

# EGLL

London Heathrow

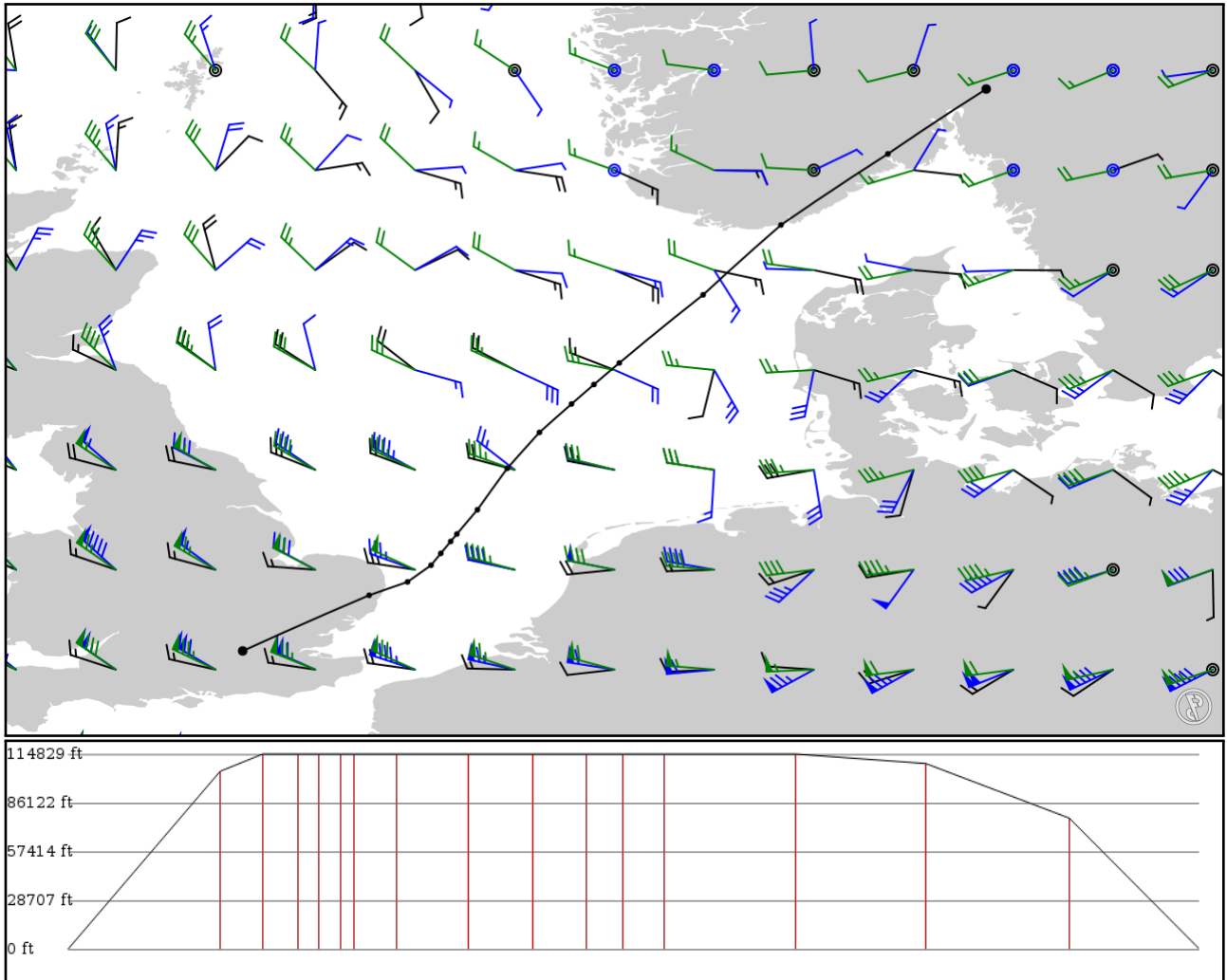
# ENGM

Oslo Gardermoen

2024/05/11 0319Z

EGLL BANEM UN866 LEDBO UM604 SVA UM609 SKI ENGM

663.13 nm / 1228.11 km



## Notes

Basic altitude profile:

- Ascent Rate: 1800ft/min
- Ascent Speed: 250kts
- Cruise Altitude: 23000ft
- Cruise Speed: 420kts
- Descent Rate: 1500ft/min
- Descent Speed: 250kts

Options:

- Use NATs: yes
- Use PACOTS: yes
- Use low airways: yes
- Use high airways: yes

## Route

Ident Type	Via	Lat Lon	Alt	Dist (nm)	Name
EGLL APT	-	51.47122 -0.46098	0 ft 0 m	-	London Heathrow
BANEM FIX	-	52.33556 1.50528	31,900 ft 9,723 m	89	-
LEDBO FIX	UN866 AWY-HI	52.54306 2.10222	35,000 ft 10,668 m	25	-
ENITO FIX	UM604 AWY-HI	52.80139 2.46750	35,000 ft 10,668 m	20	-
BEKMO FIX	UM604 AWY-HI	52.98611 2.61944	35,000 ft 10,668 m	12	-
OKAMA FIX	UM604 AWY-HI	53.17083 2.77278	35,000 ft 10,668 m	12	-
GIVPO FIX	UM604 AWY-HI	53.28611 2.86917	35,000 ft 10,668 m	7	-
ROKAN FIX	UM604 AWY-HI	53.66333 3.18889	35,000 ft 10,668 m	25	-
VENAS FIX	UM604 AWY-HI	54.30556 3.65222	35,000 ft 10,668 m	41	-
LARGA FIX	UM604 AWY-HI	54.86389 4.15333	35,000 ft 10,668 m	37	-
INPUT FIX	UM604 AWY-HI	55.30500 4.65139	35,000 ft 10,668 m	31	-
INBOB FIX	UM604 AWY-HI	55.60694 5.00000	35,000 ft 10,668 m	21	-
BUSOM FIX	UM604 AWY-HI	55.94194 5.39472	35,000 ft 10,668 m	24	-
DANKO FIX	UM604 AWY-HI	57.00000 6.69778	35,000 ft 10,668 m	76	-
SVA VOR	UM604 AWY-HI	58.08450 7.90831	33,300 ft 10,150 m	75	SVENSHEIA VOR-DME
SKI VOR	UM609 AWY-HI	59.18803 9.57029	23,500 ft 7,163 m	84	SKIEN VOR-DME
ENGM APT	-	60.19451 11.09900	0 ft 0 m	76	Oslo Gardermoen

## EGLL

Region: UNITED KINGDOM  
Timezone: EUROPE/LONDON  
Runways: 2

Elevation: 83 ft / 25 m  
Location: 51.471200 -0.460881  
Magnetic Var: 0.378 E

## METAR

EGLL 110250Z AUTO 05003KT 9999 NCD 11/08 Q1022 NOSIG

## TAF

TAF EGLL 102256Z 1100/1206 08007KT 9999 FEW045 TEMPO 1102/1108 7000 PROB30 TEMPO 1104/1107 4000 BR BKN004

## Frequencies

REC - 128.07 MHz - HEATHROW INFORMATION	REC - 121.92 MHz - HEATHROW INFORMATION
CLD - 121.97 MHz - HEATHROW DELIVERY	GND - 121.70 MHz - HEATHROW GROUND
GND - 121.85 MHz - HEATHROW GROUND	GND - 121.90 MHz - HEATHROW GROUND
TWR - 118.50 MHz - HEATHROW TOWER	TWR - 118.70 MHz - HEATHROW TOWER
TWR - 124.47 MHz - HEATHROW TOWER	APP - 119.72 MHz - HEATHROW DIRECTOR
APP - 120.40 MHz - HEATHROW DIRECTOR	APP - 134.97 MHz - HEATHROW DIRECTOR
APP - 125.62 MHz - HEATHROW RADAR	APP - 127.52 MHz - HEATHROW RADAR
DEP - 120.52 MHz - HEATHROW DEPARTURE	

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
09L	164 ft	12,770 ft	89.66	ASPHALT	1,007 ft	0 ft
	50 m	3,892 m	89.28		307 m	0 m
27R	164 ft	12,770 ft	269.70	ASPHALT	0 ft	177 ft
	50 m	3,892 m	269.33		0 m	54 m
09R	164 ft	11,975 ft	89.68	ASPHALT	1,004 ft	0 ft
	50 m	3,650 m	89.30		306 m	0 m
27L	164 ft	11,975 ft	269.72	ASPHALT	0 ft	95 ft
	50 m	3,650 m	269.34		0 m	29 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
09L	DME	IAA	110.30 MHz	18 nm	-	-	89 ft
				33 km	-		89 m
09R	DME	IBB	109.50 MHz	18 nm	-	-	84 ft
				33 km	-		84 m
27L	DME	ILL	109.50 MHz	18 nm	-	-	84 ft
				33 km	-		84 m
27R	DME	IRR	110.30 MHz	18 nm	-	-	89 ft
				33 km	-		89 m
09L	LOC-ILS	IAA	110.30 MHz	18 nm	89.68	-	83 ft
				33 km	89.30		83 m
09R	LOC-ILS	IBB	109.50 MHz	18 nm	89.70	-	83 ft
				33 km	89.32		83 m
27L	LOC-ILS	ILL	109.50 MHz	18 nm	269.70	-	83 ft
				33 km	269.32		83 m
27R	LOC-ILS	IRR	110.30 MHz	18 nm	269.68	-	83 ft
				33 km	269.30		83 m
09L	GS	IAA	110.30 MHz	10 nm	89.68	3.00	83 ft
				19 km	89.30		83 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
09R	GS	IBB	109.50 MHz	10 nm	89.70	3.00	83 ft
				19 km	89.32		83 m
27L	GS	ILL	109.50 MHz	10 nm	269.70	3.00	83 ft
				19 km	269.32		83 m
27R	GS	IRR	110.30 MHz	10 nm	269.68	3.00	83 ft
				19 km	269.30		83 m

## ENGM

Region: NORWAY  
Timezone: EUROPE/OSLO  
Runways: 2

Elevation: 681 ft / 208 m  
Location: 60.194500 11.098900  
Magnetic Var: 4.481 E

## METAR

ENGM 110250Z 01003KT CAVOK 04/M00 Q1023

## TAF

TAF ENGM 102300Z 1100/1124 VRB03KT CAVOK BECMG 1107/1109 19010KT TEMPO 1112/1120 FEW050TCU

## Frequencies

REC - 126.12 MHz - GARDERMOEN ARRIVAL INFORMATION  
CLD - 121.67 MHz - GARDERMOEN DELIVERY WEST  
GND - 121.75 MHz - GARDERMOEN GROUND  
GND - 121.90 MHz - GARDERMOEN GROUND EAST  
TWR - 120.10 MHz - GARDERMOEN TOWER  
APP - 120.45 MHz - OSLO APPROACH

REC - 127.15 MHz - GARDERMOEN DEPARTURE INFORMATION  
CLD - 121.92 MHz - GARDERMOEN DELIVERY EAST  
GND - 121.60 MHz - GARDERMOEN GROUND WEST  
TWR - 118.30 MHz - GARDERMOEN TOWER  
APP - 118.47 MHz - OSLO APPROACH

## Runways

Ident	Width	Length	Bearing (true) (mag)	Surface	Threshold Offset	Overrun Length
01R	148 ft	9,664 ft	16.01	ASPHALT	0 ft	486 ft
	45 m	2,946 m	11.53		0 m	148 m
19L	148 ft	9,664 ft	196.02	ASPHALT	0 ft	489 ft
	45 m	2,946 m	191.54		0 m	149 m
01L	148 ft	11,797 ft	15.99	ASPHALT	0 ft	423 ft
	45 m	3,596 m	11.51		0 m	129 m
19R	148 ft	11,797 ft	196.01	ASPHALT	0 ft	486 ft
	45 m	3,596 m	191.53		0 m	148 m

## Approach Nav aids

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
01L	DME	OBW	110.30 MHz	18 nm	-	-	709 ft
				33 km	-		709 m
01R	DME	ONE	111.95 MHz	18 nm	-	-	723 ft
				33 km	-		723 m
19L	DME	GME	110.55 MHz	18 nm	-	-	729 ft
				33 km	-		729 m
19R	DME	GSW	111.30 MHz	18 nm	-	-	727 ft
				33 km	-		727 m
01L	LOC-ILS	OBW	110.30 MHz	18 nm	16.00	-	681 ft
				33 km	11.52		681 m
01R	LOC-ILS	ONE	111.95 MHz	18 nm	16.04	-	681 ft
				33 km	11.56		681 m
19L	LOC-ILS	GME	110.55 MHz	18 nm	196.04	-	681 ft
				33 km	191.56		681 m
19R	LOC-ILS	GSW	111.30 MHz	18 nm	196.00	-	681 ft
				33 km	191.52		681 m
01L	GS	OBW	110.30 MHz	10 nm	16.00	3.00	681 ft
				19 km	11.52		681 m
01R	GS	ONE	111.95 MHz	10 nm	16.04	3.00	681 ft
				19 km	11.56		681 m

Runway	Type	Ident	Frequency	Range	Bearing (true) (mag)	Slope	Elevation
19L	GS	GME	110.55 MHz	10 nm	196.04	3.00	681 ft
				19 km	191.56		681 m
19R	GS	GSW	111.30 MHz	10 nm	196.00	3.00	681 ft
				19 km	191.52		681 m