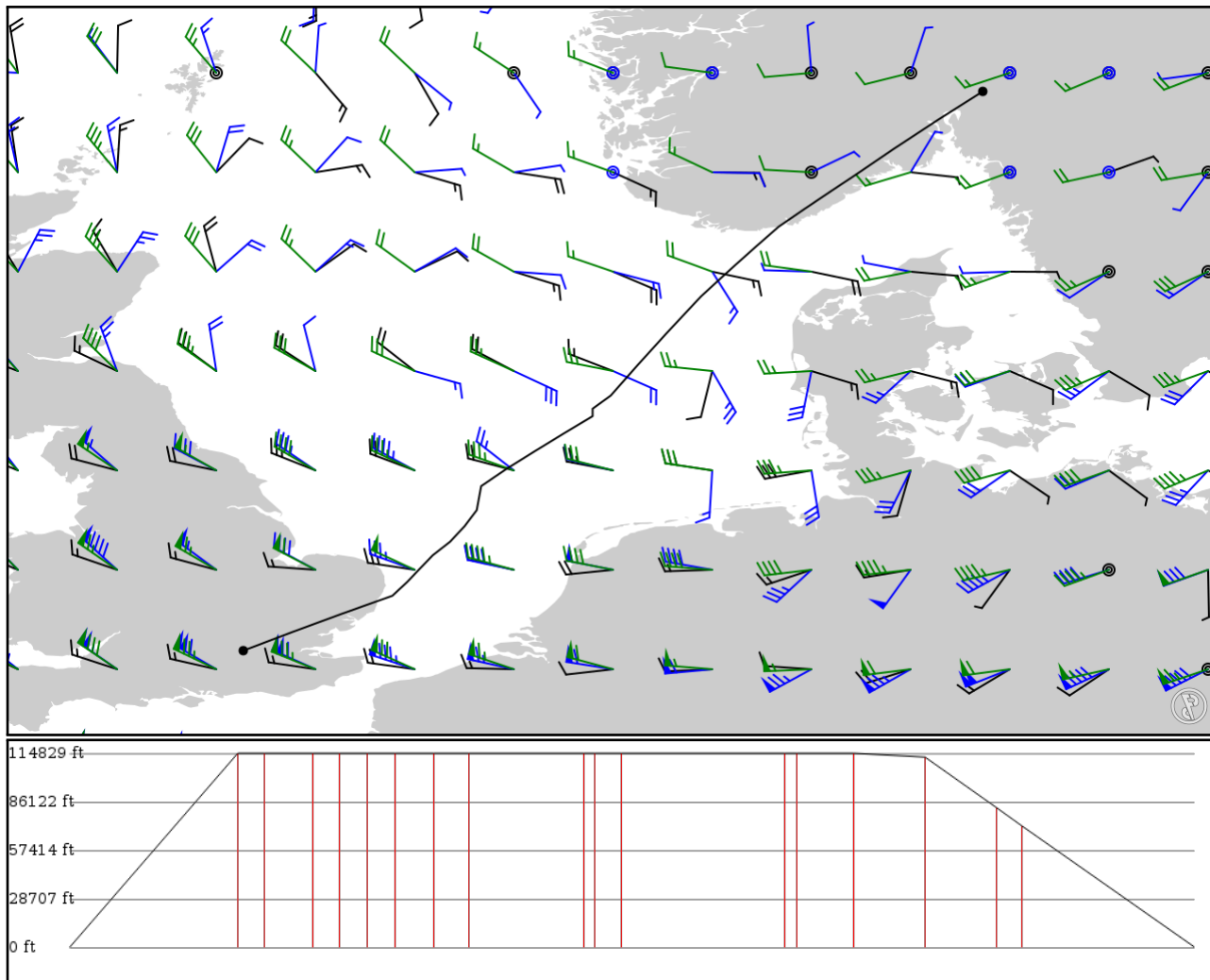
ENGM

Oslo Gardermoen

2024/05/12 0249Z

EGLL ABEDA **M604** LEDBO RAMID OKAMA ROXAT ROKAN **P1** TINDI VENAS VALBO UPGAS **N866** GOLUM **P850** DANKO
M604 SVA **M609** PIPEX ENGM

669.28 nm / 1239.50 km



Notes

Basic altitude profile:

- Ascent Rate: 2500ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 35000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: no
- Use PACOTS: no
- Use low airways: yes

- Use high airways: no

Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
EGLL APT	-	51.47120 -0.46088	0 ft 0 m	-	London Heathrow
ABEDA FIX	-	52.32780 1.87111	35,000 ft 10,668 m	100	-
LEDBO FIX	M604 AWY-LO	52.54310 2.10222	35,000 ft 10,668 m	15	-
RAMID FIX	-	52.95780 2.50000	35,000 ft 10,668 m	28	-
OKAMA FIX	-	53.17080 2.77278	35,000 ft 10,668 m	16	-
ROXAT FIX	-	53.41360 3.00000	35,000 ft 10,668 m	16	-
ROKAN FIX	-	53.66330 3.18889	35,000 ft 10,668 m	16	-
TINDI FIX	P1 AWY-LO	54.03720 3.25806	35,000 ft 10,668 m	22	-
VENAS FIX	-	54.30560 3.65222	35,000 ft 10,668 m	21	-
VALBO FIX	-	55.12890 5.00000	35,000 ft 10,668 m	68	-
UPGAS FIX	-	55.24470 5.00000	35,000 ft 10,668 m	6	-
GOLUM FIX	N866 AWY-LO	55.45000 5.28333	35,000 ft 10,668 m	15	-
OKMAM FIX	P850 AWY-LO	56.89610 6.59917	35,000 ft 10,668 m	97	-
DANKO FIX	P850 AWY-LO	57.00000 6.69783	35,000 ft 10,668 m	7	-
LANTI FIX	M604 AWY-LO	57.48390 7.22743	35,000 ft 10,668 m	33	-
SVA VOR	M604 AWY-LO	58.08450 7.90831	34,300 ft 10,455 m	42	SVENSHEIA
VAVET FIX	M609 AWY-LO	58.64620 8.73716	25,200 ft 7,681 m	42	-
PIPEX FIX	M609 AWY-LO	58.84730 9.04226	21,900 ft 6,675 m	15	-
ENGM APT	-	60.19450 11.09890	0 ft 0 m	102	Oslo Gardermoen

EGLL

Region: UNITED KINGDOM
Timezone: EUROPE/LONDON
Runways: 2

Elevation: 83 ft / 25 m
Location: 51.471200 -0.460881
Magnetic Var: 0.378 E

METAR

EGLL 120220Z AUTO 05003KT 9999 NCD 12/10 Q1016

TAF

TAF EGLL 112253Z 1200/1306 08007KT 9999 FEW045 PROB30 1203/1207 8000 PROB30 TEMPO 1213/1218 3000 +SHRA BECMG 1215

Frequencies

REC - 128.07 MHz - HEATHROW INFORMATION	REC - 121.92 MHz - HEATHROW INFORMATION
CLD - 121.97 MHz - HEATHROW DELIVERY	GND - 121.70 MHz - HEATHROW GROUND
GND - 121.85 MHz - HEATHROW GROUND	GND - 121.90 MHz - HEATHROW GROUND
TWR - 118.50 MHz - HEATHROW TOWER	TWR - 118.70 MHz - HEATHROW TOWER
TWR - 124.47 MHz - HEATHROW TOWER	APP - 119.72 MHz - HEATHROW DIRECTOR
APP - 120.40 MHz - HEATHROW DIRECTOR	APP - 134.97 MHz - HEATHROW DIRECTOR
APP - 125.62 MHz - HEATHROW RADAR	APP - 127.52 MHz - HEATHROW RADAR
DEP - 120.52 MHz - HEATHROW DEPARTURE	

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
09L	164 ft	12,770 ft	89.66	ASPHALT	1,007 ft	0 ft
	50 m	3,892 m	89.28		307 m	0 m
27R	164 ft	12,770 ft	269.70	ASPHALT	0 ft	177 ft
	50 m	3,892 m	269.33		0 m	54 m
09R	164 ft	11,975 ft	89.68	ASPHALT	1,004 ft	0 ft
	50 m	3,650 m	89.30		306 m	0 m
27L	164 ft	11,975 ft	269.72	ASPHALT	0 ft	95 ft
	50 m	3,650 m	269.34		0 m	29 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
09L	DME	IAA	110.30 MHz	18 nm	-	-	89 ft
				33 km	-		89 m
09R	DME	IBB	109.50 MHz	18 nm	-	-	84 ft
				33 km	-		84 m
27L	DME	ILL	109.50 MHz	18 nm	-	-	84 ft
				33 km	-		84 m
27R	DME	IRR	110.30 MHz	18 nm	-	-	89 ft
				33 km	-		89 m
09L	LOC-ILS	IAA	110.30 MHz	18 nm	89.68	-	83 ft
				33 km	89.30		83 m
09R	LOC-ILS	IBB	109.50 MHz	18 nm	89.70	-	83 ft
				33 km	89.32		83 m
27L	LOC-ILS	ILL	109.50 MHz	18 nm	269.70	-	83 ft
				33 km	269.32		83 m
27R	LOC-ILS	IRR	110.30 MHz	18 nm	269.68	-	83 ft
				33 km	269.30		83 m
09L	GS	IAA	110.30 MHz	10 nm	89.68	3.00	83 ft
				19 km	89.30		83 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
09R	GS	IBB	109.50 MHz	10 nm	89.70	3.00	83 ft
				19 km	89.32		83 m
27L	GS	ILL	109.50 MHz	10 nm	269.70	3.00	83 ft
				19 km	269.32		83 m
27R	GS	IRR	110.30 MHz	10 nm	269.68	3.00	83 ft
				19 km	269.30		83 m

ENGM

Region: NORWAY
Timezone: EUROPE/OSLO
Runways: 2

Elevation: 681 ft / 208 m
Location: 60.194500 11.098900
Magnetic Var: 4.481 E

METAR

ENGM 120220Z VRB01KT CAVOK 07/03 Q1024

TAF

TAF ENGM 112300Z 1200/1224 VRB03KT CAVOK BECMG 1209/1211 20010KT BECMG 1220/1222 VRB03KT

Frequencies

REC - 126.12 MHz - GARDERMOEN ARRIVAL INFORMATION
CLD - 121.67 MHz - GARDERMOEN DELIVERY WEST
GND - 121.75 MHz - GARDERMOEN GROUND
GND - 121.90 MHz - GARDERMOEN GROUND EAST
TWR - 120.10 MHz - GARDERMOEN TOWER
APP - 120.45 MHz - OSLO APPROACH

REC - 127.15 MHz - GARDERMOEN DEPARTURE INFORMATION
CLD - 121.92 MHz - GARDERMOEN DELIVERY EAST
GND - 121.60 MHz - GARDERMOEN GROUND WEST
TWR - 118.30 MHz - GARDERMOEN TOWER
APP - 118.47 MHz - OSLO APPROACH

Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
01R	148 ft	9,664 ft	16.01	ASPHALT	0 ft	486 ft
	45 m	2,946 m	11.53		0 m	148 m
19L	148 ft	9,664 ft	196.02	ASPHALT	0 ft	489 ft
	45 m	2,946 m	191.54		0 m	149 m
01L	148 ft	11,797 ft	15.99	ASPHALT	0 ft	423 ft
	45 m	3,596 m	11.51		0 m	129 m
19R	148 ft	11,797 ft	196.01	ASPHALT	0 ft	486 ft
	45 m	3,596 m	191.53		0 m	148 m

Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
01L	DME	OBW	110.30 MHz	18 nm	-	-	709 ft
				33 km	-		709 m
01R	DME	ONE	111.95 MHz	18 nm	-	-	723 ft
				33 km	-		723 m
19L	DME	GME	110.55 MHz	18 nm	-	-	729 ft
				33 km	-		729 m
19R	DME	GSW	111.30 MHz	18 nm	-	-	727 ft
				33 km	-		727 m
01L	LOC-ILS	OBW	110.30 MHz	18 nm	16.00	-	681 ft
				33 km	11.52		681 m
01R	LOC-ILS	ONE	111.95 MHz	18 nm	16.04	-	681 ft
				33 km	11.56		681 m
19L	LOC-ILS	GME	110.55 MHz	18 nm	196.04	-	681 ft
				33 km	191.56		681 m
19R	LOC-ILS	GSW	111.30 MHz	18 nm	196.00	-	681 ft
				33 km	191.52		681 m
01L	GS	OBW	110.30 MHz	10 nm	16.00	3.00	681 ft
				19 km	11.52		681 m
01R	GS	ONE	111.95 MHz	10 nm	16.04	3.00	681 ft
				19 km	11.56		681 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
19L	GS	GME	110.55 MHz	10 nm	196.04	3.00	681 ft
				19 km	191.56		681 m
19R	GS	GSW	111.30 MHz	10 nm	196.00	3.00	681 ft
				19 km	191.52		681 m